Scheduling of Radiation with Angiogenesis Inhibitors Anginex and Avastin Improves Therapeutic Outcome via Vessel Normalization

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Abstract

Purpose: To test whether a direct antiangiogenic peptide (anginex) and a vascular endothelial growth factor antibody (bevacizumab, Avastin) can transiently normalize vasculature within tumors to improve oxygen delivery, alleviate hypoxia, and increase the effect of radiation therapy.

Experimental Design: Tumor oxygenation levels, microvessel density and pericyte coverage were monitored in three different solid tumor models (xenograft human ovarian carcinoma MA148, murine melanoma B16F10, and murine breast carcinoma SCK) in mice. Multiple treatment schedules were tested in these models to assess the influence on the effect of radiation therapy.

Results: In all three tumor models, we found that tumor oxygenation levels, monitored daily in real time, were increased during the first 4 days of treatment with both anginex and bevacizumab. From treatment day 5 onward, tumor oxygenation in treated mice decreased significantly to below that in control mice. This “tumor oxygenation window” occurred in all three tumor models varying in origin and growth rate. Moreover, during the treatment period, tumor microvessel density decreased and pericyte coverage of vessels increased, supporting the idea of vessel normalization. We also found that the transient modulation of tumor physiology caused by either antiangiogenic therapy improved the effect of radiation treatment. Tumor growth delay was enhanced when single dose or fractionated radiotherapy was initiated within the tumor oxygenation window as compared with other treatment schedules.

Conclusions: The results are of immediate translational importance because the clinical benefits of bevacizumab therapy might be increased by more precise treatment scheduling to ensure radiation is given during periods of peak radiosensitivity. The oxygen elevation in tumors by non-angiogenic inhibitors is the most promising angiogenesis inhibitors are ineffective or cause unwanted biological side effects (3), which underscores the need for better angioselectic compounds and/or treatment strategies.

Angiogenesis is involved in various pathologic disorders like cancer, arthritis, diabetic retinopathy, and restenosis, but is also key to normal organ development (1). Agents that can inhibit angiogenesis in tumors have shown promise as therapeutics against cancer. Although anti-vascular endothelial growth factor (VEGF) agents like bevacizumab (Avastin, a humanized monoclonal antibody against VEGF; Genentech) are perhaps most discussed (2), many other antiangiogenic compounds targeting some aspects of VEGF signaling have been identified and are currently in various phases of clinical cancer trials including the National Cancer Institute clinical trials website. Nevertheless, some angiogenesis inhibitors are ineffective or cause unwanted biological side effects (3), which underscores the need for better angioselectic compounds and/or treatment strategies.

It is critical to recognize that antiangiogenesis treatment can take the form of more than VEGF pathway inhibition alone. Besides anti-VEGF compounds, which can be considered rather indirect angiogenesis inhibitors, one can categorize other inhibitors as direct antiangiogenesis compounds (i.e., affecting activated endothelial cells directly) or vascular disrupting agents (e.g., combretastatin) and others (e.g., arsenic trioxide, interleukin 8, interleukin 2, and tumor necrosis factor α; ref. 4). Yet, currently, this is not reflected in clinical trials where predominantly VEGF inhibitors are being tested. At least in theory, the most promising angiogenesis inhibitors are those that act directly on endothelial cells to inhibit tumor angiogenesis, reducing the risk of drug resistance and making them more therapeutically effective against a broad spectrum of tumors (1). In clinical trials thus far, the addition of Avastin to standard chemotherapy has generally improved survival and...
response rate by 10% to 15% and has been shown to cause clinically evaluable changes in tumor physiology (5, 6). However, not every combination study with Avastin has shown improved efficacy. Second- or third-line patients with metastatic breast cancer in a phase III trial did not benefit from the addition of bevacizumab to capecitabine (7). It is now generally accepted that tumors can evade the blockade of a single growth factor such as VEGF by relying more heavily on one or more of nearly a dozen other growth factors shown to be involved in angiogenesis and vascular homeostasis (8). Clearly, there is a need to diversify and investigate other angiogenesis mechanisms and targets and to optimize clinical translation of these exciting therapeutics in combination with radiation and chemotherapy.

Numerous preclinical studies have indicated that the addition of various types of antiangiogenic or antivascular therapy to single-dose or fractionated radiotherapy can synergistically improve the response of human and murine tumors to treatment (5, 9–13). However, because there are multiple variables that contribute to the sensitivity of tumors to radiation or antiangiogenic treatment, it has been difficult to clearly identify a method to combine these therapies (14–16). Some investigations revealed that blocking survival signaling in endothelial cells after irradiation is highly effective in increasing the radiation response (11, 17). Others indicate that sensitization and killing of endothelial cells just before exposure to radiation may be the most effective way to improve radiation response (12, 13, 18, 19). In any scenario of combination treatments, the effect of one therapy (such as induction of hypoxia via blood vessel damage) may be detrimental to another (such as hypoxic radioprotection or reduced access of chemotherapy to the tumor). A logical and clearly proven rationale for optimal multimodality therapy is a necessity for efficient translation of successful preclinical strategies to human clinical applications (14, 15).

The accepted dogma is that antiangiogenic therapy destroys or blocks the function of tumor-associated vessels to deprive the tumor of oxygen and nutrients, thereby inhibiting tumor growth. However, current thinking leads one to conclude that the results of any type of antiangiogenic therapy depend on the time of administration and assessment. Recently, Jain et al. showed that blocking VEGFR2 causes the destruction of “immature” vessels and thus improves the overall physiologic state of the tumor over a specific span of time (20, 21). For this effect, Jain et al. coined the phrase “normalization window.” Ansiaux et al. (22) subsequently found that the VEGF and basic fibroblast growth factor inhibitor thalidomide was able to show that both of these angiogenesis inhibition strategies can indeed transiently increase overall tumor oxygenation via vessel normalization. Moreover, we found that this increase in oxygenation enhances the effect of radiation therapy in vivo especially when radiation is applied at the peak of tumor oxygenation during therapy. These results may have immediate translational consequences for scheduling in the clinic because Avastin, in combination with chemotherapy and radiation, is already a Food and Drug Administration–approved protocol for treatment of several tumor types.

Materials and Methods

Mouse studies. Mice were purchased from the National Cancer Institute and allowed to acclimate to local conditions for at least 1 week. Animals were given water and standard chow ad libitum and were kept on a 12-h light/dark cycle. Experiments were approved by the University of Minnesota Research Animal Resources ethical committee. B16F10 murine melanoma cells (kindly provided by Dr. I.J. Fidler, Houston, TX), SCK murine mammary carcinoma (kindly provided by Dr. C. Song, Department of Therapeutic Radiology, University of Minnesota, Minneapolis, MN), and MA148 human ovarian carcinoma (kindly provided by Dr. S. Ramakrishnan, Department of Pharmacology, University of Minnesota, Minneapolis, MN) were cultured in RPMI 1640 with 10% bovine calf serum. A solution of 50 μL with 2 × 10^5 of syngeneic B16F10 or SCK cells were injected s.c. in the right rear leg of male C57BL/6 or A/J mice, respectively. Female athymic nude mice (nu/nu, 5-6 weeks old) were s.c. inoculated with 2 million MA148 cells into the right flank.

When tumors reached a size of ~100 mm^3 (40 days for MA148, 7 days for B16F10, and 5 days for SCK), treatment was initiated by administering anginex (10 mg/kg/d i.p. in the B16F10 and MA148 models and 20 mg/kg/d i.p. in the SCK model) or Avastin (10 mg/kg i.v. in a single injection) as previously described (13, 26). Avastin (bevacizumab) was purchased from Genentech through the University of Minnesota pharmacy and anginex was synthesized and purified as previously described (23).

Tumor oxygenation studies. Tumor partial pressure of oxygen (pO_2) was measured using an Eppendorf pO_2 histograph. A pO_2 electrode (300-μm diameter, Eppendorf) was inserted by hand into tumors through small incisions made in the skin on the distal side of the tumor. The electrode, which was advanced into the tumor via computer control, measured pO_2 along the track. For this procedure, the electrode was advanced by 0.4 mm forward steps and then withdrawn by 0.3 mm to reduce compression pressure before recording the pO_2 value (13). The pO_2 values reported are the result of 120 to 700 individual readings derived from three to seven mice per group per day, with four tracks per mouse and 10 values per track.
**Immunohistochemistry for tumor vessel density and pericyte involvement.** Similar size tumors were either fixed in 10% formalin or were embedded in tissue freezing medium (Miles, Inc.) and snap frozen in liquid nitrogen. Formalin-fixed tumors embedded in paraffin or frozen tumors were cut into 5-μm sections. After rehydration and antigen retrieval, the slides were stained for either vessel density (CD34; Pharmingen) or pericytes (α-smooth muscle actin; Pharmingen) developed with 3,3′-diaminobenzidine and lightly counterstained with hematoxylin. Preparation and procedures for the frozen tumor sections were done as described earlier (27). Briefly, sections were incubated in a 1:50 dilution with phycoerythrin-conjugated monoclonal antibody to mouse CD31 (platelet/endothelial cell adhesion molecule 1; Pharmingen) or a FITC-conjugated monoclonal antibody (Sigma Chemical) to stain for microvessel density or pericytes, respectively.

**Immunohistochemical visualization of tumor hypoxia.** An i.p. injection of 60 mg/kg pimonidazole was given to each mouse. Pimonidazole, a substituted 2-nitroimidazole with a molecular weight of 290.7, is preferentially reduced in hypoxic viable cells and forms irreversible protein adducts, which have been optimized for detection with immunohistochemistry. At 3 h postinjection, the mice were sacrificed, and the tumor was dissected and immediately either fixed in 10% formalin or snap frozen. Following sectioning of the tumor tissue, a FITC-conjugated monoclonal antibody against protein adducts of pimonidazole was added (hypoxyprobe-1 Mab1; Chemicon International). Images of the sections were acquired on Olympus BX-60 microscope at ×200 magnification, then digitally analyzed and differentially quantified by morphometric analysis (28).

**Radiation-induced tumor growth delay assays.** In all three models, tumors were locally irradiated with 5 Gy using a Philips 250-kV X-ray machine at a dose rate of 1.4 Gy/min. The body was shielded with lead, and only the tumor and foot were exposed to the X-ray beam. Tumor volumes were measured using a caliper (Scienceware) and were calculated according to the equation \( (a^2 \times b) / 2 \), where \( a \) is the width...
and $b$ is the length of the tumor. As an indirect measurement of general toxicity, body weights of mice were monitored using a digital balance (Ohaus).

**Synergy determination.** To determine the degree to which the combination of anginex or Avastin and radiation had synergistic effects on tumor growth delay, the following formula was applied: (observed growth delay from combination treatment) / {(tumor growth delay from treatment 1) + (tumor growth delay from treatment 2)} (13, 26). A ratio >1 indicates a synergistic (greater than additive) effect. Growth delay was calculated by subtracting the average time for control tumors to grow 4-fold in volume from the time required for treated tumors to increase in volume by the same amount from the day of radiation.

**In vitro cell clonogenic assay.** Human umbilical vein endothelial cells, obtained from the Ob/Gyn Department at the University of Minnesota, or B16F10 cells were cultured in RPMI 1640 with 20% or 10% bovine calf serum, respectively. Cells in exponential growth phase were trypsinized, washed, counted, and seeded into 25 cm² tissue culture flasks in duplicate for all conditions. The flasks were incubated overnight at 37°C, exposed to anginex (20 μM) for 4 h and then irradiated (5 Gy) or vice versa, rinsed once with normal medium, and incubated with fresh medium for 7 to 10 days in a 5% CO₂/95% air, 37°C incubator. The resulting colonies were stained with crystal violet in methanol/acetic acid (10:1) and counted by hand, as described earlier (13).

**Results and Discussion**

Thus far, studies on vessel normalization have only focused on compounds that inhibit growth factor pathways (i.e., VEGFR2 and thalidomide), with tumor oxygenation being measured locally and indirectly by immunohistochemistry or by electron paramagnetic resonance oximetry (using charcoal as an oxygen-sensitive probe; refs. 21, 22). In this report, overall daily tumor oxygenation levels in mice were measured directly and in real time using an Eppendorf $pO_2$ histograph. Our results support previously reported changes in tumor oxygenation measured indirectly (21, 22). The Eppendorf machine used here allows measurement of tumor oxygenation throughout the tumor using multiple tracks and numerous readings per track to accumulate up to 70 values per tumor, depending on...
tumor size. Treatment with anginex resulted in an increase in overall tumor oxygenation up to day 4 of treatment (compared with vehicle-treated mice) in all three tumor models examined: xenograft human ovarian carcinoma MA148, murine melanoma B16F10, and murine breast carcinoma SCK (Fig. 1A). After day 4, tumor oxygenation decreased to levels below those in vehicle-treated mice. Pimonidazole distribution analysis subsequently confirmed these differences in tumor oxygenation levels (Fig. 1B and C). This suggests that oxygen elevation in tumors may be a general phenomenon induced by any angiogenesis inhibitor and not only by those targeting a growth factor–mediated pathway. It is also interesting to note that this “tumor oxygenation window” occurred in all three tumor models that vary in origin and growth rate. Lastly, our results agree with the time dependence in angiogenesis inhibitor–induced tumor oxygenation reported in other studies (13, 21, 22).

For comparison, we further investigated whether Avastin transiently elevates tumor oxygenation in the same tumor models. Capturing free VEGF by Avastin mimics the binding of the soluble Flt-1 VEGF receptor, which is the natural inhibition mechanism for the bioavailability of VEGF. This recombinant humanized monoclonal antibody is composed of the consensus human immunoglobulin G1 framework regions and the antigen-binding regions from the murine IgG1 anti-human VEGF monoclonal antibody A4.6.1 (29). The antibody is cross-reactive with other species, although with a lower affinity for VEGF than human, which is sustained exposure to anginex or Avastin may have increased angiostatic treatment. In addition, the morphology of the remaining vessels seemed to be larger, indicating that smaller “immature” vessels were preferentially eliminated. Hence, sustained exposure to anginex or Avastin may have increased the actual and relative amount of pericyte coverage in tumor vessels over time (Fig. 2B).

The next question we addressed is whether “vessel normalization” is the mechanism by which tumor oxygenation is transiently increased and then deteriorates during anginex or Avastin therapy. Immunohistochemical analysis indicated that there was a time-dependent increase in the amount of pericytes in tumors treated with either anginex or Avastin (Fig. 2A). This trend was observed in all three tumor models, as quantified by morphometric analysis (28). Microvessel density was also reduced using either antiangiogenesis strategy (Fig. 2A). Apparently, tumor vessels that already had pericyte coverage, or those that could rapidly recruit it, were able to survive angiostatic treatment. In addition, the morphology of the remaining vessels seemed to be larger, indicating that smaller “immature” vessels were preferentially eliminated. Hence, sustained exposure to anginex or Avastin may have increased the actual and relative amount of pericyte coverage in tumor vessels over time (Fig. 2B).

The therapeutic relevance of anginex- or Avastin-induced increases in tumor oxygenation to radiation treatment was investigated by varying the schedules of antiangiogenic and radiation therapies (Table 1; Fig. 3). Body weights of mice were monitored as an indirect measurement of general toxicity. Animals treated with anginex or Avastin (alone or in combination with radiation) showed no signs of toxicity as assessed by unaltered behavior, weight gain during experiments, and tumor growth delay as compared with vehicle-treated animals. Subscripts refer to the days the treatments were given.

Vessel Normalization by Anginex and Avastin

Table 1. The effects on tumor growth delay by multiple treatment schedules of anginex, Avastin, and radiation

<table>
<thead>
<tr>
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<th>MA148</th>
<th>B16F10</th>
<th>SCK</th>
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<tbody>
<tr>
<td></td>
<td>Quadruple time (d)*</td>
<td>Growth delay (d)</td>
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<tr>
<td>Control</td>
<td>23.0 ± 2.1</td>
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<tr>
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<tr>
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<td>0.6</td>
</tr>
<tr>
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<td>6.8</td>
<td>1.2</td>
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<td>∞</td>
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<td>Av0</td>
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<td>nd</td>
<td>2.2 ± 0.3</td>
</tr>
<tr>
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<td>nd</td>
<td>3.0 ± 0.3</td>
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<tr>
<td>Av0Rt2</td>
<td>nd</td>
<td>nd</td>
<td>2.0 ± 0.3</td>
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</table>

NOTE: Data are presented as mean ± SE (n = 5-8 per group). Abbreviations: Rt, radiation (5 Gy); Ax, anginex (10 mg/kg for MA148 and B16F10 or 20 mg/kg for SCK i.p., 2 d); Av, Avastin (10 mg/kg i.v., once); nd, not determined; ∞, indefinite due to tumor regression. Subscripts refer to the days the treatments were given.

*Growth delay is defined as the delay in quadruple time as compared with vehicle-treated animals.
†Synergy ratio.
‡The time it took to double in tumor volume as calculated for each individual mouse starting on the day radiation was initiated (day 2; 5 Gy).
§Angiostatic treatment was given 2 d postradiation.
||
and macroscopic and microscopic morphology of internal organs on autopsy. This was in line with previous observations (13, 26, 27, 33).

In one therapeutic approach, tumor-bearing mice were treated with angiostin either for 2 days before a single tumor irradiation at 5 Gy or for 2 days after radiation treatment. In the MA148 model, for example, tumors quadrupled in size in 23.0 ± 2.1 or 23.8 ± 4.2 days in mice treated with vehicle or angiostin (2 daily i.p. injections of 10 mg/kg), respectively. Radiation treatment (5 Gy) alone delayed quadrupling time by 5.0 days compared with untreated mice. However, when the same radiation dose was administered 1 day after 2 days of angiostin treatment, tumors initially regressed in size and then remained dormant (Table 1; Fig. 3). However, when angiostin treatment followed radiation, this effect was not observed, yet tumor growth (quadrupling time) was delayed by 6.8 days compared with control. Clearly, the greater effect on tumor growth occurred when angiostin was administered before radiation treatment. Similar results were also found here using angiostin in the B16F10 melanoma and SCK breast carcinoma (Table 1).

In addition, Avastin induced nearly identical effects on the tumor response to radiation in the B16F10 and SCK tumor models (Table 1). For example, in the B16F10 model, tumors quadrupled in size when treated with vehicle (4.0 ± 0.4 days) or with Avastin (3.6 ± 0.4 days), whereas radiation treatment alone delayed quadrupling time by 1.1 days. When Avastin was administered before radiation, however, tumors quadrupled in size in 7.3 ± 0.4 days, a delay of 3.3 days compared with control. Clearly, the greater effect on tumor growth occurred when Avastin was administered before radiation treatment. This effect was also found to be synergistic (synergy ratio, 1.7; Table 1), it was clearly less than Avastin treatment before radiation.

To further understand the relevance of the measured tumor oxygenation changes induced by angiostin on radiation response, we also compared the therapeutic potential of administering angiostin for 3 and 6 days before fractionated radiation. We hypothesized that the radiation response is greatest when radiation is administered during the oxygenation window (days

<table>
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<tr>
<th>B16F10</th>
<th>Quadrupletime (d)</th>
<th>Growth delay (d)</th>
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<td>3.3 ± 0.2</td>
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<td>3.6 ± 0.6</td>
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<td>5.9 ± 0.7</td>
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</tr>
<tr>
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<td>6.3 ± 0.5</td>
<td>3.0</td>
<td></td>
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<tr>
<td>$A_x0-5Rt_{5+6}$</td>
<td>7.9 ± 0.7</td>
<td>4.6</td>
<td>1.5</td>
</tr>
</tbody>
</table>

NOTE: Data are presented as mean ± SE (n = 6-8 per group). Abbreviations: Rt, radiation (2 × 5 Gy); Ax, angiostin (10 mg/kg i.p., 3 d). Subscripts refer to the days the treatments were given, respectively.

$\frac{F}{C}$ The time it took to quadruple in tumor volume as calculated for each individual mouse starting on the day radiation treatment was initiated (day 2 or day 5).

$\frac{F}{C}$ Growth delay is defined as the delay in quadruple time as compared with vehicle-treated animals.

$\frac{F}{C}$ Synergy ratio.

$\frac{F}{C}$ Angiostatic treatment was given 3 or 6 d before radiation.

Fig. 3. Radiation treatment enhancement by rational scheduling of angiogenesis inhibitors. A, MA148 tumor volumes after angiostin, radiation, or combination treatment. Tumor-bearing animals were treated with control (■), angiostin (●; i.p. injections of 10 mg/kg Ax on days 0 and 1), radiation (▲; 5 Gy, day 2), $RtAx$ combination (●; 5 Gy on day 2 followed by Ax on days 2 and 3), and $AxRt$ combination (●; Ax on days 0 and 1 followed by 5 Gy on day 2). B, B16F10 tumor volumes after angiostin, radiation, or combination treatment. Tumor-bearing animals were treated with control (■), angiostin (●; i.p. injections of 10 mg/kg Ax on days 0-2), radiation (▲; 5 Gy, days 2 and 3, and $AxRt$ combination (●; Ax on days 0-2 followed by 5 Gy on days 2 and 3). C, B16F10 tumor volumes after angiostin, radiation, or combination treatment. Tumor-bearing animals were treated with control (■), angiostin (●; i.p. injections of 10 mg/kg Ax on days 0-5), radiation (▲; 5 Gy, days 5 and 6), and $AxRt$ combination (●; Ax on days 0-5 followed by 5 Gy on days 5 and 6). Points, mean tumor volume (n = 5-8 animals per group); bars, SE.
2 and 3), as opposed to other times. To test this hypothesis, we treated B16F10 tumor--bearing mice either with anginex for 3 days (days 0-2) followed by radiation on days 2 and 3, or with anginex for 6 days (days 0-5) followed by radiation on days 5 and 6. In mice treated with vehicle or anginex, tumors quadrupled in size in 3.3 ± 0.2 or 3.6 ± 0.6 days, respectively. Radiation treatment (2 × 5 Gy on days 2 and 3) alone delayed quadrupling time by 2.6 days. However, when the same fractionated radiation dose was initiated 1 day after 2 days of anginex treatment, the quadrupling time increased to 13.5 ± 2.9 days, yielding a growth delay of 10.2 days compared with vehicle-treated mice. This effect on tumor growth was synergistic (Table 2; Fig. 3). When anginex treatment was given for 5 days before initiating fractionated radiation treatment, tumor growth (quadrupling time) was delayed by 4.6 days, which was also found to be synergistic, albeit markedly less so than the effect on tumors irradiated within the oxygenation window.

Overall, we found that there was a supra-additive effect from anginex or Avastin treatment administered for short periods of time before radiation. Enhancement of the radiation response was less evident when the treatment period of the angiogenesis inhibitor was extended before radiation (Table 2; Fig. 3). Although we and others previously observed significant increases in tumor growth delay when antiangiogenics were administered before or during radiotherapy, the reason(s) for this were not clear.

Our results further show that anginex specifically targets and enhances antiproliferative activity of radiation on endothelial cells with negligible direct effects on tumor cells (Fig. 4). Anginex reduced endothelial cell colony formation to 50% but did not have an effect on B16F10 cells. On the other hand, radiation exposure alone reduced colony formation of endothelial cells to 17% and B16F10 cells to 30%. The combination of anginex and radiation resulted in enhanced effects only on endothelial cell survival, but not in B16F10 cells. Moreover, giving anginex before radiation further decreased endothelial cell survival (4.6 ± 1.6%; P < 0.006) compared with anginex given postradiation (8.0 ± 2.0%; Fig. 4). Therefore, the effects of anginex on endothelial cells seem to modify radiation-induced cell death by multiple mechanisms, including direct sensitization when applied before radiation and possibly perturbation of repair and survival signaling when applied after radiation, as previously suggested by others (10, 11).

In summary, mechanistically, anginex and other antiangiogenic agents are unable to directly sensitize tumor cells to radiation but do exhibit varying levels of radiosensitization of endothelial cells, leading to an improved radiation response in vitro. Furthermore, this and other studies indicate that tumor endothelial cell sensitization and increased tumor tissue oxygenation in vivo are integral to the mechanism of action at both the cellular and physiologic levels. This finding may be of immediate translational importance because in an ongoing phase I/II trial, patients with T3 or T4 rectal cancer are being given Avastin in combination with 5-fluorouracil and radiation. However, these patients are given Avastin roughly 2 weeks before radiation treatment or 5-fluorouracil chemotherapy (34). In view of our present results, Avastin normalization window appears within the first few days of treatment, similar to that found for thalidomide and VEGFR2 inhibitor (20, 22). After those first few days of antiangiogenic treatment, there is a progressive decrease (at least in these animal models) in tumor oxygenation, and this could compromise optimal effectiveness of radiation treatment or chemotherapy for patients waiting 2 weeks post-Avastin. Clearly, basic research and appropriately designed clinical studies continue to be worthwhile efforts to further optimize scheduling of combined antiangiogenic and radiation therapies.

Acknowledgments

We thank Colleen Forster for histology preparations.

References


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