Identification of a Candidate Gene Panel for the Early Diagnosis of Prostate Cancer

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Abstract

**Purpose:** Serum PSA (sPSA) testing has led to the identification of patients with indolent prostate cancer, and inevitably overtreatment has become a concern. Progensa PCA3 urine testing was shown to improve the diagnosis of prostate cancer, but its diagnostic value for aggressive prostate cancer is limited. Therefore, urinary biomarkers that can be used for prediction of Gleason score ≥7 prostate cancer in biopsies are urgently needed.

**Experimental Design:** Using gene expression profiling data, 39 prostate cancer biomarkers were identified. After quantitative PCR analysis on tissue specimens and urinary sediments, eight promising biomarkers for the urinary detection of prostate cancer were selected (ONECUT2, HOXC4, HOXC6, DLX1, TDRD1, NKAIN1, MS4A8B, PPFIA2). The hypothesis that biomarker combinations improve the diagnostic value for aggressive prostate cancer was tested on 358 urinary sediments of an intention-to-treat cohort.

**Results:** A urinary three-gene panel (HOXC6, TDRD1, and DLX1) had higher accuracy [area under the curve (AUC), 0.77; 95% confidence interval (CI), 0.71–0.83] to predict Gleason score ≥7 prostate cancer in biopsies compared with Progensa PCA3 (AUC, 0.68; 95% CI, 0.62–0.75) or sPSA (AUC, 0.72; 95% CI, 0.65–0.78). Combining the three-gene panel with sPSA further improved the predictive accuracy (AUC, 0.81; 95% CI, 0.75–0.86). The accuracy of the three-gene predictive model was maintained in subgroups with low sPSA concentrations.

**Conclusions:** The urinary three-gene panel (HOXC6, TDRD1, and DLX1) represents a promising tool to identify patients with aggressive prostate cancer, also in those with low sPSA values. The combination of the urinary three-gene panel with PCA3 bears great potential for the early diagnosis of patients with clinically significant prostate cancer. *Clin Cancer Res; 21(13): 3061–70. ©2015 AACR*

Introduction

With the introduction of serum prostate-specific antigen (sPSA) testing in the late 1980s, the incidence of prostate cancer has increased considerably. Worldwide, 1,111,689 men are diagnosed with prostate cancer every year of whom 307,471 men die from this disease (1). However, in patients with sPSA values between 3 and 10 ng/ml, the sPSA test has a low specificity for prostate cancer, resulting in a high negative biopsy rate of 60% to 75% (2). The specificity is low because, in addition to prostate cancer, a number of benign conditions [such as benign prostatic hyperplasia (BPH) and prostatitis] can cause elevated sPSA levels. Although sPSA-based screening reduces prostate cancer mortality by 20%, it is associated with a high risk of diagnosing clinically insignificant prostate cancer that would not have been diagnosed in the patient’s lifetime in the absence of screening (3–5). Currently, it is difficult to predict which tumor will become potentially life-threatening and which one will not. Therefore, overtreatment of localized prostate cancer is a serious clinical issue with attendant, burdensome morbidities, and substantial health care costs (6). Prostate cancer-specific biomarkers that can distinguish between the aggressive prostate cancer tumor type and the indolent prostate cancer form are urgently needed to avoid the problem of overtreatment.

For the diagnosis of prostate cancer, biomarkers should ideally be detectable in body fluids that can be obtained noninvasively and therefore urine has emerged as the substrate for the noninvasive detection of prostate cancer. However, in urine, the biomarkers can be so diluted that they can only be detected when they are sufficiently present. The hypothesis is that the most promising biomarkers for the detection of a disease are those that are markedly upregulated in the disease compared with noncancerous conditions and in case of prostate cancer are therefore most likely to be detected in urine as well.

In search of such prostate cancer–specific biomarkers, 2 promising candidates have already been identified: Prostate Cancer gene 3 (PCA3) and the fusion of the androgen-regulated gene TMPRSS2 with the ETS gene family member ERG. The PCA3 gene is highly overexpressed in prostate cancer (7).
Translational Relevance

There is an urgent need for biomarkers that can be used to identify patients with significant prostate cancer. We present a stepwise selection of a three-gene panel (HOXC6, TDRD1, and DLX1) for the detection of prostate cancer and, in particular, biopsy Gleason score ≥7 prostate cancer in urinary sediments. The three genes are upregulated in prostate cancer tissue and have been associated with prostate cancer development, explaining the high specificity of the urine test for the disease. After testing this three-gene panel in urinary sediments of a clinical intention-to-treat cohort, it was shown that it represents a promising tool to identify patients with aggressive prostate cancer, also in those with low serum PSA values. Unfortunately, limited data are available on the value of urinary prostate cancer biomarkers in patients with serum PSA values < 3 ng/mL. The combination of the urinary three-gene panel with serum PSA bears great potential for the early diagnosis of patients with clinically significant prostate cancer.

The Progensa PCA3 test is an FDA-approved molecular diagnostic test for the detection of prostate cancer in urine (8). Although PCA3 has diagnostic value to predict biopsy outcome, its value for distinguishing indolent from aggressive prostate cancer is limited (9–12). Gene fusions between androgen-regulated TMPRSS2 and members of the ETS transcription factor family are prostate cancer–specific events. TMPRSS2-ERG gene fusions are present in about 50% of patients with prostate cancer (13, 14). Similar to PCA3, TMPRSS2-ERG gene fusions can be detected in urine (15, 16). Owing to the heterogeneity of the disease, a panel of biomarkers will improve the diagnosis of prostate cancer. Improved detection of prostate cancer in urine could be gained when TMPRSS2-ERG gene fusions were combined with PCA3 (16–18). However, the value of this gene fusion for distinguishing indolent from aggressive prostate cancer is controversial (19–21).

Therefore, the need for novel prostate cancer–specific biomarkers, which can be used as an adjunct to sPSA, persists to enable the more accurate detection of prostate cancer and improve the prediction of tumor aggressiveness. In the current report, gene expression profiling was used for the identification of these biomarkers followed by stepwise biomarker selection and testing of a 3-gene panel for the diagnosis of biopsy Gleason score ≥7 prostate cancer in urinary sediments.

Materials and Methods

Patient sample collection and preparation

Retrospective tissue collection (biomarker discovery). Human prostate tissue specimens were collected from patients who underwent radical prostatectomy or transurethral resection of the prostate (TURP) according to an approved IRB protocol at the Radboud University Nijmegen Medical Centre and Canisius Wilhelmina Hospital Nijmegen (Nijmegen, The Netherlands). Normal prostate tissue was obtained from cancer-free regions in radical prostatectomy specimens. BPH tissue was obtained by either TURP or an open adenectomy. Prostate cancer tissues of patients with castration-resistant prostate cancer (CRPC) were obtained by TURP from patients who had progressive disease under endocrine therapy. Prostate cancer metastases were obtained from positive lymph nodes after lymph node dissection (LND).

Gleason scores and tumor–node–metastasis (TNM) classification of the tumors were determined at the Department of Pathology of both hospitals. The specimens were snap-frozen in liquid nitrogen and processed by step sectioning, and at regular intervals, a hematoxylin and eosin staining was performed to determine the percentage of normal, BPH, and tumor cells in the tissue sections. Tumor- and tumor-free areas were microdissected and total RNA was extracted by using TRIzol reagent (Invitrogen) according to manufacturer’s instructions. Total RNA was DNase treated and purified using the RNeasy Mini Kit (Qiagen) according to the manufacturer’s instructions. The integrity of the RNA was determined using the Agilent 2100 Bioanalyzer. Samples with RNA integrity number (RIN) ≥ 6 were included for microarray analysis.

In total, tissue specimens of 133 patients were collected: normal prostate (NP; n = 12), BPH (n = 16), low-grade prostate cancer (LG-PCa; n = 33), high-grade prostate cancer (HG-PCa; n = 32), CRPC (n = 32), and metastatic prostate cancer (PCA-M+; n = 8). LG-PCa was defined at Gleason score ≤ 6 and HG-PCa was defined as Gleason score ≥ 7.

Urinary samples (clinical biomarker testing). As described by Leijten and colleagues, first-catch urine samples were collected after digital rectal examination (DRE) from men who were scheduled for (initial or repeat) prostate biopsies, on the basis of elevated sPSA levels, a family history of prostate cancer or an abnormal DRE according to an approved IRB protocol at six urology clinics in the Netherlands (Radboud University Nijmegen Medical Centre, Nijmegen; Academic Medical Centre, Amsterdam; ZGT Hospital, Hengelo; Canisius Wilhelmina Hospital, Nijmegen; Schepers Hospital, Emmen; and St. Elisabeth Hospital, Tilburg; ref. 22). All the subjects involved in this study signed the IRB-approved consent form. Exclusion criteria were history of prostate cancer, medical therapy known to affect sPSA levels, prostate biopsies within 3 months before enrolment, or invasive treatment for BPH within 6 months before enrolment. The urine samples were processed according to procedures for whole urine as described by Groskopf and colleagues and urinary sediments as was described by Hessels and colleagues (8, 23). From the 443 urine samples previously described, 358 were selected for analysis in this study based on sufficient HPR1/T1 mRNA (>4,000 copies) content (22). Prostate biopsies (9–12 core needle biopsies) were performed and evaluated per hospital’s standard procedure. In addition, one experienced genitourinary pathologist reviewed all biopsy Gleason scores independently, being blinded for the biomarker scores.

For each patient, clinicopathologic data were collected, including age, sPSA, DRE, and transrectal ultrasound (TRUS) results, prostate volume, biopsy results (current and history), radiologic results, clinical TNM stage (if diagnosed with prostate cancer), and radical prostatectomy results (if applicable). These data and the assay results were entered in a secured preset web-based database with audit trail (in compliance with the International Conference on Harmonization-Good Clinical Practice guidelines). Assay results were not provided to the clinical sites for patient care and the technicians who performed the assays were blinded for patient characteristics.
Gene expression profiling

Retrospectively collected tissue samples (n = 99) were used for gene expression profiling on the GeneChip Human Exon 1.0 Sense Target (ST) arrays (Affymetrix) according to the manufacturer’s protocol. One microgram of RNeasy purified total RNA was used to generate amplified and biotinylated sense-strand DNA targets from the entire expressed genome. According to the protocol, the majority of ribosomal RNA was removed using the RiboMinus Human/Mouse Transcriptome Isolation Kit (Invitrogen). The generated amplified sense-strand cDNA targets were fragmented by incubation with a mixture of UDG (uracil DNA glycosylase) and APE1 (apurinic/apyrimidinic endonuclease 1) restriction endonucleases and end-labeled via terminal transferase reaction incorporating a biotinylated dideoxynucleotide. Of the fragmented, biotinylated cDNA, 5.5 μg was added to a hybridization mixture, loaded on a GeneChip Human Exon 1.0 ST (Affymetrix), and hybridized for 16 hours at 45 °C and 60 rpm. Following hybridization, the array was washed in a GeneChip Fluidics protocol FS450 (Affymetrix) and stained according to the Affymetrix protocol. The array was scanned at 532 nm using a GeneChip Scanner 3000 7G (Affymetrix), generating CEL files for each array.

Gene-level and exon-level expression values were derived from the CEL file using the model-based Robust Multiaarray Average (RMA) algorithm as implemented in Partek software (Partek Genomics Suite 6.6). RMA is a normalization approach that includes background correction, normalization, and data summarization and was performed on the core meta-probesets and the extended meta-probesets.

ANOVA was performed for the identification of upregulated genes in prostate cancer (LG-PCa + HG-PCa + CRPC + PCA-M+) compared with nonmalignant prostate tissue (NP + BPH); HG-PCa compared with LG-PCa; PCA-M+ compared with prostate cancer (LG-PCa + HG-PCa); and CRPC compared with prostate cancer (LG-PCa + HG-PCa). The fold changes (FC) of gene expression and P values in these different classes of samples were calculated. For each comparison, a list of the 100 most upregulated genes was created. For all the genes in these 4 lists, scatterplots were created. In these plots, the individual prostate samples were ordered in the categories normal, BPH, LG-PCa, HG-PCa, and protocol described above. In each of these 4 lists, scatterplots were created. In these plots, the individual prostate samples were ordered in the categories normal, BPH, LG-PCa, HG-PCa, and protocol described above.

For each cDNA sample, 20 μl qPCR master mix was prepared by combining 2 μL of cDNA, optimized amounts of template-specific forward and reverse primer, 2 pmol of hydrolysis probe, and 1× LightCycler 480 Probe Master mix (Roche). The following amplification conditions were used: 95 °C for 10 minutes, then 50 cycles at 95 °C for 10 seconds, 60 °C for 30 seconds, and a final cooling step at 40 °C for 55 seconds (LightCycler LC 480, Roche). The crossing point (Cp) values were determined using the Lightcycler 480 SW 1.5 software (Roche). The Cp values of the samples were converted to copy numbers by interpolation in the generated calibration curve. The assay performance of the real-time PCR experiments was evaluated during in-study validation. The reference control samples had an inter- and intra-assay variation <30%.

Clinical urinary sediments study

Total RNA was extracted from the urinary sediments using a modified TriPure isolation reagent protocol (Roche). After the chloroform-induced phase separation, GlycoBlue (Ambion) was added to the aqueous phase to precipitate the RNA using isopropanol (Merck). The RNA was DNase-treated before the amplification protocol using DNase I enzyme (Invitrogen). Ethanol (Merck)/sodium acetate precipitation (Ambion) was used to purify the RNA. Using the Whole Transcriptome (WT) Expression Kit (Ambion), amplified sense-strand cDNA was generated.

The gene expression of HPRT1, ONECUT2, HOXC4, HOXC6, DLX1, TDRD1, NKAIN1, MS4A8B, and PPFIA2 was measured in the CDNA of urinary sediments using the developed qPCR assays and protocol described above.

The Progensa PCA3 test was performed on whole urine samples collected in urine specimen transport tubes (Progensa PCA3, Hologic; ref. 8). The PCA3 score was calculated as [PCA3 mRNA]/[KLK3 mRNA] × 1,000.
Statistical analyses
Statistical analyses were performed with SPSS version 20.0. Two-sided $P \leq 0.05$ was considered to indicate statistical significance. The nonparametric Mann–Whitney tests (for continuous variables) were used to test whether biomarker levels were significantly correlated with prostate cancer and Gleason score. sPSA, Progensa PCA3 score, and the novel biomarkers were assessed as continuous biomarkers. Backward logistic regression analysis was used to test whether the novel biomarkers had independently additional predictive value to sPSA and PCA3 for diagnosis prostate cancer and Gleason score $\geq 7$ prostate cancer. The area under ROC curve (AUC) and corresponding 95% confidence intervals (CI) of the final model were determined. Bootstrapping analysis was used for internal validation of the model. Bootstrap samples were drawn with replacement and with the same size as the original sample. Regression models were created in each bootstrap sample and were tested on the original sample. This procedure was tested 100 times to obtain stable estimates of the optimism of the model.

Results
Biomarker discovery
In Fig. 1, the stepwise approach of the biomarker discovery is schematically illustrated. To identify tumor-specific candidate biomarkers, gene expression was examined in a total of 99 normal prostate and prostate cancer tissue samples using the Human Exon 1.0 ST Array. ANOVA was performed for the identification of upregulated genes in 4 separate comparisons: prostate cancer (LG-PCa + HG-PCa + CRPC + PCa-M+) compared with nonmalignant prostate tissue (NP + BPH); HG-PCa compared with LG-PCa; PCA-M+ compared with prostate cancer (LG-PCa + HG-PCa); and CRPC compared with prostate cancer (LG-PCa + HG-PCa). The FC of gene expression and $P$ values in these different classes of samples were calculated. For each comparison, a list of the 100 most upregulated genes was created. For all the genes in these 4 lists, scatterplots were created, which formed the base for the selection process (data not shown).

Bioinformatics combining FC by nonstringent $P$ values and related scatterplot patterns led to the identification of 39 biomarkers (Table 1). These 39 candidate biomarkers were tested using qPCR (TLDA) on 107 tissue RNA samples and 16 urinary sediments RNA samples. The resulting expression patterns of these biomarkers in the new set of tissue specimens confirmed the gene expression data, supporting the robustness of the biomarker discovery method used.

In the next step, biomarkers were selected on the basis of their expression profiles in urinary sediments. The first selection was based on the most differentially expressed genes in urinary sediments between cancer and noncancer patients. The second selection was based on the prostate-specific expression of the biomarkers in the urinary sediments. For this purpose, the 16 urinary sediments were preselected, based on either high expression levels of KLK3 mRNA (prostate cells) and low expression of $HPRT1$ (background) or high expression levels of $HPRT1$ and low expression levels of KLK3. If the biomarker was high in KLK3+/HPRT1− and low in KLK3−/HPRT1+ samples, the biomarker was more likely associated with the background expression in the urinary sediments and not correlated to the prostate cells. Sixteen biomarkers (Table 1, marked yes in the columns "Difference Prostate Cancer/Normal" as well as "not HPRT correlated") met this requirement being HOXC4, HOXC6, DLX1, TDRD1, ONECUT2, NKAIN1, MS4A8B, PPFIA2, PTPRT, GLYAT1, C19orf48, ALDH3B2, UGT2B15, COMP, CGREF1, and ACSM1. Because PPFIA2 and PTPRT showed similar results, PPFIA2 was selected on the basis of the highest difference in Cp values in urinary sediments between prostate cancer and no cancer and the highest signal. The mRNA levels of UGT2B15 and COMP were very low (Cp $\geq 40$) in urinary sediments [Table 1, marked in column "Cp (NP)"] and were not selected for further analysis. The other 13 biomarkers were candidates to be tested in a larger number of urinary sediments obtained from an intention-to-treat patient cohort.

Clinical testing of biomarkers in urinary sediments
Of the 358 men with evaluable urinary sediments, 157 (44%) were diagnosed with prostate cancer and 93 (26%) were diagnosed with Gleason score $\geq 7$ prostate cancer. Patient characteristics are shown in Table 2. Because only 93 patients with biopsy Gleason score $\geq 7$ prostate cancer were included in this study, only 8 novel biomarkers could be added to sPSA in the logistic regression analysis to meet the minimal requirement of 10 events per variable. For this purpose, the 8 of the 13 biomarkers were selected that could distinguish best between prostate cancer and no prostate cancer in urinary sediments based on average Cp values (Table 1). The expression of these 8 potential biomarkers (HOXC4, HOXC6, DLX1, TDRD1, ONECUT2, NKAIN1, MS4A8B, and PPFIA2) was determined in urinary sediments using a real-time qPCR approach on the larger cohort of urinary sediments.
First, univariate analyses were performed to understand the potential associations between the biomarkers selected and prostate cancer and in particular Gleason score $\geq 7$ in urinary sediments. All biomarkers could discriminate prostate cancer from no prostate cancer in urinary sediments with a $P < 0.05$ in univariate analysis (Table 3). Furthermore, all biomarkers could discriminate Gleason score $\geq 7$ prostate cancer from Gleason score $\leq 6$ prostate cancer and Gleason score $\geq 7$ prostate cancer from REST (no prostate cancer and Gleason score $\leq 6$ prostate cancer) in urinary sediments with a $P < 0.05$ in univariate analysis (Table 4). Therefore, all biomarkers were included in the multivariable logistic regression model.

Backwards logistic regression analysis was performed to test whether the novel biomarkers (HOXC4, HOXC6, Dlx1, Tdrd1, Onecut2, Nkain1, Ms4a8b, and Ppfia2) had additional predictive value to sPSA for the diagnosis of biopsy Gleason score $\geq 7$ prostate cancer in urinary sediments. Before the analysis, the raw values were visually inspected by histograms to assess normality. Biomarker values were log-transformed to improve normality. In urinary sediments, the markers that had independent additional predictive value to sPSA (OR, 2.84; 95% CI, 1.78–4.52; $P < 0.001$) for the detection of Gleason score $\geq 7$ prostate cancer were HOXC6 (OR, 1.40; 95% CI, 1.14–1.72; $P = 0.001$), TDRD1 (OR, 1.13; 95% CI, 1.01–1.28; $P = 0.038$), and Dlx1 (OR, 1.15; 95% CI, 1.01–1.30; $P = 0.030$). Using logistic regression analysis, a predictor model was obtained for the diagnosis of a biopsy Gleason score $\geq 7$ prostate cancer diagnosis in urinary sediments using sPSA, HOXC6, TDRD1, and Dlx1. Horsmer–Lemeshow's
Table 2. Patient characteristics of the clinical intention-to-treat cohort

<table>
<thead>
<tr>
<th>Descriptives</th>
<th>Cohort (n = 358)</th>
<th>Median (range)/n (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, y</td>
<td>65 (44–86)</td>
<td></td>
</tr>
<tr>
<td>Prostate cancer in family</td>
<td>66 (18%)</td>
<td></td>
</tr>
<tr>
<td>No previous biopsies</td>
<td>280 (78%)</td>
<td></td>
</tr>
<tr>
<td>Abnormal DRE</td>
<td>103 (29%)</td>
<td></td>
</tr>
<tr>
<td>TRUS prostate volume, cc</td>
<td>48 (15–200)</td>
<td></td>
</tr>
<tr>
<td>Prostate cancer upon biopsy</td>
<td>157 (43.9%)</td>
<td></td>
</tr>
<tr>
<td>Gleason score ≥ 7</td>
<td>95 (26%)</td>
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</tbody>
</table>

goodness-of-fit test was used to assess calibration of the model. The significance of this test was 0.490 indicating that the model fits the data well.

Defining a predictor model for the diagnosis of biopsy Gleason score ≥7 prostate cancer in urinary sediments

A bootstrap resampling tool was used to test the robustness of these biomarkers for the diagnosis of biopsy Gleason score ≥7 prostate cancer in urinary sediments as an adjunct to sPSA. HOXC6, HOXC4, HOXC6, DLX1, TDRD1, ONECUT2, NKAIN1, MSA4AB, and PPFIA2 were included in the analysis. After 100 bootstrap replications, HOXC6, TDRD1, and DLX1 were predominantly present in the model (appearance of ≥76 times) compared with the other markers (appearance of <32 times). This yielded the following predictor model for the diagnosis of biopsy Gleason score ≥7 prostate cancer diagnosis in urinary sediments in which the units of measurements for HOXC6, DLX1, and TDRD1 are mRNA copy numbers and for sPSA is ng/mL: Probability = 1/[1 + EXP(−(−5.007 + 0.0069 × sPSA + 0.345 × lnHOXC6 + 0.136 × lnDLX1 + 0.137 × lnTDRD1))]. The average correlation of the bootstrap models with the original model obtained by logistic regression analysis was 0.960.

Evaluation of the predictor model for the 3-gene panel in adjunct to sPSA

Consequently, sPSA, HOXC6, TDRD1, and DLX1 were selected for evaluating the model discrimination using the receiver operating characteristic (ROC) AUC. Using ROC analysis, the predictive accuracy for the diagnosis of Gleason score ≥7 prostate cancer was higher for the combination of HOXC6, DLX1, and TDRD1 (AUC, 0.77; 95% CI, 0.71–0.83) compared with Progensa PCA3 (AUC, 0.68; 95% CI, 0.62–0.75; Fig. 2A). The predictive accuracy of sPSA (AUC, 0.72; 95% CI, 0.65–0.78) could be improved when HOXC6, TDRD1, and DLX1 were combined with sPSA (AUC, 0.81; 95% CI, 0.75–0.86 (Fig. 2B). Bootstrap analysis was used for internal validation of the AUC of the model. The mean AUC of 100 bootstrap samples was 0.81 and the mean AUC of 100 tests on the original sample was 0.80. This indicated an optimism of 0.01. Therefore, the internally validated AUC was estimated as 0.80.

On the basis of the predictor model for HOXC6, TDRD1, DLX1, and sPSA, a probability of 0.34 (top left point in the ROC curve) was the cutoff point that maximized the sensitivity (68.5%) and specificity (82.3%) for the detection of biopsy Gleason score ≥7 in urinary sediments. For sPSA alone, the cutoff corresponded to a concentration of 9.5 ng/mL maximizing the sensitivity (58.1%) and specificity (74%) for the detection of biopsy Gleason score ≥7.

Predictive accuracy of the 3-gene panel for the diagnosis of Gleason score ≥7 prostate cancer in sPSA cohorts

In Fig. 3, the AUCs are indicated which measures the predictive accuracy for the diagnosis of Gleason score ≥7 prostate cancer of the combination of HOXC6, TDRD1, and DLX1 and sPSA alone. At different sPSA cutoff values, the AUC of the combination HOXC6, TDRD1, and DLX1 was higher than sPSA and ranged from 0.72 to 0.76. The AUC of sPSA for the detection of Gleason score ≥7 prostate cancer was more variable ranging from 0.57 to 0.72. The AUC of sPSA was highest when men with sPSA values >10 ng/mL were included.

On the basis of these results, the predictive accuracy of the model is hardly affected by sPSA for the detection of biopsy Gleason score ≥7 in urinary sediments. At lower sPSA levels, the gene panel outperforms sPSA for the detection of biopsy Gleason score ≥7 prostate cancer. These results indicate that the gene panel might be useful in identifying aggressive cancers at lower PSA ranges. However, the numbers at the lower PSA ranges are small and the data need to be confirmed.

Discussion

In this study, a pragmatic approach was used to identify candidate biomarkers for an important clinical unmet need, that is, biomarkers that can be used to predict the presence of Gleason score ≥7 prostate cancer in the biopsy, using a noninvasive substrate, that is, the urine. It is well known that quality of the clinical samples is important to obtain reliable and reproducible data by molecular profiling of clinical specimens. Our many years of experience with molecular profiling has resulted in optimized and reproducible protocols for fresh-frozen tissue specimens collection, microdissection of prostate cancer, RNA isolation, and quality assessment and profiling of RNA from fresh-frozen tissue specimens. With the focus on high-quality RNA, the chance of introducing technical bias in the molecular profiling was minimized.

Bioinformatics combining FC followed by nonstringent P values and related-scatterplot patterns led to the identification of 39 prostate cancer–associated biomarkers that were upregulated in 4 predefined groups of samples. We did not restrict ourselves to the averaged data of the several groups (ranging from normal prostate, BPH, LG-PCa, HG-PCa, CRPC, and PCA-M+) but also examined the individual sample data (scatterplots). By doing so, subgroups, trends and patterns in expression levels of the biomarkers could be identified. For the selection of biomarkers, heterogeneity of biomarker expression levels in the groups

Table 3. Biomarker characteristics in urinary sediments of the clinical intention-to-treat population

<table>
<thead>
<tr>
<th>Prostate cancer</th>
<th>No (n = 201)</th>
<th>Yes (n = 157)</th>
<th>Median (Q1–Q3)</th>
<th>Median (Q1–Q3)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serum PSA, ng/mL</td>
<td>6.8 (1.5–9.4)</td>
<td>9.2 (6.1–13.7)</td>
<td>&lt;0.001</td>
<td></td>
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</tr>
<tr>
<td>PCA3 score</td>
<td>24 (2–57)</td>
<td>60 (31–107)</td>
<td>&lt;0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOXC4</td>
<td>5.260 (560–9.930)</td>
<td>12.600 (4.140–24.150)</td>
<td>&lt;0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOXC6</td>
<td>321 (84–838)</td>
<td>962 (390–2760)</td>
<td>&lt;0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DLX1</td>
<td>1 (1–1)</td>
<td>1 (1–2.3)</td>
<td>&lt;0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td>TDRD1</td>
<td>124 (1–383)</td>
<td>367 (60–1580)</td>
<td>&lt;0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ONECUT2</td>
<td>176 (250–1.020)</td>
<td>1280 (570–2.860)</td>
<td>&lt;0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NKAIN1</td>
<td>162 (37–440)</td>
<td>291 (84–891)</td>
<td>&lt;0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MSA4AB</td>
<td>168 (1–592)</td>
<td>612 (126–2.300)</td>
<td>&lt;0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PPFIA2</td>
<td>167 (1–684)</td>
<td>534 (111–1.240)</td>
<td>&lt;0.001</td>
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</tbody>
</table>

aMann–Whitney test.
normal prostate and BPH was not allowed, whereas some heterogeneity in the different prostate cancer groups was allowed and expected.

Well-known prostate cancer–associated genes such as PCA3, AMACR, CRISP3, FOLH1, and ERG were also in the top 15 list of extended or core genes based on fold changes of the microarray data, supporting the robustness of the biomarker discovery method used. The reliability of the data was also confirmed by qPCR (TLDA) on another set of tissue samples showing that the selected 39 genes indeed can discriminate between the 4 predefined groups. The 34 biomarkers that could discriminate prostate cancer from no prostate cancer were tested on a small set of urinary sediments after which 8 biomarkers (HOXC4, HOXC6, DLX1, TDRD1, ONECUT2, NKAIN1, MS4A8B, and PPFIA2) were selected on the basis of their overexpression in urinary sediments from patients with prostate cancer.

The hypothesis that a combination of these 8 biomarkers can improve the diagnosis of biopsy Gleason score ≥ 7 prostate cancer compared with sPSA or Progensa PCA3 was tested in an intention-to-treat cohort of 358 urinary sediments obtained from men who were scheduled for (initial or repeat) prostate biopsies. Of the 8 biomarkers, HOXC6, TDRD1, and DLX1 had independent additional predictive value to sPSA for the detection of biopsy Gleason score ≥ 7 in urinary sediments. Interestingly, these genes have been associated with prostate cancer development.

Homeobox C6 (HOXC6), located at 12q13.3 in humans, regulates genes with both oncogenic and tumor suppressor activities as well as several genes important for prostate branching morphogenesis and metastasis to the bone microenvironment (25). In the prostate, there is convincing evidence for an oncogenic function of HOXC6 (26). Its frequent overexpression

<table>
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<tr>
<th>Table 4. Biomarker characteristics in urinary sediments of the clinical intention-to-treat population</th>
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<tr>
<td>Serum PSA, ng/mL</td>
</tr>
<tr>
<td>Median (Q1–Q3)</td>
</tr>
<tr>
<td>8 (5.3–10.1)</td>
</tr>
<tr>
<td>35 (146–8,065)</td>
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<td>0.0006*</td>
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NOTE: REST, no prostate cancer + Gleason score ≤ 6.
*Mann–Whitney test.

Figure 2.
ROC curves for the combination of urinary HOXC6, TDRD1, DLX1 (black line: AUC, 0.77; 95% CI, 0.71–0.83), Progensa PCA3 (gray line: AUC, 0.68; 95% CI, 0.62–0.75), and sPSA (dotted line: AUC, 0.73; 95% CI, 0.66–0.80) to predict Gleason score ≥ 7 prostate cancer in biopsies (A). B, the ROC curve for the predictive model HOXC6, TDRD1, DLX1, sPSA (black line: AUC, 0.71; 95% CI, 0.67–0.76) is shown compared with sPSA alone (dotted line) for predicting Gleason score ≥ 7 prostate cancer in biopsies.
in prostate cancer may predispose tumor cells to androgen independence by necessitating adaptation to diminished androgen signaling (27, 28). The degree of HOXC6 overexpression is correlated with several clinical parameters of tumor progression, including Gleason scores (27–29). Tudor domain containing 1 (TDRD1), a male germline-specific gene located at 10q25.3, belongs to a large family of tudor domain containing proteins. Recently, TDRD1 was identified as a direct ERG target gene that is strongly associated with ERG overexpression in primary prostate cancer. ERG activates TDRD1 transcription by inducing loss of DNA methylation at the TDRD1 promoter–associated CpG island (30). Like ERG, TDRD1 is hardly expressed in normal adult prostatic tissue (31). Low methylation of TDRD1 appeared to be significantly associated with a higher risk for biochemical recurrence in patients with high-risk prostate cancer (32). Distal-less Homeobox 1 (DLX1), located at 2q32, is involved in the acquisition of epithelial–neuroendocrine differentiation, a characteristic associated with aggressive cancer (33). It was shown that DLX1 is upregulated in CD26+ cancer cells isolated from Gleason 3 + 3 (G3) and Gleason 4 + 4 (G4) tumors compared with prostate luminal cells (34).

The principal goal of this study was the identification of genes in prostate cancer that could serve as early detection markers of prostate cancer and in particular biopsy Gleason score ≥ 7 prostate cancer. To avoid overdiagnosis and overtreatment of patients with prostate cancer due to the low specificity and unclear benefit of sPSA testing, a prostate cancer–specific biomarker test is required that uses noninvasive substrates such as urine. The first fully translated RNA-based molecular diagnostic test for the detection of prostate cancer in urine is the CE-marked Progensa PCA3 test. Several studies in the urine demonstrated that Progensa PCA3 was superior to sPSA in predicting prostate cancer on repeat prostate biopsy. Given the heterogeneous nature of prostate cancer, the use of a panel of biomarkers can further improve the diagnosis of this disease. The combined use of the Progensa PCA3 test and TMPRSS2–ERG could significantly improve the sensitivity for prostate cancer diagnosis as adjunct to sPSA testing (22). However, the value of this combination for predicting biopsy Gleason score ≥ 7 in urine is controversial (17, 18, 22, 35).

The fact that HOXC6, TDRD1, and DLX1 are functionally implicated in prostate carcinogenesis strengthens the suggestion that the combination of these genes may comprise a promising method of detecting prostate cancer and in particular biopsy Gleason score ≥ 7 prostate cancer. It was shown that 3-gene panel was superior to Progensa PCA3 for the diagnosis of a biopsy Gleason score ≥ 7 prostate cancer. The predictor model that was obtained by logistic regression analysis for the combination of sPSA with HOXC6, TDRD1, and DLX1 in the diagnosis of a biopsy Gleason score ≥ 7 prostate cancer diagnosis in urinary sediments correlated well with the predictor model obtained by bootstrap analysis. Furthermore, the predictive accuracy of sPSA alone (AUC, 0.72; 95% CI, 0.65–0.78) for the diagnosis of biopsy Gleason score ≥ 7 prostate cancer in urinary sediments could be improved when HOXC6, TDRD1, and DLX1 were combined with sPSA (AUC, 0.81; 95% CI, 0.75–0.86).

It was shown that in a sPSA prescreened population, the urine-based Progensa PCA3 test could improve the identification of serious disease especially in the low PSA ranges (36). In this study, it is shown that the combination of urinary HOXC6, TDRD1, and DLX1 is superior to Progensa PCA3 in the diagnosis of Gleason score ≥ 7 prostate cancer. Furthermore, using ROC analysis at different sPSA cut-offs for the predictive model for HOXC6, TDRD1, and DLX1, it was shown that the AUC for the detection of biopsy Gleason score ≥ 7 prostate cancer remained constant and was unaffected by sPSA concentrations. These preliminary data imply that urinary HOXC6, TDRD1, and DLX1 can improve the detection of serious prostate cancer compared with sPSA and Progensa PCA3 and may be an important tool to prevent overtreatment. The value of this gene panel needs to be explored further. This study was done on urinary sediments as a substrate. Currently, we are developing a whole urine-based assay for HOXC6, TDRD1, and DLX1. The next step will be testing this gene panel in whole urine and validating the predictive model obtained in whole urine in an independent cohort of men.

In conclusion, in this study, a stepwise selection of a 3-gene panel for the detection of prostate cancer and in particular biopsy Gleason score ≥ 7 prostate cancer in urinary sediments is described. HOXC6, TDRD1, and DLX1 were shown to have independent additional predictive value to sPSA for predicting biopsy Gleason score ≥ 7 prostate cancer. Our data suggest that HOXC6, TDRD1, and DLX1 are useful for the sensitive and noninvasive detection of individuals at risk for Gleason score ≥ 7 prostate cancer also in those with low sPSA values. The 3-gene panel may comprise a more promising method of detecting prostate cancer and in particular biopsy Gleason score ≥ 7 prostate cancer in urinary sediments than Progensa PCA3 as an adjunct to sPSA testing.

Disclosure of Potential Conflicts of Interest
W. G. Melchers has ownership interest (including patents) in NovioGenrix Holding BV. J. A. Schalken reports receiving speakers bureau honoraria from Astellas and Sanofi, has ownership interest (including patents) in
NovioGendix Holding BV, and is a consultant/advisory board member for Hologic. No potential conflicts of interest were disclosed by the other authors.

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Acknowledgments

The authors thank Annelies Hoobers (NovioGendix) for performing Progena PCA3 testing and Pim Peelen (NovioGendix) for the clinical sample collection and processing. They also thank Ton de Haan (Radboud University Nijmegen Medical Centre) for statistical assistance. They also thank PCMM (03-O-203) for their contribution to the project.

Grant Support

This study was supported in part by grants from EFRO, Ulaanse Med, and NovioGendix. The costs of publication of this article were defrayed in part by the payment of page charges. This article must therefore be hereby marked advertisement in accordance with 18 U.S.C. Section 1734 solely to indicate this fact.

Received December 23, 2014; revised February 23, 2015; accepted March 8, 2015, published OnlineFirst March 18, 2015.

References


Identification of a Candidate Gene Panel for the Early Diagnosis of Prostate Cancer


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