Gene Set Enrichment Analysis Unveils the Mechanism for the Phosphodiesterase 4B Control of Glucocorticoid Response in B-cell Lymphoma

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Abstract

**Purpose:** Resistance to glucocorticoid (GC) is a significant problem in the clinical management of lymphoid malignancies. Addressing this issue via a mechanistic understanding of relevant signaling pathways is more likely to yield positive outcomes.

**Experimental Design:** We used gene set enrichment analysis (GSEA), multiple genetic models of gain and loss of function in B-cell lymphoma cell lines, *in vitro* and *in vivo*, and primary patient samples to characterize a novel relationship between the cyclic AMP/phosphodiesterase 4B (cAMP/PDE4B), AKT/mTOR activities, and GC responses.

**Results:** Starting from the GSEA, we found that overexpression of the *PDE4B* in diffuse large B-cell lymphoma (DLBCL) impinge on the same genes/pathways that are abnormally active in GC-resistant tumors. We used genetically modified cell lines to show that PDE4B modulates cAMP inhibitory activities toward the AKT/mTOR pathway and defines GC resistance in DLBCL. In agreement with these data, pharmacologic inhibition of PDE4 in a xenograft model of human lymphoma unleashed cAMP effects, inhibited AKT, and restored GC sensitivity. Finally, we used primary DLBCL samples to confirm the clinical relevance and biomarker potential of AKT/mTOR regulation by PDE4B.

**Conclusions:** Together, these data mechanistically elucidated how cAMP modulates GC responses in lymphocytes, defined AKT as the principal transducer of the growth inhibitory effects of cAMP in B cells, and allowed the formulation of genomics-guided clinical trials that test the ability of PDE4 inhibitors to restore GC sensitivity and improve the outcome of patients with B-cell malignancies. *Clin Cancer Res; 17*(21); 1–10. ©2011 AACR.

Introduction

In recent years, it has become apparent that the successful development of novel therapeutic approaches for the treatment of cancer needs to be guided by an improved understanding of disease pathogenesis. Although these rational strategies have recently yielded important results (1), they are only rarely conceived with emphasis on overcoming acquired or innate resistance to pharmacologic agents that are already part of the therapeutic armamentarium. In this context, a pressing issue is the identification and validation of strategies aimed at improving or reestablishing glucocorticoid (GC) sensitivity in lymphoid malignancies. This is an important goal because GCs remain an important agent in the treatment of these tumors and, despite all advances in the molecular classification of these entities (2–4), the *in vitro* and *in vivo* responses to GCs continue to be one of the determinants of clinical outcome, in particular in acute lymphoid leukemia and multiple myeloma (5–7).

Cyclic AMP (cAMP) is a ubiquitous second messenger with marked growth inhibitory and proapoptotic properties in lymphocytes (8–11). At the termination point, the intracellular levels of cAMP are controlled by phosphodiesterases (PDE). In immune cells, members of the PDE4 family, particularly PDE4B in B lymphocytes, account for most of the cAMP hydrolysis and inactivation (12). This feature, combined with pharmacologic and structural principles that make PDEs excellent drug targets, prompted the testing of PDE4 inhibitors for inflammatory conditions such as asthma and chronic obstructive pulmonary disease (13).

We have previously shown that *PDE4B* expression was significantly elevated in patients with fatal diffuse large B-cell lymphoma (DLBCL, refs. 4, 9). Subsequently, we used *in vitro* genetic and pharmacologic modulation of PDE4B activity to confirm that this enzyme abrogates the growth...
inhibitory effects of cAMP in DLBCL, explaining why elevated PDE4B expression contributes to the poor outcome of subsets of B-cell tumors (9, 11). These data pointed to the potential of PDE4 inhibitors as antilymphoma agents and highlighted the addiction of subsets of DLBCL to low cAMP levels. Importantly, in these initial investigations, we uncovered an interplay between cAMP/PDE4B and the PI3K/AKT pathway in primary DLBCLs confirmed the relevance of this interplay. Together, our data indicate that PDE4 inhibitors may be useful in the treatment of lymphoid malignancies, mechanistically explain how these agents could improve GC sensitivity, and show that insights into disease pathogenesis can be exploited to rationally overcome drug resistance.

**Translational Relevance**

Glucocorticoid (GC) resistance is a significant problem in the management of lymphoid malignancies. We have previously shown that modulation of intracellular cyclic AMP (cAMP) via inhibition of phosphodiesterase 4B (PDE4B) induces apoptosis in diffuse large B-cell lymphomas (DLBCL). Here, we show that overexpression of PDE4B in DLBCL impinges on the same genes/pathways that are abnormally active in GC-resistant tumors. In agreement with these data, we showed, in vitro and in vivo, that genetic and pharmacologic targeting of PDE4B restores the GC sensitivity in B-cell lymphomas, in association with cAMP-mediated inhibition of mTOR. A marked correlation between PDE4B levels and AKT/mTOR activity in primary DLBCLs confirmed the relevance of this interplay. Together, our data indicate that PDE4 inhibitors may be useful in the treatment of lymphoid malignancies, mechanistically explain how these agents could improve GC sensitivity, and show that insights into disease pathogenesis can be exploited to rationally overcome drug resistance.

**Cell lines, primary tumors, and normal B cells**

Human DLBCL cell lines (DHL6, DHL7, DHL10, Ly1; refs. 15, 16) and Ramos (human Burkitt lymphoma cell line) were cultured in RPMI 1640 (Invitrogen) supplemented with 10% heat-inactivated FBS (Hyclone), 100 U/mL penicillin, 100 μg/mL streptomycin, 2 mmol/L l-glutamine, and 10 mmol/L HEPES buffer in a 5% humidified CO2 incubator at 37°C, as previously reported (11). The HEK293 cell line was cultured in Dulbecco’s modified Eagle’s medium supplemented as described previously. The DLBCL cell line Ly3 was grown in Iscove’s modified Dulbecco’s medium supplemented with 20% human serum, as we described elsewhere (9). The primary DLBCLs were obtained from our tumor bank and reported before (17); the detailed features of the samples used in this study are described in Supplementary Table S3. These studies were approved by the Institutional Review Board of the University of Texas Health Science Center at San Antonio (UTHSCSA).

**Gene set enrichment analysis**

A gene collection containing 101 probe sets expressed at significantly higher levels in GC-resistant than in GC-sensitive ALL samples (14) was analyzed within the context of a cohort of primary DLBCL (n = 56) previously investigated by gene expression profiling on microarrays (18). PDE4B expression below and above the median, as we determined previously by quantitative real-time reverse transcriptase PCR (qRT-PCR; ref. 9), dichotomized the tumors in PDE4B low and high, respectively.

**Cell proliferation and apoptosis**

The inhibitory activities of forskolin (2–40 μmol/L), 8-Br-cAMP (2 mmol/L), dexamethasone (1–1,000 nmol/L), etoposide (2–40 μmol/L), staurosporine (0.05–20 nmol/L), and rolipram (2–20 μmol/L), all from Sigma-Aldrich or A.G. Scientific, on cell proliferation and viability were determined with the CellTiter 96 Aqueous Non-Radioactive Cell Proliferation Assay (MTS; Promega). The apoptosis rate was measured with Annexin V–phycoerythrin staining followed by fluorescence activated cell-sorting (FACS) analysis according to the manufacturer’s guidelines (Apoptosis Detection Kit I; BD Biosciences) and propidium iodide (Sigma-Aldrich) staining also followed by FACS, as we described elsewhere (9). In these assays, the relevant cell lines were cultured either in FBS or in human serum–containing media, and data were collected at 48, 72, or 96 hours. Specific details on culture conditions, time
points, and range of drugs concentration are indicated in the figures and figure legends.

**CAMP quantification**

Intracellular CAMP levels were measured using the Parameter CAMP Assay Kit (R&D Systems), according to the manufacturer's instructions. To modulate CAMP concentrations, the relevant cell lines were treated with forskolin, an adenylyl cyclase activator, and/or rolipram, a pan-PDE4 inhibitor (both purchased from Sigma). In brief, the PDE4B-high cell lines (Ly1, Ly3, and Ramos) were treated with forskolin (20–40 μmol/L) in the presence or absence of rolipram (20 μmol/L) for up to 72 hours. The genetically modified PDE4B-low DHL6 cell line was treated with forskolin (40 μmol/L) for 15 minutes.

**Genetic modulation of PDE4B and AKT in DLBCL**

The generation of DHL6 cell lines stably expressing a retrovirus construct (MSCV-eGFP) encoding the PDE4B-WT, PDE4B-PDE inactive (PDE4B-PI), or constitutively active (CA)-AKT has been reported previously (9). To create Ramos cell lines stably expressing PDE4B-specific short hairpin RNA (shRNA) constructs, we cloned previously validated targeting sequences (PDE4B#2, 5'-GCCUAAACAUAACGAU-3', PDE4B#5, 5'-GCAUCUCACCUCGU-UGGAGU-3') into the pSilencer 4.1-CMV vector (Ambion). These constructs, and a shRNA-control–containing vector, were electroporated into Ramos cells with a Gene Pulser II

**AKT and mTOR activity**

The impact of PDE4B and CAMP levels on AKT/mTOR was determined by immuno blotting with anti-phospho-AKT (S473), phospho-S6K (T389), phospho-4E-BP1 (T37/46), all from Cell Signaling Technology, and anti-MCL1 antibody (Santa Cruz Biotechnology). Loading control antibodies included β-actin and α-tubulin (Sigma-Aldrich).

**Xenograft model of human B-cell lymphoma and in vivo imaging**

Ramos cells were transduced with a retrovirus encoding the luciferase gene, and stable populations were established with neomycin selection. Subsequently, 2 independent cohorts (n = 20 and n = 9) of 5-week-old nude mice (Harlan) were sublethally irradiated (400 cGy) and inoculated with 2 × 10⁶ cells in the right flank. Three days after cell implantation, mice were subjected to noninvasive bioluminescent imaging (IVIS Spectrum; Caliper Life Sciences, as we described (19), and randomized into the following treatment groups: vehicle [1% dimethyl sulfoxide (DMSO) in distilled water], dexamethasone (15 mg/kg in distilled water), rolipram (10 mg/kg, 1% DMSO in distilled water), or combination of dexamethasone and rolipram, all administered daily in the peritoneal cavity. Treatment efficacy was monitored with weekly imaging and photon flux quantifications, and experiments were terminated when tumors were larger than 1 cm³ or mice became moribund. These studies were approved by the IACUC of the UTHSCSA.

**Statistics**

The statistical significance of all in vitro assays was determined with a 2-tailed Student's t test or with oneway ANOVA with the Student–Newman–Keuls multiple comparisons test. The statistical values of the differences between the multiple treatment groups studied in vivo were determined with the Kruskal–Wallis test. In all instances, P < 0.05 was considered significant. Data analyses were done with Prism software (version 5.0; GraphPad) and Excel software (Microsoft). Dose–effect curves were calculated with the CalcuSyn software (Biosoft) and used to generate the combination index (CI), reflecting the synergistic activity of the drugs tested.

**Results**

**A gene expression signature shared by DLBCL expressing high levels of PDE4B and ALL resistant to GC**

We showed that PDE4B activity controls PI3K/AKT signals in DLBCL (9), whereas Wei and colleagues independently determined that the AKT/mTOR pathway regulates GC sensitivity in ALL (14). Together, these data led us to hypothesize that PDE4B, by regulating the inhibitory effects of cAMP toward AKT, may play an important role in the resistance to GCs found in subsets of lymphoid cancers. We reasoned that if this hypothesis was correct, PDE4B expression should impinge on the same genes/pathways that control GC response in malignant lymphocytes and that the gene signatures of GC resistance and PDE4B overexpression should be related, even if determined in distinct tumor types. To test this concept, we used gene set enrichment analysis (GSEA) (20) and found a significant enrichment of "GC resistance" genes in the expression signature of PDE4B-high DLBCLs [false discovery rate (FDR) = 0.19; Fig. 1A and Supplementary Table S1].

**PDE4B expression and CAMP levels associate with AKT/mTOR activity and GC response in B-cell lymphomas**

The positive results obtained in the GSEA gave us the impetus to test the impact of PDE4B expression/activity on the response to GC found in lymphomas. Toward this end, we used a panel of B lymphoma cell lines expressing low/null or high levels of PDE4B as defined by mRNA
expression (Supplementary Fig. S1A), which is highly correlated with previously defined protein expression (9). As we have reported earlier (9, 11), these cell lines present with low basal activity of adenylyl cyclase and, without proper stimulation, lack intracellular cAMP. Thus, to fully capture the relevance of PDE4B activity in this context, we experimentally increased intracellular cAMP with the adenylyl cyclase activator forskolin or with the cell-permeable synthetic cAMP 8-Br-cAMP.

On examining 5 independent B lymphoma cell lines, we found that in the presence of cAMP, tumors expressing low levels of PDE4B were markedly more sensitive to dexamethasone-induced apoptosis than B-cell lymphomas expressing high PDE4B levels (P < 0.05, one-way ANOVA test). Data shown were collected 48 hours after drug exposure, represent the mean of 2 independent experiments, and normalized to apoptosis rate of cells exposed exclusively to dexamethasone; normalization by forskolin yields mostly the same result. C, Western blot analyses of PDE4B-low and -high cell lines following rapid elevation of intracellular cAMP levels (forskolin 40 µmol/L for 60 minutes) show significant inhibition of AKT (S473), S6K, and 4E-BP1 phosphorylation in a PDE4B-dependent manner. Actin immunoblotting confirms equal protein loading.

To further define the relationship between cAMP/PDE4B, AKT/mTOR, and GC sensitivity in B-cell lymphomas, we also determined the phosphorylation levels of AKT and 2 mTOR-regulated proteins in our model. As shown in Figure 1C (and Supplementary Fig. S1F), cAMP markedly inhibited the phosphorylation of AKT (S473), S6K, and 4E-BP1 (the latter two are surrogate markers for mTOR inhibition) in a PDE4B-dependent manner. Furthermore, we showed that the cAMP-mediated downregulation of this pathway is readily detectable in normal mature B cells (Supplementary Fig. S1G), thus defining the physiologic relevance of these signals and highlighting the role of the abnormally high PDE4B expression in blocking this growth inhibitory axis in B-cell lymphomas.

In addition, because recent data have suggested a correlation between the pretreatment levels of the antiapoptotic protein MCL1 and GC response in MLL-translocated AILs...
(21), we also measured the expression of this antiapoptotic protein in our lymphoma models. In the group of cell lines analyzed, MCL1 baseline expression did not per se predict GC response (Supplementary Fig. S1H), although, as we will show later, MCL1 can be downregulated by cAMP in a PDE4B- and AKT-dependent fashion. Finally, c-MYC expression has been suggested to influence GC sensitivity in ALL (22). However, in the DLBCL cell lines studied here, c-MYC status [activated by a translocation t(8;14) in Ramos and DHL10, or wild type in Ly1, Ly3, and DHL6; refs. 23, 24], appear to not segregate with the degree of GC sensitivity.

**PDE4B and AKT are central regulators of GC sensitivity in DLBCL**

The aforementioned data defined an association between PDE4B expression and GC sensitivity, which related to cAMP-mediated inhibition of AKT/mTOR. To move beyond these correlative analyses, and firmly establish the roles of PDE4B and AKT in regulating GC response in B-cell lymphomas, we generated DLBCL models stably expressing PDE4B (WT and PI) or a constitutively active (myristoylated) AKT protein (CA-AKT). We found that reconstitution of PDE4B-WT expression in the PDE4B-null and GC-sensitive DHL6 cell line rendered these cells significantly more resistant to dexamethasone (P < 0.05, 2-tailed Student’s t test) than their isogenic counterpart expressing a PI mutant, or the parental cell line (Fig. 2A), thus indicating that the regulation of GC response in this context is related to the enzymatic activity of PDE4B, as confirmed by measurements of intracellular cAMP levels (Supplementary Fig. S2A). In addition, ascertaining the central role of AKT in transducing cAMP effects and controlling GC responses in B-cell lymphomas, we showed that the GC-sensitive DHL6 cell line stably expressing CA-AKT became resistant to dexamethasone to the same extent as their isogenic counterparts ectopically expressing PDE4B (Fig. 2A). These results indicate that most, if not all, of the cAMP-mediated PDE4B-controlled GC responses observed in B-cell lymphomas are transduced by AKT. In agreement with this concept, in the PDE4B-WT and CA-AKT expressing cells, cAMP did not inhibit AKT/mTOR phosphorylation, whereas these effects were preserved in PI-mutant expressing cells (Fig. 2B). Furthermore, we show that cAMP, in a PDE4B- and AKT-dependent manner, also inhibits the expression of MCL1 (Fig. 2B). These data agree with a previous observation that placed MCL1 downstream to AKT in regulating GC resistance in ALL (14, but they also highlight the novel role of cAMP/PDE4B in controlling these events. Together, our data suggest that high PDE4B expression in B-cell lymphomas contributes to GC resistance by blocking cAMP inhibitory effect on the AKT/mTOR pathway and its downstream components.

Because AKT has a wide range of activities, we found necessary to establish that in the present context, its constitutive activation was primarily leading to a blockade in the transduction of cAMP signals and not interfering with other relevant physiologic processes. To address this possibility, we first compared the intracellular levels of cAMP in PDE4B-WT DHL6, PDE4B-PI, and CA-AKT cells. Upon exposure to forskolin, cAMP levels were similarly raised in the PDE4B-PI and CA-AKT cells, despite the fact that the latter were resistant to cAMP-controlled GC sensitization, and in both cases at significantly higher levels than in the PDE4B-WT expressing cells (P < 0.05, one-way ANOVA test, Supplementary Fig. S2A); these data show that AKT does not interfere with the generation of cAMP. Next, we examined whether the previously reported link between induction of GR expression by cAMP and restoration of GC sensitivity (25, 26) accounted for our results. Here, we tested whether CA-AKT expression was interfering with
cAMP-mediated GR regulation. Our data showed that despite being resistant to cAMP-controlled GC sensitization, in the CA-AKT lymphoma cells, GR expression was promptly induced by cAMP (Supplementary Fig. S2B). Finally, we showed that the GC resistance acquired by the CA-AKT expressing cells was not a general growth advantage phenomenon; in these assays, we found that in the absence of cAMP, CA-AKT lymphomas proliferated at the same rate and responded to dexamethasone in the same manner as their isogenic counterparts expressing PDE4B-WT and PDE4B-PI cells (Supplementary Fig. S2C).

Taken together, these results establish PDE4B as an important regulator of GC efficacy in lymphomas, indicate that a functional AKT pathway is critical for the cAMP/PDE4B-controlled restoration of GC activity, and show that induction of GR expression does not fully account for the improved GC response that follows PDE4B inhibition/cAMP elevation in lymphocytes.

Genetic and pharmacologic inhibition of PDE4B in B-cell lymphoma restores GC sensitivity

In vitro. Up to this point, we have used genetic models of PDE4B gain of function to establish the role of this enzyme in controlling GC responses in B-cell lymphomas. However, our ultimate objective is to test in the clinic the potential of pharmacologic PDE4B inhibition as a rational strategy to reverse GC resistance in lymphoid malignancies. To address this translational aspect of our research, we
examined the effects of rolipram, a prototypical PDE4 inhibitor (13), in 3 independent GC-resistant lymphoma cell lines that express high levels of PDE4B. In each instance, PDE4 inhibition with rolipram, in the presence of cAMP, significantly increased the antilymphoma effects of dexamethasone (Fig. 3A–C, P < 0.05, 2-tailed Student’s t test, and Supplementary Fig. S3A) in a highly synergistic manner (CI <0.1 in all 3 cell lines tested, as determined by isobologram analysis using the CalcuSyn Software, Supplementary Table S2 and Supplementary Fig S3B). Showing the specificity of these effects, exposure to rolipram was accompanied by elevation of intracellular levels of cAMP (Supplementary Fig. S3C) but did not impact on the effectiveness of 2 broad-spectrum chemotherapeutic agents (Supplementary Fig. S3D). Finally, confirming the central role of PDE4B in regulating cAMP effects toward AKT/mTOR, and on the relevance of this pathway in controlling GC sensitivity in B-cell lymphomas, rolipram treatment was accompanied by a decrease in the phospho levels of AKT, S6K, and 4EPB1 (Fig. 3D).

Our earlier data pointed to PDE4B as the critical PDE in the controlling cAMP signals in malignant B cells (4, 9, 11). Thus, to confirm the specificity of the pharmacologic observations derived from the use of rolipram, we created B lymphoma cell lines stably expressing 2 independent shRNA constructs targeting the PDE4B gene. These cells showed downregulation of PDE4B, elevated intracellular cAMP levels (Supplementary Fig. S3E and F), and more importantly became sensitive to dexamethasone activity (Fig. 3E). Of note, we were consistently unable to isolate stable polyclonal or monoclonal B-cell populations displaying a substantial knockdown of PDE4B expression (e.g., >80%), using multiple RNA interference strategies, and only those cells with more modest downregulation of this gene (~40%) were rescued for downstream experiments. We attribute these findings to the addiction of B lymphoma cells to low levels of cAMP and loss of viability with continuous suppression of this gene. Nonetheless, although in the cell populations that we analyzed the shRNA effects on PDE4B expression were only moderate (Supplementary Fig. S3E), they readily led to increase in intracellular cAMP levels (Supplementary Fig. S3F) and improvement in dexamethasone activity (Fig. 3E).

**In vivo.** To determine whether PDE4 inhibition could also reverse GC resistance in a more relevant setting, we tested the efficacy of dexamethasone, rolipram, or their combination for the treatment of a xenograft model of human lymphoma with noninvasive luminescent imaging capability. In these assays, the mice were inoculated subcutaneously with the aggressive B lymphoma cell line Ramos (PDE4B-high, GC-resistant) constitutively expressing the luciferase gene. Seventy-two hours after tumor implantation, the mice were imaged, assigned to distinct treatment group, and followed weekly with luminescence imaging. Consistent with our *in vitro* results, within 2 to 3 weeks of treatment, mice from two independent cohorts that received a combination of rolipram plus dexamethasone had a significantly better clinical response with a pronounced inhibition in tumor growth than those receiving vehicle or single agents, in association with down-modulation of phospho-AKT signals (Fig. 4A and Supplementary Fig. S3G; P < 0.05, Kruskal–Wallis test).

**PDE4B expression and AKT activity in primary DLBCLs**

We mechanistically defined using *in silico* investigations, and *in vitro* and *in vivo* studies in lymphoma cell lines, a novel interplay between PDE4B-controlled cAMP effects...
and AKT/mTOR activities, with major relevance to GC sensitivity. As a next step in our investigation, we aimed to confirm that this cross-talk is also present in primary lymphoma samples. This is also relevant because it could establish the potential of PDE4B measurements in association with AKT/mTOR activity in the design of biomarker-guided trials aimed at restoring GC response in B-cell malignancies. To achieve these goals, we recently identified guided trials aimed at restoring GC response in B-cell lymphoma samples. This is also relevant because it could confirm that this cross-talk is also present in primary DLBCL. As a next step in our investigation, we aimed to confirm that this cross-talk is also present in primary DLBCLs (Fig. 5).

**Discussion**

The mechanistic basis for GC resistance in B-cell tumors remains ill defined. Early investigations had tentatively linked this event to loss-of-function mutation, defective expression, or specific promoter usage of the GR gene (27, 28). However, studies in large and well-characterized ALL cohorts did not confirm these hypotheses (29, 30).

Interestingly, cAMP has long been known to modulate GR expression, and initial studies suggested that the benefits of this second messenger on GC sensitivity were related to GR induction (25). Still, we found that although GR expression in DLBCL is indeed induced by cAMP, it did not influence GC sensitivity. Rather, we showed that the cAMP-mediated inhibition of AKT/mTOR is the central event needed to reinstate GC sensitivity in B-cell lymphomas. Additional studies will ascertain whether the cAMP-mediated induction of GR expression could also play role in the downmodulation of AKT/mTOR functions. In fact, our results agree with recent reports implicating this pathway in GC-resistant ALL (14) but refine the picture by showing that PDE4B is an important upstream regulator of AKT activity in this context. Downstream to AKT/mTOR, the antiapoptotic protein MCL1 has been suggested to be a predictor of GC resistance in MLL-rearranged infant acute lymphoblastic leukemia (21). Our preliminary data in DLBCL did not find a correlation between baseline MCL1 levels and GC response, albeit cAMP lowered MCL1 levels in an AKT-dependent manner. The reason for this discrepancy is presently unclear, but it could reflect the distinct biology of immature (ALL) and mature B-cell malignancies (DLBCL) or indicate a differential...
contribution of effector proteins downstream of AKT in these tumor types, with MCL1 more relevant in specific subsets of ALL than in DLBCL. Further studies should help clarify this issue.

Our genetic models of gain or loss of function highlighted the principal role of the 4B member of the superfamily of PDEs in controlling cAMP levels in DLBCL. Nonetheless, other PDE families also have cAMP catalytic activity (e.g., PDE3, PDE7, PDE8) and a broader-spectrum PDE inhibitor may be of additional value, as recently suggested (31). Of note, considering exclusively the PDE4s, a dominance of PDE4B activities may come with an unexpected benefit, as PDE4D targeting has been linked to the most common side effect (emesis) found with the clinical use of broad-spectrum PDE4 inhibitors (32). Thus, development of compounds with preferential activity to PDE4B versus other PDE4s, in particular PDE4D, should be sought, as they may have improved tumor-suppressing properties with more limited adverse effects.

Our preclinical data and examination of primary tumors also instruct on the design of clinical trials aimed at testing PDE4 inhibitors in B-cell cancers; these should be genomic-driven and perhaps restricted to patients with high levels of PDE4B expression and AMP-responsive PI3K/AKT/mTOR signals, with WT status of PI3K, AKT, and PTEN genes, amongst other regulators of this pathway. Furthermore, on the basis of our in vivo data, it is possible that greater clinical benefit will be achieved when PDE4 inhibitors and GCs are combined with classical chemotherapy and/or additional rationally developed agents.

Together, our data show that modulation of AMP levels, primarily via inhibition of PDE, should be clinically tested for the treatment of lymphoid malignancies. In particular, our data highlight the role of PDE4 inhibitors in restoring GC sensitivity and show that insights into disease pathogenesis can be exploited not only to identify novel targets for treatment but also to rationally overcome resistance to classical pharmacologic agents. It is possible that further elucidation of the cAMP effects on B cells, in particular the events upstream to SYK and PI3K/AKT (9, 11), will improve our appreciation of the role of this second messenger in B-cell biology and create novel opportunities for the development of therapeutic strategies in malignant, inflammatory, and autoimmune conditions.

Disclosure of Potential Conflicts of Interest

No conflicts of interest were disclosed.

Authors’ contributions

S-W. Kim designed assays, conducted experiments, and analyzed results; D. Rai conducted experiments; R.C.T. Aguiar, conceived the project, designed experiments, analyzed results, and wrote the manuscript.

Acknowledgments

We thank Dr. Kumaraguruparan Ramasamy for expert help with the animal studies.

Grant Support

This work was supported in part by a grant from the National Cancer Institute (NCI; R21CA112043), a CTSA grant (UL1RR025767), a grant from the Cancer Prevention and Research Institute of Texas (CPRIT, RP110200), all to R.C.T. Aguiar. Core resources used in this study (Flow Cytometry, Pathology and Optical Imaging) are supported by a NCI Cancer Center Grant, 2P30CA65147-17. The costs of publication of this article were defrayed in part by the payment of page charges. This article must therefore be hereby marked advertisement in accordance with 18 U.S.C. Section 1734 solely to indicate this fact.

Received March 22, 2011; revised May 31, 2011; accepted June 29, 2011; published OnlineFirst July 8, 2011.

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