

EDNRB and DCC Salivary Rinse Hypermethylation Has a Similar Performance as Expert Clinical Examination in Discrimination of Oral Cancer/Dysplasia versus Benign Lesions

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Abstract

Purpose: Promoter hypermethylation has been recently proposed as a means for head and neck squamous cell carcinoma (HNSCC) detection in salivary rinses. In a prospective study of a high-risk population, we showed that *endothelin receptor type B* (*EDNRB*) promoter methylation in salivary rinses is a useful biomarker for oral cancer and premalignancy.

Experimental Design: Using that cohort, we evaluated *EDNRB* methylation status and 8 additional genes. Clinical risk assessment by expert clinicians was conducted and compared with biomarker performance in the prediction of premalignant and malignant disease. Methylation status of 9 genes was analyzed in salivary rinses of 191 patients by quantitative methylation-specific PCR.

Results: *HOXA9*, *EDNRB*, and *deleted in colorectal cancer* (*DCC*) methylation were associated ($P = 0.012$; $P < 0.0001$; $P = 0.0005$) with premalignant or malignant disease. On multivariable modeling, histological diagnosis was only independently associated with *EDNRB* ($P = 0.0003$) or *DCC* ($P = 0.004$) methylation. A subset of patients received clinical risk classification (CRC) by expert clinicians based on lesion examination. CRC, *DCC*, and *EDNRB* were associated with diagnosis of dysplasia/cancer on univariate ($P = 0.008$; $P = 0.026$; $P = 0.046$) and multivariate analysis ($P = 0.012$; $P = 0.037$; $P = 0.047$). CRC identified dysplasia/cancer with 56% of sensitivity and 66% of specificity with a similar area under curve [AUC; 0.61, 95% confidence interval (CI) = 0.60–0.81] when compared to *EDNRB* and *DCC* combined AUC (0.60, 95% CI = 0.51–0.69), sensitivity of 46% and specificity of 72%. A combination of *EDNRB*, *DCC*, and CRC was optimal AUC (0.67, 95% CI = 0.58–0.76).

Conclusions: *EDNRB* and/or *DCC* methylation in salivary rinses compares well to examination by an expert clinician in CRC of oral lesions. These salivary biomarkers may be particularly useful in oral premalignancy and malignancy screening in clinical care settings in which expert clinicians are not available. *Clin Cancer Res*; 19(12); 3268–75. ©2013 AACR.

Introduction

Currently, in the United States, there will be more than 50,000 estimated cases of head and neck cancer in 2013 (1).

However, there has been modest improvement in survival of head and neck cancer patients in the past 3 decades (2), only 50% of patients are cured with initial therapy (2). Early

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Translational Relevance

Late head and neck squamous cell carcinoma (HNSCC) diagnosis is responsible for disease morbidity and mortality. Oral screenings have been proposed as means of prevention. Our study compares oral lesion clinical risk assessment and molecular biomarkers. The presence of gene promoter methylation in salivary rinses compares well to examination by an expert clinician in risk classification of oral premalignant and malignant lesions. Given the current costs and availability of an expert health care provider trained and experienced in oral cancer diagnosis, risk assessment with a salivary biomarker is attractive as a cost-effective means to identify higher risk patients that should be referred for expert exam and biopsy. Also, these salivary biomarkers may be particularly useful in identifying patients with lesions that seem low risk by physical examination, but are identified as high risk by epigenetic salivary biomarkers.

detection of oral cancer has been shown to lead to significantly reduced morbidity and mortality (3, 4). Studies show that visual inspection may be cost-effective for oral cancer screening (5), but also has limited sensitivity and specificity (6) and fails to detect occult disease (7, 8) as well as recurrence and second primary tumors. For these reasons, new methods for risk evaluation have been proposed. The use of body fluids, such as serum, plasma, urine, and saliva, in screening for different types of tumors, has been shown as an effective method for detecting cancer-related genetic and epigenetic alterations, including aberrant promoter methylation (9–11). Many authors have shown correlations with diagnosis and prognosis, as well-treatment response using protein, DNA, and RNA obtained from body fluids (10–12). Our group previously showed the ability of an expanded panel of CpG-rich promoters to detect HNSCC-specific promoter hypermethylation using serum and saliva rinses and real-time quantitative methylation-specific PCR (QMSP) assays (11). We also showed that promoter hypermethylation of *KIF1A* and *endothelin receptor type B* (*EDNRB*) is a frequent event in primary HNSCC and that these genes are potential biomarkers for salivary rinse detection of oral cancer (13). In this study, we evaluate the performance of a modified and expanded methylation biomarker panel for salivary rinses from a previously reported cohort of patients presenting with oral lesions, including premalignant and malignant disease. A clinical risk assessment was conducted and correlated with histological diagnosis and biomarker status.

Materials and Methods

Samples

The cohort salivary rinse specimens were collected via dental clinics associated with the NYU College of Dentistry in collaboration with the Department of Otolaryngology—Head and Neck Surgery at Johns Hopkins Medical Institu-

tions. Patients were enrolled prospectively into a trial to assess clinical and molecular determinants of risk for malignancy and premalignancy. Institutional Review Board approval was obtained before collection and a written informed consent was obtained from each subject. Patients were evaluated using a clinical risk assessment tool based upon history, visual, and physical, considering lesion site, size, and appearance. Each lesion was assigned a primary enrollment risk classification of low risk, high risk, or known cancer, as defined by the WHO Classification (14) in Table 1. If a subject had multiple oral lesions, each lesion was classified separately. Subject enrollment criteria were: (i) English and/or Spanish speaking, (ii) more than 18 years of age, (iii) the presence of a candidate oral epithelial lesion (WHO Classification criteria), and (iv) the absence of a medical condition that would prevent scalpel biopsy; and exclusion criteria were: significant bleeding disorder, lactating, or pregnant. Salivary rinses were obtained by rinsing and gargling with 20 cc of normal saline solution and also using a cotton swab to perform a brushing of oral cavity surfaces to include exfoliated cells. The collected material was then centrifuged, supernatant discarded, and the cell pellet saved for analysis. Appropriate demographic information was collected, including gender, age, race, and risk factors for malignancy, such as tobacco and alcohol consumption. Formal incisional biopsies were done on any presenting lesions with clinical suspicion for oral cancer or premalignancy and after histopathologic examination the lesions were diagnosed as: benign (with or without atypia), premalignant with epithelial dysplasia classification (mild, moderate, severe, or carcinoma *in situ*), or malignant with squamous cell carcinoma.

DNA extraction

DNA obtained from salivary rinses was extracted by digestion with 50 µg/mL proteinase K (Boehringer) in the presence of 1% SDS at 48°C overnight followed by phenol/chloroform extraction and ethanol precipitation.

Bisulfite treatment

Sodium bisulfite conversion of DNA extracted from saliva was conducted using the EpiTect Bisulfite kit (Qiagen, Inc.), according to the manufacturer's instructions. Bisulfite-converted DNA was stored at –80°C.

Gene selection

The genes used in this study are a result of a prior published biomarker discovery (11). A total of 21 informative genes were considered for this first study and were selected from 3 different sources: (i) genes with promoters that are reported as hypermethylated in HNSCC; (ii) genes with promoters that are reported as hypermethylated in other solid tumors; and (iii) gene discovery using expression microarray-based approach via unmasking of expression. The first step involved a screening evaluation, designed to eliminate targets that had an inappropriately high frequency of promoter hypermethylation in normal, control samples. It was conducted by comparing tumor samples

Table 1. Clinical risk assessment criteria

Study group	Case definitions
Low risk for malignancy	<i>Leukoplakia.</i> Adherent white patch on any oral mucosal surface, which has no apparent explanation or etiology (i.e., frictional trauma, infection). Such lesions will NOT have associated erythroplakia, ulceration, erosion, or submucosal extension/induration.
High risk for malignancy	Any of the following features, alone or in combination. May be associated with other high-risk signs and symptoms such as history of oral cancer or other cancer with metastatic potential, regional adenopathy, submucosal extension/induration, ulceration. <i>Leukoplakia:</i> Any adherent white patch on any oral mucosal surface, which has no apparent explanation or etiology but DOES HAVE associated, ulceration, erosion, or submucosal extension/induration. <i>Erythroplakia:</i> Red patch on any mucosal surface, which has no apparent explanation or etiology. <i>Erythroleukoplakia:</i> Mixed red and white patch on any oral mucosal surface, which has no apparent explanation or etiology. <i>Ulceration:</i> Any break in the oral epithelial surface, which has no apparent explanation or etiology. This may or may not be symptomatic and may be of undetermined duration. There is increased risk for malignancy with increased duration.
Known cancer	Biopsy-proven oral squamous cell carcinoma before study enrollment

(cases) with salivary rinses or serum (from controls) in a limited, random subset of both patient and controls. A salivary rinse compartments screening evaluation to compare salivary rinses (case) and salivary rinses (control) in additional limited sets of HNSCC patients and controls was also conducted. Proportions of gene methylation were compared between tumor samples (from cases) and salivary rinses or serum samples (from controls) using Fisher exact test. Sensitivity and specificity of each individual gene in detecting HNSCC were calculated along with 95% confidence intervals (CIs). We could note distinct methylation patterns as follows: (i) methylation was detected only in HNSCC but not in control; (ii) a higher frequency and higher level of methylation was noted in HNSCC compared with controls with absent methylation in a subset of control samples; (iii) a higher frequency of methylation was noted in HNSCC compared with controls but levels of methylation in specimens were similar in both groups; (iv) a similar frequency of methylation was noted in both groups (tumor and salivary rinses); however, a quantitative difference between groups was noted, and (v) methylation was noted in both HNSCC and controls at a similar frequency with no difference in methylation levels. Finally, promoter hypermethylation can be associated with age, race, or tobacco and alcohol exposure. The results included the frequency distributions area under curve (AUC), sensitivity, and specificity for each gene. Based on the above results, genes that could distinguish tumor samples (case) from salivary rinse samples (control) for binary results (either presence or absence of methylation) and an AUC > 0.60 and at least 90% specificity or sensitivity were selected for further testing on salivary rinses in a limited cohort of HNSCC patients. Receiver operating characteristic (ROC) curves for some selected panels based on the method of multivariable logistic regression modeling were constructed for salivary

rinse samples, where the single point represented the performance of the panel with a positive panel being defined as at least 1 gene of the panel presented methylation. From the initial screening of 21 genes for salivary rinses, ultimately 8 genes were selected as part of a panel to distinguish salivary rinses from HNSCC patients and healthy controls *DAPK*, *deleted in colorectal cancer (DCC)*, *MINT-31*, *TIMP-3*, *p16*, *MGMT*, *CCNA1*, and *PGP 9.5*. Of note *PGP9.5* and *TIMP-3* have an identical methylation pattern, so *PGP9.5* will be omitted from the panel to simplify analysis.

Quantitative methylation-specific PCR

Bisulfite-modified DNA was used as a template for fluorescence-based real-time PCR, as previously described (15). In brief, primers and probes were designed to specifically amplify the bisulfite-converted DNA for the *ACTB* gene and all genes of interest (Table 2). Amplification reactions were carried out in triplicate in a final volume of 10 μ L containing 1.5 μ L of bisulfite-modified DNA; 600 nmol/L of each primer; 200 μ mol/L of probe; 0.75 unit of platinum Taq polymerase (Invitrogen); 200 μ mol/L of each dATP, dCTP, dGTP, and dTTP; 200 nmol/L of ROX Reference Dye (Invitrogen); 16.6 mmol/L ammonium sulfate; 67 mmol/L Trizma (Sigma); 6.7 mmol/L magnesium chloride; 10 mmol/L mercaptoethanol; and 0.1% dimethyl sulfoxide. Thermal cycling started with denaturation step at 95°C for 3 minutes followed by 50 cycles at 95°C for 15 seconds and 60°C for 1 minute. Amplification reactions were carried out in 384-well plates in a 7900H sequence detector (Perkin-Elmer Applied Biosystems) and analyzed by a sequence detector system (SDS 2.3; Applied Biosystems). Leukocyte DNA from a healthy individual was methylated *in vitro* with excess SssI methyltransferase (New England Biolabs, Inc.) to generate completely methylated DNA, and serial dilutions of this DNA were used to construct a calibration curve for

Table 2. Primers sequences for genes used in the study

Gene	Forward 5'-3'	Probe 6FAM 5'-3' TAMRA	Reverse 5'-3'
DAPK	GGATAGTCGGATCGAGTTAACGTC	TTCGGTAATTCGTAGCGGTAGGG- TTTGG	CCCTCCCAAACGCCGA
MGMT	CGAATATACTAAAACAACCCGCG	AATCCTCGCGATACGCACCGTTTACG	GATTTTTTCGGGAGCGAGGC
P16	TTATTAGAGGGTGGGGCGGATCGC	TTATTAGAGGGTGGGGCGGATCGC	GACCCCGAACCGCGACCGTAA
TIMP3	GCGTCGGAGGTTAAGGTTGTT	AACTCGCTCGCCCGCCGAA	CTCTCCAAAATTACCGTACGCG
DCC	CGCGATTTTTGGTTTCAAGG	GGTTTTGTATTTTTCGGAGTTTTTTTG	TACCGATTACTTAAAAATACGCG
MIINT31	GAGTGATTTATTAGTTTCGTC	ACGCCGAAAAACACTTCCCAAC	CGAAAACGAAACGCCGCGA
CCNA1	TCGCGGCGAGTTTATTCG	CGTTATGGCGATGCGGTTTCGG	CCGACCGCGACAAACG
EDNRB	GGGAGTTGTAGTTTAGTTAGTT- AGGGAGTAG	TTTTTATTCGTGGGAGGAG	CCCGCGATTAAACTCGAAAA
HOXA9	AATAAATTTTATCGTAGAGCGGTAC	ACGCGTACGGTTAATGGGGGCGC	TTCGGTGTATTAAAGTTGTTATATG
ACTB	TGGTGATGGAGGAGGTTTAGTAAGT	ACCACCACCAACACACAATAAC- AAACACA	AACCAATAAACCTACTCTCC- TTAA

each plate. Normal leukocyte DNA or DNA from a known unmethylated cell line, bisulfite treated, was used as a negative control. The relative quantity of methylation in a particular sample was determined by the ratios between the values of the gene of interest and the internal reference gene (*ACTB*; average value of triplicates of the gene of interest divided by the average value of triplicates of *ACTB* × 100).

Statistical analysis

Gene methylation was dichotomized at 0 (i.e., no methylation vs. any methylation), because we did not find any improvement of change in the performance of this test based on modeling with a continuous or binary variable. The cohort was divided into subcategories of histologic outcome including benign, premalignant, and malignant. Predictors associated with head and neck cancers were evaluated as well, including age, gender, race, smoking status, and alcohol consumption. Age was analyzed as a continuous variable, whereas all other variables were considered as categorical variables. Univariate and multivariate proportional odds modeling were constructed sequentially to explore the association of the variables with histologic outcome. Variables of significance based on the univariate models ($P < 0.20$) along with those deemed to be biologically and clinically important were retained for further analysis. Simultaneous effects expressed by these variables were studied using the multivariate proportional odds model. OR were reported with 95% CIs, which indicated the strength of the association and its uncertainty.

In a second analysis, we explored the independent association of methylation with histology, by excluding patients with known cancer at initial presentation ($n = 30$). The remaining 161 patients were categorized as having benign (with or without atypia) or dysplastic/cancerous lesions. Univariate and multivariate logistic regression analyses were conducted using the same biologically and clinically important covariates as described earlier. ROC analysis was conducted to estimate classification accuracy, sensitivity,

and specificity of the predictor along with 95% CIs, and also AUC as an index of predictive power. A similar analysis was made categorizing lesions as either benign-/mild-grade dysplasia or moderate- or severe-grade dysplasia/carcinoma *in situ*/cancer (Supplementary data).

Statistical analyses were done using SAS (v9.2; SAS Institute) and STATA software (v 8.2, SAS Institute), and all statistical tests were 2-sided with $P < 0.05$ considered statistically significant. Except for the univariate analysis where we accepted any $P < 0.20$, and then subjected those variables to multivariate analysis.

Results

Cohort

A total of 191 patients were included in this study. Most of them were males (69.9%) and Caucasian (69.6%) with a mean age of 54.1 years (ranging from 18 to 90 years). Alcohol or tobacco consumption (current or past) was found in 49.4% and 72.2%, respectively. When comparing baseline characteristics, benign, dysplasia, and cancer groups were similar. A total of 67.3% of patients presenting with a benign lesion were tobacco users (former and current), 69.8% of patients with epithelial dysplasia used tobacco, and 74.3% of patients with invasive cancer were tobacco users. For alcohol consumption, these values were 70.8%, 74.4%, and 77.1% for the histologic categories, respectively.

Risk classification

Dentists, based on WHO classification, conducted clinical risk assessment and lesions were categorized as low risk and high risk for dysplasia/cancer. After biopsy, risk classification was compared with histopathologic diagnosis (Table 3).

Nine-gene methylation status

A univariate analysis was done for association between individual genes and histopathology. At least 1 methylated gene was detected in 28.3% and 32.6% of benign and

Table 3. Clinical risk assessment vs. histological diagnosis

	Low risk	High risk	Cancer	Total
Benign	75	38	0	113
Mild dysplasia	16	11	0	27
Mod. dysplasia	2	7	1	10
Severe dysplasia	3	3	0	6
Cancer	0	6	29	35
Total	96	65	30	191

pre-malignant lesions respectively, whereas 57.1% of the malignant lesions had at least 1 methylated gene. When analyzing genes separately, *EDNRB* showed the highest relative risk of association with diagnosis of malignancy as a single biomarker [OR = 3.6, 95% CI = 2.0–6.4; $P < 0.0001$], followed by *DCC* (OR = 3.3, 95% CI = 1.7–6.6; $P = 0.0005$) and *HOXA9* (OR = 2.1, 95% CI = 1.2–3.7; $P = 0.12$). Also *CCNA1*, *P16*, and *MINT31* showed associations with histopathology, when analyzed separately ($P = 0.0003$; $P = 0.031$; $P = 0.019$), however with large CIs (OR = 6.4, 95% CI = 2.4–17.4; OR = 6.9, 95% CI = 1.2–39.9; OR = 16.5, 95% CI = 1.6–171.9). *DAPK*, *TIMP3*, and *MGMT* were not associated with histopathology in this cohort.

Predictive factors

Univariate analysis of predictors showed age as the only variable associated with histopathologic diagnosis in this cohort (OR = 1.3, 95% CI = 1.1–1.6; $P = 0.014$). Neither tobacco nor alcohol consumption ($P = 0.372$ and $P = 0.435$, respectively) were significant predictors. In a multivariate analysis, after adjusting for covariates (age, race, gene methylation in any gene from the 7 gene panel, and tobacco and alcohol consumption), age remained associated with histopathologic diagnosis (OR = 1.3, 95% CI = 1.0–1.6; $P = 0.034$). *DCC* and *HOXA9* were analyzed as individual biomarkers in the multivariate analysis adjusted for age, sex, race, tobacco, alcohol, along with *DCC/EDNRB/HOXA9*, and these markers decreased the significance of age ($P = 0.051$ and 0.055, respectively). Although *HOXA9* was no longer significantly associated with histopathologic diag-

nosis on multivariate analysis, *DCC* and *EDNRB* show strong independent associations (OR = 2.8, 95% CI = 1.4–5.7; $P = 0.004$; OR = 3.1, 95% CI = 1.7–5.8; $P = 0.0003$), with histopathologic diagnosis.

DCC and *EDNRB* exhibit similar performance to risk classification

To analyze the predictive power of expert risk classification, the 161 samples were analyzed according to histopathologic diagnosis (benign $n = 113$ vs. epithelial dysplasia/cancer $n = 48$) having excluded patients that had known cancer at first presentation ($n = 30$). None of the predictors (e.g., age, sex, tobacco, and alcohol consumption) reached statistical significance on univariate analysis. Risk classification, described as low risk or high risk, was associated with histopathologic diagnosis (OR = 2.5, 95% CI = 1.3–5.1; $P = 0.008$). Again, *DCC* and *EDNRB*, as single biomarkers, were associated with histopathologic diagnosis (OR = 2.6, 95% CI = 1.1–6.1; $P = 0.026$; OR = 2.1, 95% CI = 1.0–4.4; $P = 0.046$, respectively).

A multivariate model analyzed risk classification and *EDNRB*, *HOXA9*, and *DCC* methylation status. Risk classification was again independently associated with histopathologic diagnosis in three genes analysis (OR = 2.6, 95% CI = 1.3–5.2; $P = 0.008$; OR = 2.5, 95% CI = 1.2–5.0; $P = 0.010$; and OR = 2.5, 95% CI = 1.2–5.0; $P = 0.012$, respectively) after adjusting either of these 3 genes. *DCC* and *EDNRB* methylation status had again a significant association with a dysplasia/cancer diagnosis (OR = 2.5, 95% CI = 1.1–6.0; $P = 0.037$ and OR = 2.1, 95% CI = 1.0–4.6; $P = 0.047$, respectively) after adjusting for risk classification.

To predict the accuracy of risk classification and biomarkers, sensitivity and specificity were calculated using ROC analysis (Table 4). The AUC was also calculated with a 95% CI. *DCC* as a sole biomarker, had 27% (95% CI = 15–42) sensitivity and 88% (95% CI = 80–93) specificity, with AUC of 0.57 (95% CI = 0.50–0.64) and *EDNRB* had 38% (95% CI = 24–53) sensitivity and 78% (95% CI = 69–85) specificity, with AUC of 0.58 (95% CI = 0.50–0.66) when treated as a binary variable (methylation vs. no methylation). The combination of both genes, *EDNRB* and *DCC*, improved performance somewhat (sensitivity 46%; 95% CI = 31–61 and specificity 72%; 95% CI = 62–80), with AUC

Table 4. Predictive accuracy of risk classification and markers ($n = 161$)

Predictor	Sensitivity (%; 95% CI)	Specificity (%; 95% CI)	AUC (95% CI)
Risk classification	56 (41–71)	66 (57–75)	0.61 (0.53–0.70)
<i>EDNRB</i>	38 (24–53)	78 (69–85)	0.58 (0.50–0.66)
<i>DCC</i>	27 (15–42)	88 (80–93)	0.57 (0.50–0.64)
<i>EDNRB</i> and risk classification	73 (58–85)	51 (42–61)	0.65 (0.56–0.74)
<i>DCC</i> and risk classification	69 (54–81)	59 (50–68)	0.65 (0.57–0.74)
<i>DCC</i> and <i>EDNRB</i>	46 (31–61)	72 (62–80)	0.60 (0.51–0.69)
<i>EDNRB</i> , <i>DCC</i> , and risk classification	75 (60–86)	48 (38–57)	0.67 (0.58–0.76)

of 0.60 (95% CI = 0.51–0.69). Risk classification, when analyzed as a single predictor for histopathologic diagnosis, had 56% (95% CI = 41–71) sensitivity and 66% (95% CI = 57–75) specificity, with AUC of 0.61 (95% CI = 0.53–0.70). Using logistic regression analysis, we combined risk classification and *EDNRB* methylation status, and separately risk classification and *DCC*, (sensitivity 73%; 95% CI = 58–85 and 69%; 95% CI = 54–81, respectively; specificity 51%; 95% CI = 42–61 and 59%; 95% CI = 50–68, respectively).

Finally, the combination of risk classification, *DCC* and *EDNRB* showed 75% of sensitivity (95% CI = 60–86) and 48% of specificity (95% CI = 38–57) with AUC of 0.67 (95% CI = 0.58–0.76; Fig. 1).

ROC curves corresponding to the use of gene signatures, clinical exam, and a combination of these are included (Supplementary Fig. S1).

Results categorizing lesions as either benign-/mild-grade dysplasia or moderate- or severe-grade dysplasia/carcinoma *in situ*/cancer are presented in Supplementary Tables S1 and S2.

Discussion

Late diagnosis with advanced-stage disease is the main cause of head and neck cancer morbidity and mortality (4). Although the oral cavity is an easy site for physical exam, often a delay in seeking medical care leads to the advanced stage of disease at time of diagnosis (16).

Detection of DNA methylation in salivary rinse samples is a potential noninvasive method for early diagnosis of head and neck cancer. Our group has previously shown that it is possible to correlate methylation status with overall survival and prognosis using salivary rinses (11). Also, promoter CpG islands of *KIF1A* and *EDNRB* were shown to be methylated in primary HNSCC. These highly specific salivary biomarkers were shown to be potential biomarkers for HNSCC detection (13) as well as predictors of risk in oral cavity cancer and premalignancy (17). Furthermore, salivary rinse includes microorganisms, residual food, enucleated orthokeratinized cells and for

that reason, extraction of nucleic acids, and purification must be carried out carefully for stable results. QMSP sensitivity allowed us to define methylated genes that were highly specific for tumor, and rarely or never present in any of the oral cavity sites that shed cells in salivary rinses. Also, the presence of cells from all epithelial surfaces may be helpful as potential predictor of malignant risk, as many studies show methylation as an early event on HNSCC carcinogenesis.

For this study, genes were selected using 3 criteria: (i) genes already reported in literature to be hypermethylated in head and neck cancers, (ii) genes reported as hypermethylated in other solid tumors, and (iii) genes identified via a methylation microarray based approach. The genes were tested in a pilot study with a limited cohort. Based upon specificity and sensitivity of tested genes, a panel was selected for analysis in an expanded cohort.

Our study used a cohort with mean age of 54.1 years with a history of tobacco and alcohol consumption, presenting with lesions epithelial oral lesions deemed suspicious for epithelial dysplasia or malignancy to study correlations between methylation status of select genes and cancer progression. Using univariate and multivariate analyses, only age, among predictors, was associated with histology ($P = 0.014$ and 0.034 , respectively), although tobacco and alcohol exposure are well-known risk factors for oral cancer.

Although scalpel biopsy is the gold standard method for diagnosis, it may only represent a portion of the lesion and may not be representative of all pathologic changes. Many of the molecular alterations that may indicate early stages of malignant transformation cannot be seen in the morphological analysis (18). Such diagnostic testing requires training and proper equipment. For this study, salivary rinse samples were collected by untrained personnel without previous experience in this collection protocol. The amount of DNA collected was sufficient to perform the analysis with several genes. The results obtained in this study support an easy and efficient method for oral cancer screening and potentially for prevention.

Clinical risk assessment was conducted by dentists, based on WHO classification (14), classifying lesions as high risk or low risk. The risk classification assessment associated with methylation status was statistically significant, although not all histopathological diagnoses matched the clinical risk classification (CRC; Table 3). Also in multivariate analysis risk classification was associated with histology, showing that the features of a detected oral lesion is important for early diagnosis.

Our study was able to find a significant correlation between histopathologic diagnosis and methylation status for *DCC*, *EDNRB*, and *HOXA9*, as single biomarkers. *DCC* is a putative tumor-suppressor gene at 18q21 that encodes a transmembrane protein with structural similarity to *neural cell adhesion molecule* (19), and is involved in both epithelial and neuronal cell differentiation (20). *DCC* hypermethylation has been detected in oral squamous cell carcinoma, other head and neck cancers, breast, gastric, and colon cancer (21–23). Our group has previously shown that *DCC*

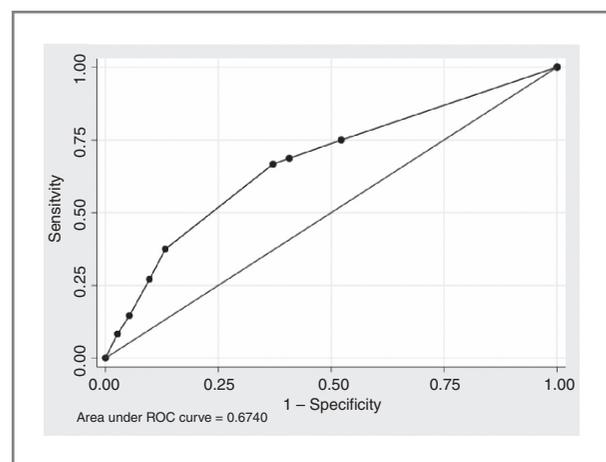


Figure 1. ROC curve showing performance of *EDNRB*, *DCC*, and risk classification.

is epigenetically inactivated by promoter hypermethylation in a majority of HNSCC cases (21). In this study, *DCC* and *EDNRB* were hypermethylated in 40% of malignant salivary rinses samples and associated with malignant histopathologic diagnosis, independent of other predictor factors such as age and tobacco/ethanol exposure. These results suggest that they can be used as single biomarkers of malignancy.

EDNRB is a G protein-coupled receptor, which activates a phosphatidylinositol-calcium second messenger system. Its ligand, endothelin, consists of a family of 3 potent vasoactive peptides: ET1, ET2, and ET3. Studies suggest that the multigenic disorder, Hirschsprung disease type 2, can be due to mutations in *EDNRB*. Pattani and colleagues (17) showed that *EDNRB* promoter hypermethylation in salivary rinses is associated with increased risk of oral cancer and premalignancy.

The *HOXA9* gene is part of the A cluster on chromosome 7 and encodes a DNA-binding transcription factor that may regulate gene expression, morphogenesis, and differentiation. A specific translocation event, which causes a fusion between this gene and the *NUP98* gene, has been associated with myeloid leukemogenesis. *HOXA9* was found to be methylated in high-grade gliomas (24) and reported as a potential biomarker for prevention and early detection in oral squamous cell carcinoma using saliva samples (25).

Association of *DCC* and *EDNRB* hypermethylation with histopathologic diagnosis was discovered from a different approach in the attempt to identify a novel panel of promoter hypermethylation markers to improve the ability to detect epigenetic changes associated with HNSCC in salivary rinses (11, 13, 17). In combining the results from both *DCC* and *EDNRB* methylation assays, we observed improvement in performance, indicating their potential as biomarkers for HNSCC.

Clinical risk assessment also appeared as an important variable in this study. When we analyzed according to histopathology (benign vs. dysplasia/cancer), risk classification presented a strong association on univariate analysis and also when associated with the 3 genes, *DCC*, *EDNRB*, and *HOXA9*, in the multivariate analysis. Also using the logistic regression model, CRC had better performance than *EDNRB* and *DCC* combined (AUC = 0.61 and 0.60, respectively), showing that a highly trained professional can be as efficient as the 2 biomarkers combined. The combination of the 3 predictive variables (*DCC*, *EDNRB*, and risk classification) improved performance (AUC = 0.67), suggesting that visual inspection when associated with a reliable biomarker, gives optimal results on disease detection and evaluation.

Clinical assessment can be good for initial risk analysis and treatment indication, helping to prevent and detect malignant or premalignant lesions in a very cost-effective manner. The use of biomarkers can have a complementary role when clinical evaluation is prejudiced and also can help to detect occult disease, analyze surgical margins, predict patient outcome and sensitivity to oncologic therapies, and reveal disease status.

Salivary rinses have shown to be useful in diagnosing infectious and autoimmune diseases, and have been showed to be very effective in the detection of aberrant methylation, gene expression, HPV detection, and also miRNA expression (13, 26–28). Our study showed that salivary rinses can be obtained by untrained professionals and also that QMSP provides a cost-effective method that allows high-throughput and rapid analysis. The use of this technique as a means of early detection of premalignant and malignant lesions reinforces its usefulness as a screening and surveillance strategy. This low invasive approach allows easier high-risk population screening that may facilitate preventive medicine, therapeutic planning, and prognostic counseling.

The presence of *EDNRB* and/or *DCC* promoter methylation in salivary rinses compares well to examination by an expert clinician in risk classification of oral premalignant and malignant lesions. Given the current costs and availability of an expert health care provider trained and experienced in oral cancer diagnosis, it is simply not feasible to screen at risk populations via expert physical examination. Therefore, risk assessment with a salivary biomarker is attractive as a cost-effective means to identify higher risk patients that should be referred for expert exam and biopsy. Also, these salivary biomarkers may be particularly useful in identifying patients with lesions that appear low risk by physical examination, but are identified as high risk by epigenetic salivary biomarkers.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

Authors' Contributions

Conception and design: K.M. Pattani, J.D. Goldberg, J.A. Califano
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***EDNRB* and *DCC* Salivary Rinse Hypermethylation Has a Similar Performance as Expert Clinical Examination in Discrimination of Oral Cancer/Dysplasia versus Benign Lesions**

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