Immune Escape Mechanisms as a Guide for Cancer Immunotherapy
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Abstract

Immunotherapy has demonstrated impressive outcomes for some patients with cancer. However, selecting patients who are most likely to respond to immunotherapy remains a clinical challenge. Here, we discuss immune escape mechanisms exploited by cancer and present strategies for applying this knowledge to improving the efficacy of cancer immunotherapy.

Introduction

The immune system is a critical regulator of tumor biology with the capacity to support or inhibit tumor development, growth, invasion, and metastasis. Strategies designed to harness the immune system are the focus of several recent promising therapeutic approaches for patients with cancer. For example, adoptive T-cell therapy has produced impressive remissions in patients with advanced malignancies (1). In addition, therapeutic monoclonal antibodies designed to disrupt inhibitory signals received by T cells through the cytotoxic T-lymphocyte–associated antigen 4 (CTLA-4; also known as CD152) and programmed cell death-1 (PD-1; also known as CD279) molecules are demonstrating long-term survival benefits for some patients with metastatic melanoma (2, 3). However, not all tumors appear to respond to these immunomodulatory maneuvers. This observation emphasizes the heterogeneity of cancer and suggests the existence of additional immunoregulatory mechanisms in many patients. A major challenge for cancer immunotherapy, therefore, lies in understanding these resistance mechanisms for selecting patients who are most likely to benefit.

A central tenet of cancer immunotherapy is that the immune system actively surveys for malignant transformation and can be induced to recognize and eliminate malignant cells. This premise was initially proposed by Thomas and Burnet in 1957 in the immunosurveillance hypothesis, which postulated a role for the immune system in controlling the development and outgrowth of nascent transformed cells (4, 5). This hypothesis has since been refined based on knowledge that the immune system cannot only protect against tumor development but can also select for tumors with decreased antigenicity and/or immunogenicity and therefore, promote tumor outgrowth. In this process termed “cancer immunoediting,” cancer clones evolve to avoid immune-mediated elimination by leukocytes that have antitumor properties (6). However, some tumors may also escape elimination by recruiting immunosuppressive leukocytes, which orchestrate a microenvironment that spoils the productivity of an antitumor immune response (7). Thus, although the immune system can be harnessed, in some cases, for its antitumor potential, clinically relevant tumors appear to be marked by an immune system that actively selects for poorly immunogenic tumor clones and/or establishes a microenvironment that suppresses productive antitumor immunity (Fig. 1).

Immune signatures for cancer immunotherapy are actively being explored across many clinical studies (8). However, unlike small-molecule inhibitors, for which the presence or absence of a target mutation may predict response, the efficacy of immunotherapy relies on the functional competence of multiple immunologic elements. For example, strategies designed to harness the antitumor potential of endogenous T cells rely on the proper execution of a series of steps that have been described in the cancer immunity cycle (9). In this cycle, tumor cells must release immunogenic tumor antigens for the priming and activation of tumor-reactive T cells. Tumor-reactive T cells must then infiltrate tumor tissue and recognize cancer cells in the context of a peptide–MHC complex to induce cancer cell death. To evade immune-mediated elimination, tumors must then develop strategies that disrupt this cycle. Therefore, predicting the clinical benefit of T-cell immunotherapy is likely to require an understanding of each of these steps as it relates to a patient’s individual tumor. Here, we discuss tumor antigenicity, tumor immunogenicity and the tumor microenvironment as key elements of this cycle that may be used to predict clinical benefit with T-cell immunotherapy and guide the development of rational combinations.

Antigenicity

The ability of the immune system to distinguish between normal and malignant cells is fundamental to cancer immunotherapy and relies, in part, on malignant cells retaining sufficient antigenicity. Tumors can express a variety of nonmutated and mutated antigens that have the potential to elicit tumor-specific immune responses (10). However, to avoid immune-mediated elimination, cancer cells may lose their antigenicity. Loss of
antigenicity can arise due to the immune selection of cancer cells that lack or mutate immunogenic tumor antigens as well as through the acquisition of defects in antigen presentation [e.g., loss of major histocompatibility (MHC) expression or dysregulation of antigen processing machinery; ref. 6]. As a result, knowledge of the antigenicity of malignant cells may inform the potential susceptibility of a cancer to immune elimination by endogenous T cells.

Tumor antigens can be derived from viral proteins, proteins encoded by cancer-germline genes, differentiation antigens, and proteins arising from somatic mutations or gene rearrangements (10). However, because malignant cells across patients and even within the same patient can be quite different, it remains unclear how to effectively quantify the antigenicity of a cancer. One approach might be to determine the frequency of somatic mutations within a cancer as a predictor of neoantigens. Until recently though, it was unclear whether mutated proteins that produce “neoantigens” could even serve as effective targets for cancer immunotherapy. Recent studies have now demonstrated that T cells recognizing neoantigens infiltrate tumor tissue and can mediate strong tumor regressions after ex vivo expansion and adoptive transfer (11–13). These findings raise the possibility that tumor mutational frequency might correlate with responsiveness to immunotherapy (14).

Mutational analysis of solid tumor malignancies has recently revealed significant variability with some immunogenic cancers, such as melanoma, displaying a high mutation rate and other nonimmunogenic cancers, such as PDAC, showing a low mutation rate (15, 16). Although this finding has sometimes been used to explain the poor immunogenicity of cancers such as pancreatic...
ductal adenocarcinoma (PDAC), it is also important to note that some cancers, such as renal and bladder, despite being characterized by few somatic mutations have demonstrated significant responsiveness to immunotherapy (3). Thus, at this time it remains unclear whether mutational status alone can be used to effectively identify patients with highly antigenic tumors. Certainly, not all neoantigens produced by mutations will necessarily be strongly immunogenic, and nonmutated antigens may also represent key targets for cancer immunotherapy (10).

Even if a tumor expresses sufficient immunogenic antigens, immune detection is dependent on the capacity to present antigen in the context of a peptide–MHC complex. Thus, a more effective approach to addressing antigenicity may be to assess the capacity of malignant cells to present antigen. For example, tumors that lose MHC expression or acquire defects in antigen presentation may escape immune-mediated elimination by tumor-specific T cells. To this end, downregulation of MHC class I molecules has been found in approximately 20% to 60% of common solid malignancies, including melanoma, lung, breast, renal, prostate, and bladder cancers (17). Moreover, changes in MHC expression are observed to correlate with the clinical course in some malignancies (17, 18). Beyond MHC alterations, components of antigen presentation machinery have also been found to be dysregulated in human tumors at the epigenetic, transcriptional, and posttranscriptional levels (17).

For more than a decade, it has been recognized that intact antigen presentation machinery, including MHC expression, in malignant cells is critical for T cell–dependent antitumor immunity (19, 20). More recently, this knowledge has been underscored by findings showing that MHC class I and II molecules can be used as independent prognostic factors for colorectal cancer (21) and for predicting the efficacy of immunotherapy in bladder cancer (22) and chemotherapy in ovarian cancer (23). Together, we believe that these data strongly argue a role for MHC class I/II testing of tumor tissue as a measure of antigenicity to identify patients who are most likely to benefit from T-cell immunotherapy. We are mindful, though, that there are likely to be challenges with this approach, including the capacity of MHC expression to be enhanced in response to cytokines, such as interferons, which may be induced by T-cell immunotherapy. In addition, tumor biopsies to assess for MHC expression are unlikely to account for the significant level of cancer cell heterogeneity that can be seen within tumors and even between tumor lesions within the same patient. Despite these potential drawbacks though, we propose that knowledge of the antigenicity of a patient’s cancer informed through MHC testing may provide key insights into how to effectively personalize immunotherapy.

**Immunogenicity**

Tumors that retain sufficient antigenicity for immune recognition can escape elimination by decreasing their immunogenicity. For example, IFNγ produced by tumor-infiltrating lymphocytes can induce the upregulation of the immunoinhibitory molecule PD-L1 on malignant cells (24). Across a variety of tumor types, membranous PD-L1 expression by tumor cells has been shown to strongly correlate with lymphocyte-rich regions of a tumor and with objective responses to anti–PD-1 antibody therapy (25). These findings suggest that PD-L1 expression may be used to define a tumor that is responsive to immunotherapy. However, not all PD-L1+ tumors are associated with immune infiltrates and some PD-L1+ tumors do not respond to anti–PD-1 immunotherapy (24). Thus, additional markers of tumor immunogenicity will be needed, which may involve other immune checkpoint molecules (e.g., galectin 9) expressed on tumor cells and surrounding stromal cells and/or the expression of negative regulatory markers present on tumor-infiltrating lymphocytes (e.g., PD-1, LAG-3, TIM-3, VISTA, CD244, CD160, and BTLA; refs. 26, 27). Similar to PD-1/PD-L1, these molecular pathways can act to fine-tune the cellular fate of tumor-infiltrating T cells. In fact, it is likely that some redundancy exists between these immunoinhibitory pathways and PD-1/PD-L1 such that individual or combinations of therapies that disrupt signaling through these alternative immunoregulatory pathways may also alter the balance between activation and inhibitory signals received by T cells and lead to productive antitumor T-cell immunity (28). The challenge, though, will be in understanding how to select patients for a particular immunomodulatory therapy as combination therapies may unveil increased toxicity (29). As such, it may be necessary to administer therapies sequentially, particularly because modulation of the immune microenvironment due to improved T-cell functionality may induce alternative mechanisms of immune evasion (30). This concept implies that the immunogenicity of cancer as suggested by the immunoeediting theory is a dynamic process that is shaped by the phenotype of the surrounding microenvironment.

**Tumor Microenvironment**

Leukocyte infiltration into tumor tissue and recognition of malignant cells is necessary for successful immune-mediated elimination. However, significant variability in the leukocyte infiltrate can be seen across tumors of different tissue types (31). For example, effector T cells are observed to infiltrate tumor tissue in some solid malignancies such as melanoma and breast carcinoma, but are rarely observed to infiltrate other malignancies such as PDAC. Although the immune response seen in each of these tumor types may initially act to inhibit tumor development, increasing evidence suggests that in some tumors, such as breast carcinoma and PDAC, tumor-infiltrating leukocytes may coordinate an active site of “immune privilege” that spoils the productivity of antitumor immunity (32). In support of this hypothesis, strategies that reverse immune suppression through elimination of immunosuppressive cell populations have been found to restore T-cell infiltration into tumor tissue and the capacity of T cells to mediate antitumor activity (33–35). These findings suggest that some tumors may retain sufficient antigenicity and immunogenicity for recognition by tumor-specific T cells but evade immune elimination by orchestrating a suppressive microenvironment.

The ability of tumors to orchestrate an immunosuppressive microenvironment is dependent on reciprocal interactions between the tumor and host. This microenvironment has clear implications in shaping the cellular fate of tumor-infiltrating lymphocytes (8). As a result, strategies to redirect the phenotype of the tumor microenvironment from immunosuppressive to immunostimulatory may hold promise for enhancing the efficacy of T-cell immunotherapy. Achieving this therapeutic goal, though, will require knowledge of the mechanisms of immune suppression exploited by tumors. However,
immunosuppressive mechanisms that are active in tumors are likely to be highly influenced by the complexity of the cellular response that surrounds malignant cells. For example, immune-suppressive mechanisms active in tumors infiltrated by T cells may be absent from tumors wherein T cells are scarce and myeloid cells dominate. This plasticity of the tumor microenvironment may explain, in part, the challenge faced by single-agent immunotherapies and further may complicate the use of immune signatures obtained before therapy for fully guiding treatment decision making as additional mechanisms of immunoresistance may emerge during treatment. This phenomenon of emerging resistance is reminiscent of human immunodeficiency virus (HIV; ref. 36) and suggests that combination therapy will be necessary in many cases to prevent the emergence of immune escape variants.

One example of treatment-induced immunoresistance seen in cancer involves the production of indoleamine 2,3-dioxygenase (IDO) within the tumor microenvironment in response to IFNγ produced by antitumor T cells (30). IDO is an enzyme that catalyzes the degradation of the essential amino acid tryptophan to kynurenine and in doing so, drives T-cell suppression. The role of IDO as an immune resistance mechanism to immune checkpoint therapy (including anti-CTLA-4 and anti–PD-1 blocking antibodies) is supported by preclinical data (37) and is the basis for an ongoing clinical study investigating combination therapy with CTLA-4 blocking antibody ipilimumab and INC8024360, a selective inhibitor of IDO (NCT01604889).

We hypothesize that the conditional state of the tumor microenvironment is pliable and that an optimal state exists for enhanced responsiveness to T-cell immunotherapy. The capacity of single-agent immune checkpoint blockade with anti–CTLA-4 and anti–PD-1 blocking antibodies to induce sustained remissions in some patients argues that some tumors may already exist in this optimal state. The ideal goal then is to induce a shift in the tumor microenvironment toward this optimal state for tumors that would otherwise be minimally or unresponsive to T-cell immunotherapy. One approach to describing this state would be to perform molecular profiling of the tumor microenvironment. For example, melanomas characterized by a preexisting T cell–inflamed tumor microenvironment appear to display a distinct molecular profile characterized by high expression of immune suppressive mechanisms, including IDO, PD-L1, and Foxp3+ regulatory T-cells (30). Applying a similar molecular approach to tumors that are sensitive versus resistant to immunotherapy across a diverse range of cancers may provide insight into how to shift the conditional state of a tumor from immunoresistant to immunosensitive.

In addition to molecular profiling, immune profiling of cancer may also be an effective approach to define the conditional state of the tumor microenvironment for guiding treatment decisions. Immune profiling of cancer has been evaluated in many solid malignancies as a prognostic factor. In breast carcinoma, an immune signature consisting of CD68+/CD45RO+CD8+ cells correlates with reduced survival (33). This inverse relationship between CD68 and CD8 cells that infiltrate breast carcinomas supports a role for innate immunity in regulating T-cell immunosurveillance in cancer. In colorectal carcinoma, high densities of CD8+ and CD45RO+ cells predicts decreased tumor recurrence and improved survival in patients with early-stage disease (38). Moreover, examination of the type, density and location of leukocytes infiltrating tumor tissues has been shown to correlate as a better predictor of survival than histopathologic methods in patients with stage I to stage IV colorectal carcinoma (39). This observation forms the rationale for the Immunoscore, which classifies tumors based on their densities of CD8+ and CD45RO+ T cells and their location within the tumor microenvironment (i.e., invasive margin versus tumor center; ref. 40). Overall, these findings are encouraging and support the application of immune profiling as a prognostic factor. Moreover, it will also be important to understand the role of immune profiling for selecting patients who are likely to respond to immunotherapy.

Tailoring Cancer Immunotherapy

Strategies to enhance the efficacy of immunotherapy will need to consider immune escape mechanisms exploited by cancer. As discussed above, malignant cells can evade immune elimination through loss of antigenicity and/or loss of immunogenicity and by coordinating an immunosuppressive microenvironment. The degree to which a tumor exploits these mechanisms of immune evasion may vary by tumor type and even by tumor lesion. Variability in immune escape mechanisms exploited by cancer can be inferred from the treatment response heterogeneity seen to date with currently investigated immunotherapies. Overall, it is likely that cancer immunotherapy will need to consider tumor heterogeneity when selecting patients most likely to benefit.

The tailoring of cancer immunotherapy to a particular patient is an active area of investigation largely being explored as adoptive cell therapy using tumor-infiltrating lymphocytes or engineering T cells with chimeric antigen receptors (1). However, the application of immunomodulatory strategies such as immune checkpoint blockade and vaccine therapies will also require personalization. For instance, only a fraction of patients with melanoma respond to single-agent immune checkpoint blockade (i.e., anti–CTLA-4 and anti–PD-1/L1 immunotherapy). A lack of response, though, does not necessarily imply that immune checkpoint blockade has no role. For example, some patients who do not respond to anti–CTLA-4 or anti–PD-1/L1 immunotherapy may still benefit from additional strategies such as immune checkpoint blockade using anti–PD-L1 antibodies (41). This finding supports investigation of combination therapies for which impressive response rates have been observed when anti–PD-1 antibodies are combined with anti–CTLA-4 antibodies in patients with melanoma (29). Similarly, promising results have been seen in PDAC when vaccination strategies designed to induce tumor-specific T cells are combined with immunomodulatory approaches (i.e., anti–CTLA-4 blockade; ref. 42). Thus, selection of the appropriate immunotherapeutic or combination of immunotherapeutics may require a personalized approach.

For tumors that retain sufficient antigenicity and immunogenicity, immunotherapy will need to focus on strategies that boost tumor-specific immunity (e.g., vaccines and/or adoptive therapy with TILs) and enhance T-cell killing of tumor cells (e.g., immune checkpoint blockade using anti–CTLA-4 and anti–PD-L1/PD-1 antibodies). However, it is likely that these approaches will have limited efficacy for tumors that harbor defects in antigen processing and presentation and therefore, cannot be recognized by T cells. For these tumors, strategies that redirect innate immunity [e.g., natural killer (NK) cells or macrophages] with antitumor...
anti-signaling as a strategy for unveiling the antitumor activity of myeloid suppressor cells into tumors by disruption of CXCR2 recently demonstrated a role for inhibiting the trafficking and/or immunogenicity. In support of this approach, Highfill and colleagues (Fig. 2)...

Concluding Remarks

The immune system has a pivotal role in shaping tumor biology. Strategies that restore the capacity of the immune system to recognize and eliminate malignant cells have produced clinical benefit, but only for some patients. This treatment response heterogeneity may reflect the ability of tumors to adapt to immune pressure through the loss of antigenicity and immunogenicity as well as through their ability to establish an immunosuppressive microenvironment. Therefore, distinct therapeutic strategies, depending on the mechanism of immune evasion exploited by cancer, may be required for restoring productive cancer immunosurveillance. Classification of tumors based on their antigenicity and immunogenicity and on molecular and immune profiling of the tumor microenvironment may be necessary to effectively personalize cancer immunotherapy and improve clinical outcomes for more patients.

Disclosure of Potential Conflicts of Interest

G.L. Beatty reports receiving a research grant from Novartis and is a consultant/advisory board member for Incyte. No potential conflicts of interest were disclosed by the other author.

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