

Carfilzomib Weekly plus Melphalan and Prednisone in Newly Diagnosed Transplant-Ineligible Multiple Myeloma (IFM 2012-03): A Phase I Trial



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Abstract

Purpose: Carfilzomib is a novel generation proteasome inhibitor. The Carmysap trial demonstrated that twice-weekly KMP (carfilzomib, melphalan, prednisone) might challenge the MPV (melphalan, prednisone, bortezomib) standard. We sought to study KMP weekly, allowing to increase carfilzomib's dose with maintained efficacy and improved safety profile.

Patients and Methods: IFM2012-03, a phase I multicenter study of KMP weekly in elderly patients with newly diagnosed multiple myeloma (eNDMM), aimed to determine the MTD of carfilzomib. Carfilzomib was given intravenously at 36, 45, 56, and 70 mg/m²/day on days 1, 8, 15, and 22 with melphalan and prednisone, for nine 35-day induction cycles, followed by carfilzomib maintenance for 1 year. Three dose-limiting toxicities (DLT) determined MTD at the lower dose.

Results: Thirty eNDMMs were treated, 6 per cohort at 36, 45, and 56 mg/m² and 12 at 70 mg/m². There was one DLT at

36 mg/m² (lymphopenia), one at 45 mg/m² (lysis syndrome), two at 56 mg/m² (cardiac insufficiency and febrile neutropenia), and two at 70 mg/m² (vomiting and elevated liver enzymes). The safety profile was acceptable; however, specific attention must be paid to the risk of cardiovascular events, especially for elderly patients. The overall response rate was 93.3%, with 46.6% complete response.

Conclusions: The MTD dose of carfilzomib was 70 mg/m² in this KMP weekly study in eNDMM. Response rates, and especially CR rate, were remarkable in this population, and would benefit from being assessed in a larger-scale study. The IFM2012-03 study demonstrated that the MTD of carfilzomib weekly is 70 mg/m² in eNDMM, and 56 mg/m² for patients older than 75 years. Carfilzomib used weekly in combination has a good efficacy and safety profile in eNDMM.

Introduction

Bortezomib in combination with melphalan and prednisone (MPV) is one of the most widely used standard-of-care regimens in previously untreated transplant-ineligible multiple myeloma

(eNDMM; refs. 1, 2). Significant improvements were made to the MPV regimen design in the last 15 years, such as subcutaneous administration of bortezomib and weekly instead of twice-weekly schedule (3). MPV regimens modified with weekly bortezomib

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Note: Supplementary data for this article are available at Clinical Cancer Research Online (<http://clincancerres.aacrjournals.org/>).

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Translational Relevance

Carfilzomib (K) is a novel generation proteasome inhibitor with a different safety profile from bortezomib. The Carmysap trial demonstrated that twice-weekly KMP (carfilzomib, melphalan, prednisone) might challenge the MPV (melphalan, prednisone, bortezomib) standard. We sought to demonstrate that KMP with carfilzomib weekly can provide good efficacy and improve convenience and safety profile. IFM 2012-03, a phase I multicenter study of KMP weekly in elderly patients with newly diagnosed multiple myeloma (eNDMM), aimed to determine the MTD of carfilzomib. The MTD dose of carfilzomib was 70 mg/m². Response rates, and especially CR rate, were remarkable in this population. Even though KMP might not be approved in eNDMM, it is likely that carfilzomib will be used in other regimens in future studies. This study confirms that carfilzomib used weekly has a good efficacy and safety profile and can be combined with other multiple myeloma molecules.

induced similar responses rates and survival than twice weekly, because the actual delivered dose of bortezomib was similar or even higher than the actual delivered dose in the MPV regimen with twice-weekly bortezomib (4–7). Despite these advances, toxicity issues remain, that hamper the ability to administer MPV optimally and for a prolonged treatment period (2, 8).

Carfilzomib is an epoxyketone proteasome inhibitor that binds selectively and irreversibly to the constitutive proteasome and immunoproteasome (9). In a preclinical model, carfilzomib was shown to produce more potent antimyeloma activity than bortezomib (10). Furthermore, this new-generation proteasome inhibitor has a different safety profile from bortezomib, with a very low incidence of neuropathy (11, 12). Carfilzomib's favorable safety profile allows the use of an increased dose and prolonged duration of treatment, resulting in a more potent proteasome inhibition than with bortezomib.

The Intergroupe Francophone du Myélome (IFM) Carmysap phase I/II trial of twice-weekly carfilzomib plus MP (KMP) identified the MTD of carfilzomib at 36 mg/m² in patients with eNDMM (13). Efficacy was remarkable with an overall response rate of 90% across 50 evaluable patients treated at the MTD, a median progression-free survival (PFS) of 21 months [95% confidence interval (CI); 18.2–23.1] and a projected 3-year overall survival (OS) rate of 80%. The safety profile appeared acceptable in this transplant-ineligible population at the MTD. Similar to what has been observed with bortezomib, it has been hypothesized that a weekly administration of carfilzomib, more convenient, would improve patients' compliance and result in a longer time on treatment than the twice-weekly schedule. The administration of carfilzomib has thus then been evaluated on a weekly schedule. The phase I/II Champion study of weekly carfilzomib with dexamethasone was performed in relapsed or refractory multiple myeloma. In this study, carfilzomib at 70 mg/m² had an acceptable safety profile and led to an overall response rate (ORR) of 77% and a median PFS of 12.6 months (14).

On the basis of these data, we hypothesized that in the KMP regimen, carfilzomib could be as effective weekly as the twice-weekly standard in patients with eNDMM. Given its positive safety profile, the dose of carfilzomib weekly could be increased compared with twice weekly.

Patients and Methods

Study

IFM (Intergroupe Francophone du Myelome) 2012-13 (Carmysap weekly) is a phase I, multicenter, single-arm, dose escalation study investigating carfilzomib administered on a weekly schedule in combination with melphalan and prednisone for transplant-ineligible patients with untreated multiple myeloma (eNDMM). Two Belgian and 42 French IFM centers participated in this study.

This study was conducted in accordance with the Conference on Harmonization Guidelines for Good Clinical Practice. Institutional Review Board approval was obtained and the study was registered at ClinicalTrials.gov under the following number: NCT02302495. The sponsor designed the study in collaboration with the investigators, and collected, analyzed, and interpreted the data in conjunction with the investigators.

Objectives

The primary objective of the study was to determine the incidence of dose-limiting toxicities (DLT) during the first cycle of carfilzomib weekly in KMP and to define the MTD of carfilzomib.

Secondary objectives were to determine the safety profile (incidence and severity of adverse events) of carfilzomib weekly at each dose level, to evaluate the response rate during the first 9 cycles and during maintenance, to evaluate the PFS (defined as the time from enrollment until disease progression or death from any cause) and OS (defined as the time from enrollment until the date of death or the date the patient was last known to be alive).

Study design

In this dose escalation study, 6 patients were to be included per cohort. Four cohorts were initially planned at 36, 45, 56, and 70 mg/m² of carfilzomib weekly, and per DMC request (Data Monitoring Committee, or DSMB Data and Safety Monitoring Board), a second 70-mg/m² cohort was recruited upon protocol amendment. The amendment was aimed at increasing hypertension and fluid overload awareness on carfilzomib treatment. Rules to better manage these adverse events were provided. In particular, hydration was limited to 250 to 500 mL intravenously at each administration of carfilzomib, and oral and intravenous hydration were adapted to the risk of renal insufficiency and to the risk of fluid overload. Blood pressure was monitored during each carfilzomib administration and corrected if needed, with reintroduction of carfilzomib upon normalization of blood pressure.

If ≤2 DLTs were observed at a dose level, 6 patients were subsequently enrolled at the next dose level. If >2 DLTs were observed at a dose level, the previous dose level was identified as the MTD.

DLTs

DLTs were defined as any hematologic toxicity of grade 4 intensity or preventing administration of 2 or more of the 4 carfilzomib doses of the first treatment cycle, grade 3 febrile neutropenia, grade ≥3 gastrointestinal toxicities, any other grade ≥3 nonhematologic toxicity considered related to KMP by the principal investigator, and grade ≥3 peripheral neuropathy persisting for more than 3 weeks after discontinuation of study drugs.

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Treatment

The KMP regimen was given in induction and maintenance. During the induction, patients received oral melphalan (0.25 mg/kg) and oral prednisone (60 mg/m²) on days 1 to 4, in combination with carfilzomib intravenously weekly on days 1, 8, 15, and 22 of a 35-day cycle. Patients received up to 9 cycles of induction treatment. Carfilzomib was administered as 30-minute intravenous infusion, and the first dose (first cycle day 1) was fixed at 20 mg/m². During maintenance, patients received carfilzomib monotherapy, 36 mg/m² every two weeks for one year.

Patients

Eligible patients were 65 years of age or older and presented with symptomatic, measurable, previously untreated multiple myeloma. Additional eligibility criteria included: be able to understand and voluntarily sign an informed consent form and be able to adhere to the study visit schedule and other protocol requirements, Eastern Cooperative Oncology Group (ECOG) performance status score ≤ 2 , absolute neutrophil count $\geq 1 \times 10^9/L$, spontaneous platelet count $> 75 \times 10^9/L$, and hemoglobin ≥ 8.5 g/dL.

The main exclusion criteria included terminal renal failure that required dialysis or clearance creatinine < 30 mL/minute, history of other cancer, heart failure class 3 and 4 according to the NYHA criteria, past history of myocardial infarction within the last 6 months or uncontrolled cardiac conduction abnormalities, left ventricular ejection fraction below 45% (LVEF $< 45\%$), patients known positive for HIV or active infectious type B or C hepatitis, and female of childbearing potential. Male subjects must understand the potential teratogen risk of melphalan and the potential genotoxic risk of carfilzomib if engaged in sexual activity with a pregnant female or a female of childbearing potential.

Assessments

Efficacy assessments occurred on a 35-day basis for the first 9 induction cycles then on a monthly basis during the maintenance phase, then on a 2-month basis during the follow-up phase until

progression. Response to therapy was assessed according to the International Myeloma Working Group (IMWG) Uniform Response Criteria (15). The incidence and severity of adverse events (AE) were assessed at each patient visit and were graded according to the NCI Common Toxicity Criteria for Adverse Events (version 4.0).

Statistical analyses

Analyses were done on an intent-to-treat basis, including for analysis all patients that received day 1 cycle 1. All survival endpoints were evaluated through the Kaplan–Meier estimates and compared through the log-rank test. The estimate of the relative risk of event and its 95% CI were estimated through a proportional hazard model. All analyses were done by the unit of biostatistics, CHRU Lille.

Results

Patients

Thirty-two patients with eNDMM were recruited and 30 were treated across 5 cohorts (6 patients per cohort at 36, 45, and 56 mg/m² and 12 patients at 70 mg/m²) during this phase I study (Fig. 1). The median age was 73 years, with 43.3% of patients older than 75 years. A total of 58.6% of patients had a R-ISS score of 2 or 3. Patients' characteristics are summarized in Table 1, and patients' characteristics by cohort are presented in Supplementary Table S1. At data cutoff, 10 patients had completed therapy and 8 patients were still on therapy. The remaining patients stopped therapy during induction or maintenance (Fig. 1).

Determination of MTD of carfilzomib in the KMP regimen

There was one DLT at 36 mg/m² (grade 4 lymphopenia), one at 45 mg/m² (tumor lysis syndrome with grade 4 renal insufficiency), two at 56 mg/m² (cardiac insufficiency grade 4 and febrile neutropenia grade 4), and two at 70 mg/m² (vomiting grade 3 and elevated liver enzymes grade 3). DLTs are summarized in Table 2.

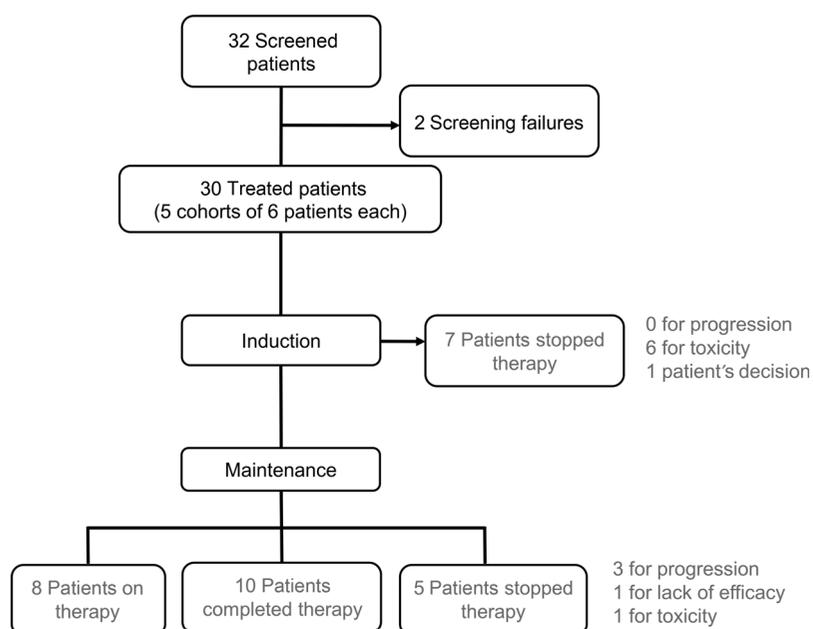


Table 1. Patient characteristics (*n* = 30)

	<i>n</i> (%) unless specified
Age, median (range)	73 (65–81)
Age > 75 years, <i>n</i> (%)	13 (43.3)
Sex ratio male/female	1.5
ISS stage ^a	
ISS 2, <i>n</i> (%)	9 (31)
ISS 3, <i>n</i> (%)	8 (27.6)
Renal insufficiency (creatinine clearance < 60 mL/min), <i>n</i> (%)	13 (43.3)
Anemia (hemoglobin < 10 g/dL), <i>n</i> (%)	12 (40)
Thrombocytopenia (platelets < 100.10 ⁹ /L), <i>n</i> (%)	2 (6.7)
β ₂ -Microglobulin (mg/L), median (range) ^a	3.7 (2.2–9)
Extramedullary disease, <i>n</i> (%)	1 (3.3)
High-risk cytogenetics [del(17p) or t(4;14)], <i>n</i> (%) ^b	3 (11.1)

^a1 missing data.^b3 missing data.

The MTD of carfilzomib weekly in KMP was thus 70 mg/m² in this study.

Response rate

For the 30 treated patients, the ORR was 93.3%, including 70% of patients achieving ≥ VGPR (very good partial response) and 46.6% ≥ CR (complete response). Response rates are summarized in Table 3. Response rates by cohort are presented in Supplementary Table S2. Median time to best response was 3 months, and median duration of response was 17.5 months (Supplementary Fig. S1).

PFS and OS

At data cutoff, 8 patients had progressed and 3 had died of whom one of cardiac dysfunction considered related to carfilzomib at 56 mg/m². With a median follow-up of 28 months, median PFS was 35.8 months, median OS was not reached. The estimated OS was 90% at 2 years. Survival curves for PFS and OS are presented in Fig. 2A and C. Of note, progression was observed across all cohorts (at 45, 56, and 70 #1) except the last cohort at 70 (70 #2), which had a shorter follow-up. Event-free survival and time to new treatment are presented in Supplementary Fig. S1.

We also wanted to assess whether prognosis factors impacted survival on KMP weekly. Patients with high-risk cytogenetic multiple myeloma seemed to have a shorter median PFS and OS than low-risk patients, even though no conclusion should be drawn given the low number of high-risk patients. In that regard, these data might point out that replacing bortezomib with carfilzomib in an MP-based combination did not improve outcome

Table 2. DLTs

<i>n</i> = 6 per cohorts, mg/m ²	DLTs
36	Grade 4 lymphopenia
45	Grade 4 tumor lysis syndrome
56	Grade 4 febrile neutropenia Grade 4 heart failure
70, cohort #1	Grade 3 nausea/vomiting Grade 3 elevated liver enzymes
70, cohort #2	None

NOTE: DLTs were defined as any hematologic toxicity of grade 4 intensity or preventing administration of 2 or more of the 4 carfilzomib doses of the first treatment cycle, grade ≥3 febrile neutropenia, grade ≥3 gastrointestinal toxicities, any other grade ≥3 nonhematologic toxicity considered related to KMP by the principal investigator, and grade ≥3 peripheral neuropathy persisting for more than 3 weeks after discontinuation of study drugs.

Table 3. Response rates (*n* = 30)

	<i>n</i> (%)
≥CR	14 (46.7)
iCR	4 (13.3)
sCR	7 (23.3)
CR	3 (10)
VGPR	21 (70)
≥CR	14 (46.7)
VGPR	7 (23.3)
ORR	28 (93.3)
PR	7 (23.3)
SD	0 (0)
PD	0 (0)
NA ^a	2 (6.7)

Abbreviations: iCR, immunophenotypic complete response; PD, progressive disease; PR, partial response; sCR, stringent complete response.

^aNo available response assessment.

of patients with multiple myeloma with high-risk features. However, it should be noted that the high-risk multiple myelomas were treated in the 45 and 56 mg/m² cohorts, and no data are available at the MTD of 70 mg/m². Even though we did not find a clear dose effect of carfilzomib in our study, one could wonder whether their outcome would have been improved with a higher dose. Survival curves according to cytogenetic risk are presented in Supplementary Fig. S2A for PFS and Supplementary Fig. S2B for OS. Interestingly, PFS and OS were quite prolonged even in these elderly multiple myeloma patients.

Furthermore, it has been extensively demonstrated that depth of response is of key importance for survival in multiple myeloma, including in elderly patients. We therefore thought to compare patients according to depth of response, and we found that patients in CR expectedly performed better than patients in VGPR. Survival curves according to depth of response are presented on Fig. 2B for PFS and Fig. 2D for OS. The lack of statistical significance could be explained by the limited number of patients included in this phase I study.

These data acknowledge that patients with poor prognosis according to cytogenetics remain so on KMP weekly, and similarly, less sensitive patients characterized with lower deep response rates also perform poorly on KMP weekly. However, PFS and OS might be considered interestingly prolonged compared with other standard of care in this frail eNDMM population.

Safety profile

For the whole cohort, 33 serious adverse events (SAE) were reported for a total of greater than 200 cycles administered of KMP. Of particular interest, 20 SAEs were reported across the carfilzomib 56 and 70 mg/m² cohorts, 6 of which were of cardiovascular origin, in 4 patients [3 cardiac failures (including 1 associated with pulmonary edema and 1 associated with pulmonary embolism), and 1 myocardial infarction]. To note, all 4 patients presented uncontrolled elevated blood pressure before the beginning of carfilzomib therapy. At least 2 cases of cardiac failure occurred during hyperhydration administered around carfilzomib infusion. These events led the DMC to request a second carfilzomib 70 mg/m² KMP cohort. Interestingly, with special attention drawn around hyperhydration and monitoring blood pressure, no grade 3/4 adverse events were recorded in this second 6-patient KMP cohort at 70 mg/m² of carfilzomib, nor any DLT.

Safety profile appeared otherwise acceptable. Adverse events observed in ≥10% of patients are presented in Table 4, and severe

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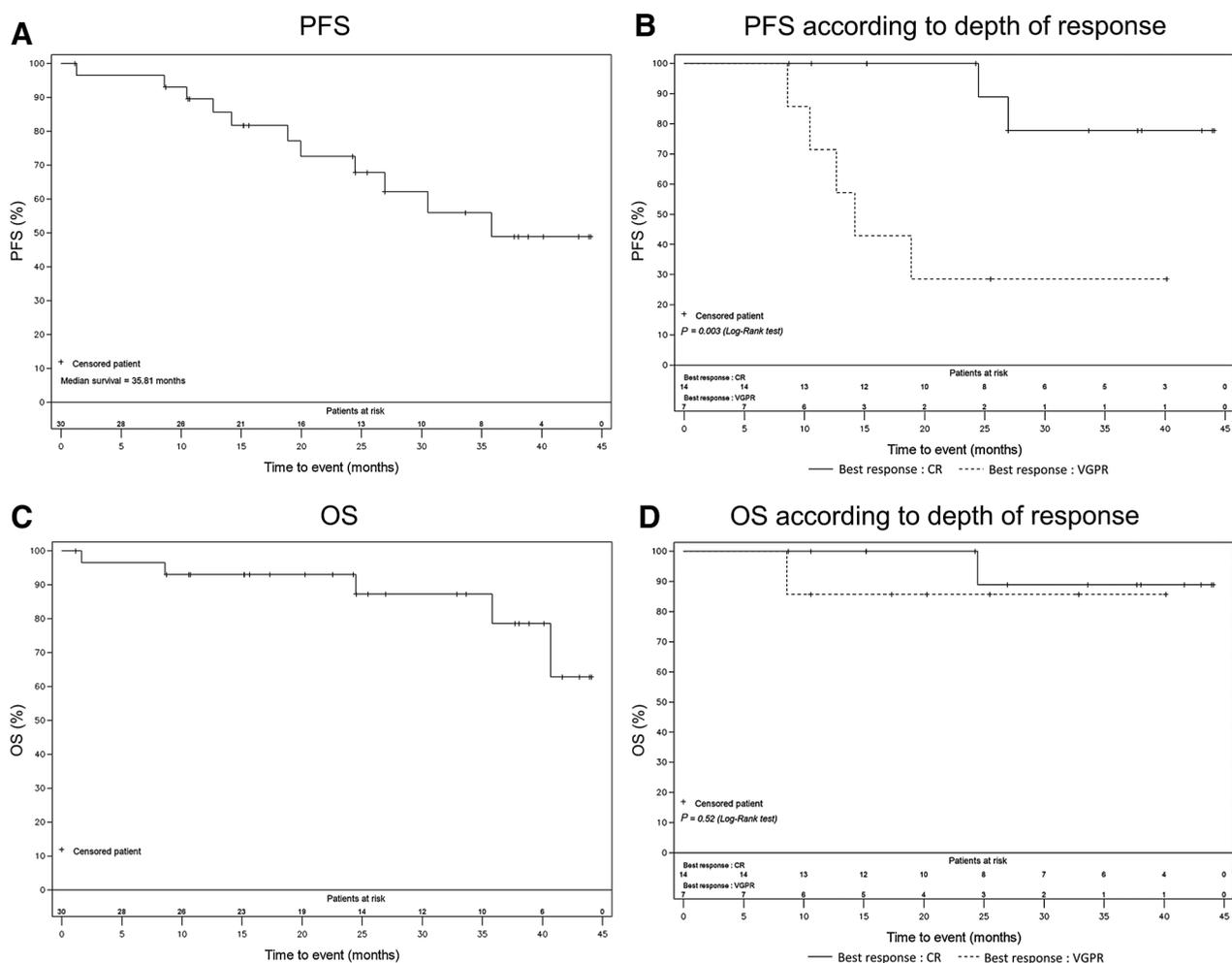


Figure 2. PFS and OS. **A**, PFS. **B**, PFS according to depth of response. **C**, OS. **D**, OS according to depth of response.

adverse events are presented in Supplementary Table S3. Serious adverse events by cohort are presented in Supplementary Table S4. The most frequent nonhematologic toxicities were gastrointestinal, including nausea, vomiting, transit disorders, and appetite loss. Hematologic toxicities were also common, although only one febrile neutropenia was reported. Among cardiovascular toxicities, hypertension was the most frequent reported adverse events.

Dose reductions and discontinuation

Overall, 12 patients discontinued the treatment among which 7 during induction and 5 during maintenance (Fig. 1). Among these 12 patients, 7 patients stopped treatment because of toxicity, 3 patients because of progression, 1 patient because of lack of efficacy, and 1 by patient decision. The toxicities leading to interruption of carfilzomib treatment were mainly of cardiovascular origin (two cardiac failures, one myocardial infarction, one pulmonary edema), along with one case of grade 4 tumor lysis syndrome, one grade 4 neutropenia and thrombocytopenia, and one grade 3 nausea/vomiting.

Interestingly, although no dose reduction was observed at 36 mg/m², one patient required a dose reduction at 45 mg/m², 4 at 56 mg/m², and 8 at 70 mg/m². Causes for dose reductions were: vomiting (4 cases), hypertension (2 cases), neutropenia (2 cases), thrombocytopenia, elevated liver enzymes, renal amyloidosis, aortic valve dysfunction, and anxiety.

Discussion

This IFM 2012-03 study aimed to evaluate the KMP weekly regimen (carfilzomib weekly plus melphalan and prednisone) in eNDMM. The primary objective of this phase I study was to determine the MTD of carfilzomib in weekly KMP, which we demonstrated to be 70 mg/m² in this study.

The DMC recommended use of carfilzomib at 70 mg/m² for patients aged below 75 years, and 56 mg/m² for patients older than 75 years, despite the observed good safety profile of the second cohort at 70 mg/m². However, we did not observe that toxicity correlated with the dose of carfilzomib and we believe that increased attention around hyperhydration and monitoring

Table 4. Summary of adverse events occurring in $\geq 10\%$ of patients across cohorts, by organ and severity ($n = 30$)

AEs, n (%)	Any grade	Grade 3-4
Blood and lymphatic system disorders		
Anemia	15 (50.0)	5 (16.7)
Lymphopenia	12 (40.0)	11 (36.7)
Neutropenia	9 (30.0)	9 (30.0)
Thrombocytopenia	11 (36.7)	7 (23.3)
Gastrointestinal disorders		
Diarrhea	6 (20.0)	2 (6.7)
Nausea	20 (66.7)	1 (3.3)
Vomiting	16 (53.3)	2 (6.7)
General disorders and administration site conditions		
Asthenia	14 (46.7)	0
Edema limbs	3 (10.0)	1 (3.3)
Fever	8 (26.7)	2 (6.7)
Infections and infestations		
Bronchitis	6 (20.0)	1 (3.3)
Urinary infection	3 (10.0)	1 (3.3)
Weight loss	4 (13.3)	0
Musculoskeletal disorders: Bone pain	3 (10.0)	1 (3.3)
Renal and urinary disorders: Acute renal failure	4 (13.3)	3 (10.0)
Respiratory, thoracic, and mediastinal disorders		
Cough	4 (13.3)	1 (3.3)
Dyspnea	4 (13.3)	3 (10.0)
Vascular disorders: Hypertension	6 (20.0)	5 (16.7)
Neurologic toxicities: Sensitive neuropathy	10 (33.3)	0

blood pressure is a better way to reduce toxicity, than to lower the dose of carfilzomib.

Independently of the regimen used, bortezomib administered once weekly has a better safety profile and similar efficacy to the initial twice-weekly schedule (5, 16). It was shown that the twice-weekly administration of bortezomib introduced unnecessary accumulation of adverse events, especially for symptomatic and elderly multiple myeloma patients, without improving efficacy. We therefore sought to demonstrate that similarly to bortezomib, carfilzomib could be safely used once weekly. Indeed, we were able to increase the dose of carfilzomib with a manageable safety profile up to 70 mg/m², and we observed responses, and particularly deep responses at all dose levels.

Although cross-trial comparisons should be interpreted with caution, the CR rate of KMP weekly is remarkable in this study, as compared with previously reported CR rates with MPV and twice-weekly KMP regimens. In our study, ORR and CR rates were 90% and 46.6%, that compared favorably with 90% and 12%, respectively, in the Carmysap study (KMP with twice weekly carfilzomib; ref. 13). For the MPV regimens, ORR and CR rates ranged from 74% to 89% and 20% to 39% after maintenance (by bortezomib and thalidomide), respectively (Supplementary Table S5; ref. 2). Our study has limitations, the main limitation being the small number of patients per cohort along with a small number of high-risk patients. However, we believe that the results of this phase I study are promising, possibly at least partially due to the addition of one year carfilzomib maintenance, as median PFS was 35.8 months compared with 21 months in the Carmysap study (13). The favorable safety profile and the convenience of a weekly administration of carfilzomib could have allowed patients to remain on treatment for a longer period of time.

In this study, safety profile was acceptable with mostly grade 1–2 AEs. The most common grade 3–4 AEs were hematologic, especially thrombocytopenia and neutropenia as expected, with only one reported case of febrile neutropenia. As previously described, the main toxicities observed with carfilzomib were

cardiovascular, with 4 cases of grade 3–4 hypertension, 2 cardiac failures, 1 myocardial infarction, and 1 acute pulmonary edema. The cardiotoxicity profile as observed in our study is now well reported, and similar to the cardiac toxicity previously reported with carfilzomib, both as a single agent (11) and in combination [Champion (14), Arrow (17), and Clarion (#NCT01818752) studies]. This particular toxicity profile needs to be acknowledged, as preventive measures can dramatically reduce the incidence of cardiovascular AEs. Indeed, no grade 3–4 cardiovascular AEs were recorded in the additional 70 mg/m² cohort when special attention was drawn to the prevention of these toxicities. Dose modifications of carfilzomib were necessary in approximately 43% of patients with only 23% patients that discontinued therapy because of toxicity, during induction or maintenance.

The Clarion trial, a randomized multicenter international phase III study of KMP versus MPV in transplant-ineligible newly diagnosed multiple myeloma patients (#NCT01818752) failed to demonstrate a superior median PFS with KMP as compared with MPV, which was the primary objective. Carfilzomib was administered twice-weekly at 20/36 mg/m². Median PFS were indeed similar at 22.3 months for KMP and 22.1 months for MPV (HR = 0.91; 95% CI, 0.75–1.10). These data might not allow an approval of KMP in eNDMM; however, carfilzomib can still be approved in other regimens. Several other carfilzomib triplet-based studies are expected, particularly with lenalidomide and low-dose dexamethasone (Rd). For instance, ECOG E1A11 is an ongoing trial comparing RVD to KRd in NDMM (#NCT01863550), with twice-weekly carfilzomib.

Several studies have now confirmed that carfilzomib used weekly at 56 or 70 mg/m² has a good efficacy and safety profile: in the relapse setting associated with dexamethasone in the phase I/II Champion study (14) and the randomized phase III Arrow study (17), in the relapse setting associated with lenalidomide and dexamethasone (18), or upfront associated with melphalan and prednisone in eNDMM in this IFM2012–03 study. It is thus likely that independently of the regimen used, carfilzomib will be used weekly in future studies.

In conclusion, the IFM2012-03 study demonstrated that the MTD of carfilzomib weekly is 70 mg/m² in eNDMM for all patients. The DMC recommended use of carfilzomib at 70 mg/m² for patients aged below 75 years, and 56 mg/m² for patients older than 75 years, despite the observed good safety profile of the second cohort at 70 mg/m² for carfilzomib.

Safety profile was acceptable, but special attention should be drawn to the prevention of cardiovascular AEs through monitoring and particularly treating hypertension and careful hydration.

Response rates, and especially CR and sCR rates, were remarkable in this population when compared with current standards of care. The carfilzomib weekly plus melphalan and prednisone regimen thus shows promising efficacy compared with other regimens available for eNDMM, and would benefit from being assessed on a larger scale study.

Disclosure of Potential Conflicts of Interest

X. Leleu reports receiving other remuneration from Amgen, Janssen, Celgene, Oncotherapeutics, Karyopharm, Takeda, Sanofi, Merck, Bristol-Myers Squibb, Gilead, Roche, and AbbVie. L. Karlin is a consultant/advisory board member for Amgen, Janssen, Takeda, and Celgene, and reports receiving other remuneration from Amgen, Celgene, Janssen, AbbVie, and Takeda. B. Kolb is a consultant/advisory board member for Amgen and Takeda. M. Roussel reports receiving other remuneration from Amgen. K. Belhadj-Merzoug is a consultant/advisory board member for Amgen,

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