Tumor Microenvironment Composition and Severe Cytokine Release Syndrome (CRS) Influence Toxicity in Patients with Large B-Cell Lymphoma Treated with Axicabtagene Ciloleucel

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ABSTRACT

**Purpose:** One of the challenges of adoptive T-cell therapy is the development of immune-mediated toxicities including cytokine release syndrome (CRS) and neurotoxicity (NT). We aimed to identify factors that place patients at high risk of severe toxicity or treatment-related death in a cohort of 75 patients with large B-cell lymphoma treated with a standard of care CD19 targeted CAR T-cell product (axicabtagene ciloleucel).

**Experimental Design:** Serum cytokine and catecholamine levels were measured prior to lymphodepleting chemotherapy, on the day of CAR T infusion and daily thereafter while patients remained hospitalized. Tumor biopsies were taken within 1 month prior to CAR T infusion for evaluation of gene expression.

**Introduction**

Two anti-CD19 CAR T-cell products, axicabtagene ciloleucel (axi-cel) and tisagenlecleucel, are approved by the FDA on the basis of clinical trials that report durable remissions in approximately 40% of patients with relapsed or refractory large B-cell lymphoma (R/R LBCL; refs. 1, 2). Despite clinical activity in a poor prognosis LBCL population, the wide spread utilization of these products is limited by unique toxicities caused by the en-masse activation of tumor-reactive T cells inducing a large release of cytokines causing cardiovascular, pulmonary, and neurologic toxicities (1, 3–7). These toxicities, termed cytokine release syndrome (CRS) and/or neurotoxicity (NT), are a major source of morbidity and, in some patients, mortality (1–3).

To date, animal models have demonstrated that the severity of immune toxicities is associated with IL6, IL1, and nitric oxide produced by macrophages (8–11). However, there remains a need to validate these observations and use accessible laboratory tests to diagnose, monitor, and/or prognosticate toxicities. We and others have identified the utility of laboratory measurements of C reactive protein (CRP) and ferritin in the diagnosing and/or monitoring of CRS (12–16). Furthermore, several cytokines have been associated with severe CRS and/or NT, including IL1β, IL6, IL15, angiopoietin 1b2, and GM-CSF supporting the development of targeted therapies to mitigate these toxicities (1, 12, 13, 17, 18).

Here, we report findings of serum and tumor analysis of 75 patients with aggressive R/R LBCL treated at our institution with axi-cel. We correlated cytokines and other serum markers with the development of toxicities. We found that clinical outcomes, including objective responses and toxicity, are similar to the ZUMA-1 registrational trial even though the majority of the patients we treated would not have been eligible (1, 5). Further, we identified several cytokines and laboratory markers which correlate with severe immune mediated toxicities as previously reported in patients treated under the pivotal clinical trials (1, 3, 15, 16, 19). We observed that a subset of patients with elevated IL6 levels prior to lymphodepleting chemotherapy are at risk to mitigate these toxicities (1, 12, 13, 17, 18).

Results: We identified an association between pretreatment levels of IL6 and life-threatening CRS and NT. Because the risk of toxicity was related to pretreatment factors, we hypothesized that the tumor microenvironment (TME) may influence CAR T-cell toxicity. In pretreatment patient tumor biopsies, gene expression of myeloid markers was associated with higher toxicity.

Conclusions: These results suggest that a proinflammatory state and an unfavorable TME preemptively put patients at risk for toxicity after CAR T-cell therapy. Tailoring toxicity management strategies to patient risk may reduce morbidity and mortality.

Note: Supplementary data for this article are available at Clinical Cancer Research Online (http://clincancerres.aacrjournals.org/).

R. Faramand, M. Jain, and V. Staedtke contributed equally as the co-senior authors of this article.

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Incidental in this study. Patients were lymphodepleted with a total of 75 patients were enrolled and underwent leukapheresis and are included in this study. We report a novel finding of elevated peak noradrenaline levels in patients with severe CRS. Further, we describe the role of myeloid cells and regulatory T cells in the lymphoma tumor microenvironment of patients with severe toxicities. Our understanding of the impact of myeloid cells and the tumor microenvironment on mediating toxicities is evolving and warrants further investigation in a clinical trial setting.

**Translational Relevance**

Patient and disease factors present prior to chimeric antigen receptor T (CAR T) cell infusion influence the development of immune mediated toxicities. We identify an association between a proinflammatory tumor microenvironment and severe cytokine release syndrome (CRS) and neurotoxicity in patients with large B-cell lymphoma treated with a standard of care CAR T product. We report a novel finding of elevated peak noradrenaline levels in patients with severe CRS. Further, we describe the role of myeloid cells and regulatory T cells in the lymphoma tumor microenvironment of patients with severe toxicities. Our work suggests that recognition of an unfavorable tumor microenvironment (TME) and baseline proinflammatory state can identify patients who are at highest risk of developing severe toxicity after CAR T-cell therapy.

**Materials and Methods**

**Specimen collection protocol**

This is a sample study to evaluate factors associated with the development of immune-mediated toxicities in patients treated with axi-cel at H. Lee Moffitt Cancer Center. The study is open for all patients treated with commercial axi-cel at our institution. The institutional review board reviewed and approved the protocol. All clinical investigation was conducted according to the Declaration of Helsinki principles. All patients were lymphodepleted with fludarabine 30 mg/m²/day × 3 days and cyclophosphamide 500 mg/m²/day × 3 days (1, 5). Patients received bridging treatment between the time of leukapheresis and lymphodepleting chemotherapy at the discretion of the treating physician (1, 5).

All patients had histologically confirmed large B-cell lymphoma (LBCL) or transformed indolent lymphoma. Seventy patients had R/R disease following two lines of systemic therapy and met the FDA label for the administration of commercial axi-cel. Five patients also met eligibility criteria having failed two or more lines of systemic therapy and were enrolled in ZUMA-9, which is an expanded access study for patients who did not meet commercial release specifications (NCT03153462).

**Toxicity grading and management**

CRS was defined and graded using the ASTCT consensus grading guidelines (4). Although some patients included in this cohort were enrolled prior to the publication of the ASTCT consensus grading guidelines (4), medical records were reviewed and patients were graded retrospectively. Severe CRS was defined as grade ≥ 3 toxicity. The institutional management guidelines were adapted from the CAR-T-cell-therapy-associated TOXicity (CARTOX) Working Group guidelines and are included in Supplementary Fig. S1 (6).

**Serum studies**

Serum samples were collected at baseline (within 30 days of lymphodepleting chemotherapy), and then daily starting the day of axi-cel infusion until discharge or up to day 60, whichever occurred first. Fifty-two patients had samples available for baseline analysis. For the majority of patients (n = 38), baseline samples were collected within 1 week of lymphodepleting chemotherapy. The remainder of baseline samples (n = 14) were collected at the time of apheresis. Peak levels were determined as the highest levels starting at day one post infusion until last day of hospitalization. Cytokines analyzed include GM-CSF, IL1β, IL2, IL6, IL15, IFNγ, TNFα, and angiopoietin 1&2. Serum was analyzed using the Ella automated simple plex immunoassay system (ProteinSimple). GM-CSF samples were not available for baseline analysis. A two-fold dilution of serum sample was loaded at 50 µL per well of a Simple Plex cartridge testing four analytes at a time. Each cytokine was tested in triplicate with average values reported in pg/mL. Using patient serum samples that were previously analyzed with the Luminex and reported by Park and colleagues, we confirmed the reliability of cytokine analysis by the Ella (19). We demonstrated that cytokine values (IFNγ, TNFα, IL6) measured on the Ella correlated strongly with cytokine values measured on the Luminex (Supplementary Figs. S3A–S3D). The Department of Pathology and Laboratory Medicine at H. Lee Moffitt Cancer Center used standard clinical tests to measure serum CRP and ferritin levels at baseline, on the day of CAR T infusion and daily while patients were hospitalized. Serum samples for catecholamine analysis were collected at baseline and then daily starting the day of axi-cel infusion in thirty patients. Catecholamine measurements were reported by Saedtke and colleagues (21).

**Genomics**

Tumor biopsies were taken within 1 month prior to axi-cel infusion and reviewed by a hematopathologist for tumor content. RNA was
Mechanisms of Toxicity in Patients Treated with Axi-cel

Results

Patient characteristics

Seventy-five patients with LBCL who received lymphodepleting chemotherapy followed by infusion of axi-cel are included in this study. Baseline patient characteristics are summarized in Table 1 (1, 5). The median follow up time was 11 months at the time of data cut off, September 30, 2019. Median age was 63 years (range 23–79 years). They received a median of three prior lines of therapy (range 2–8), and a subset had relapsed or progressed after autologous stem cell transplant (n = 11). Forty-eight patients (64%) required bridging therapy between the time of leukapheresis and lymphodepleting chemotherapy. The majority of patients (n = 26) received bridging chemotherapy. Ten patients received radiation as part of bridging therapy. Eleven patients received high dose steroids alone. Thirty-six patients (48%) would not have been eligible for enrollment in the ZUMA-1 trial based upon disease or comorbidity factors at the time of apheresis. Factors that excluded patients from ZUMA-1 include renal insufficiency, decreased ejection fraction ≤ 50%, platelet count ≤ 75,000 cells/μL, symptomatic pleural effusions, chronic hepatitis B or C, prior history of CNS disease, prior allogeneic transplant and venous thromboembolism within 6 months. The median time to maximum toxicities was 4 and 6 days respectively for CRS and NT. Forty-three patients (57%) were symptomatic effusion 3 (8) Thrombocytopenia 5 (14)

Renal insufficiency 6 (17)

VTE within 6 months 5 (14)

Thrombocytopenia 5 (14)

Symptomatic effusion 3 (8)

Other 17 (47)

Clinical characteristics, response, and toxicity assessment

Univariate (Supplementary Table S1) logistic regression was conducted to test the association between baseline characteristics and severe CRS and NT. None of the baseline factors analyzed were significantly associated with either severe CRS or NT. In a multivariable logistic regression model (Supplementary Table S2), no baseline patient or tumor factors including age, ECOG at apheresis, stage, nor bridging chemotherapy were associated with severe CRS or NT. Eighty-eight patients were evaluated for response at day 90. The overall response rate at day 90 after CAR T-cell infusion was 53%, with 29 (42.6%) patients in CR at day 90 (Table 2). Most patients developed CRS (n = 72) with 16% developing severe (grade ≥3) CRS. Of those who had CRS, 31 patients (43%) had a fever within 24 hours of axi-cel infusion. Fifty patients (67%) developed NT with an incidence of severe NT of 31%. The median time to maximum toxicities was 4 and 6 days respectively for CRS and NT. Forty-three patients (57%) were treated with tocilizumab and 41 (55%) required steroids for the management of toxicities. Four patients (5%) died directly as a result of, or in part attributable to, severe CAR T-mediated toxicities. No patients died as a result of severe NT. Nineteen patients (13%) died within 90 days as a result of disease progression.

Laboratory measurements associated with toxicity in patients treated with axi-cel

Univariate logistic regression was used to test the association of each cytokine to toxicity for baseline, day zero, and peak. Baseline levels of

<table>
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<tr>
<th>Table 1. Patient characteristics.</th>
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<tr>
<td><strong>Patient characteristics</strong></td>
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<tr>
<td>Age - Median (Range) years</td>
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<tr>
<td>Male sex, no. (%)</td>
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<tr>
<td>Histology, no. (%)</td>
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<tr>
<td>De novo DLBCL</td>
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<td>Transformed indolent lymphoma</td>
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<tr>
<td>Bulky disease ≥10 cm, no. (%)</td>
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<td>Ann Arbor stage III/IV, no. (%)</td>
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<td>IPI ≥ 3 at apheresis, no. (%)</td>
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<td>Lines of therapy ≥3, no. (%)</td>
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<tr>
<td>Bridging therapy, no. (%)</td>
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<tr>
<td>Chemotherapy</td>
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<td>Radiation ± chemotherapy</td>
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<td>Steroids only</td>
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<tr>
<td>Other</td>
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<tr>
<td>Prior autologous HSCT, no. (%)</td>
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<tr>
<td>Not eligible for ZUMA-1, no. (%)</td>
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<tr>
<td>Renal insufficiency</td>
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<td>VTE within 6 months</td>
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<td>Thrombocytopenia</td>
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<td>Symptomatic effusion</td>
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<tr>
<td>Other</td>
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</tbody>
</table>

Abbreviations: HSCT, hematopoietic stem cell transplantation; IPI, international prognostic index; VTE, venous thromboembolism.

Statistical analysis

Comparisons of cytokine levels (log2 transformed) between different NT and CRS patient groups were performed using univariable logistic regression as well as two-tailed Wilcoxon rank sum test. Potential confounders were adjusted using multivariable logistic regression analysis type. The Molecular Signatures Database (MSigDB) version 7.7 (50) was used to test the association between baseline characteristics and severe CRS or NT. Factors that excluded patients from ZUMA-1 include renal insufficiency, decreased ejection fraction ≤ 50%, platelet count ≤ 75,000 cells/μL, symptomatic pleural effusions, chronic hepatitis B or C, prior history of CNS disease, prior allogeneic transplant and venous thromboembolism within 6 months.

Nucleic acid-sequencing libraries were prepared using the NuGen FFPE RNA-Seq Multiplex System (Tecan US, Inc.). Briefly, 50 ng of DNase treated RNA was used to generate cDNA and a strand-specific library following the manufacturer’s protocol. Library molecules containing ribosomal RNA sequences were depleted using the NuGen AnyDeplete probe-based enzymatic process. The final libraries were assessed for quality on the Agilent TapeStation (Agilent Technologies, Inc.), and qRT-PCR for library quantification was performed using the Kapa Library Quantification Kit (Roche Sequencing). The libraries were sequenced on the Illumina NextSeq 500 sequencer with a 75-base paired-end run to generate 80 to 100 million read pairs per sample. Read adapters were detected using BBMerge (v37.88; ref. 22) and subsequently removed with cutadapt (v1.8.1) (23). Processed raw reads were then aligned to human genome HG19 using STAR (v2.5.3a; ref. 24). Gene expression was evaluated as read count at gene level with HTSeq (v0.6.1) and Gencode gene model (25). Gene expression data were then normalized and differential expression between experimental groups were evaluated using DESeq2 (26). Gene set enrichment analysis (GSEA) for RNA-seq expression profiles was performed using the Broad GSEA software version 3.0 (http://software.broadinstitute.org/gsea) with default settings and the phenotype label as the permutation type. The Molecular Signatures Database (MSigDB) version 6.2 gene set collections were evaluated in the GSEA.

Extracted from retrospective formalin-fixed paraffin-embedded material (n = 4) or prospectively frozen material (n = 32). To increase sample size, seven patient tumor samples were collected outside of the 75-patient cohort. All patients signed informed written consent. RNA expression was measured by the Nanostring IO360 panel consisting of 770 genes found in the TME in cancer or RNA-seq as indicated at a minimum depth of 80M reads per sample. Nanostring analysis used nSolver to identify cell types, pathway scores and differential gene expression between groups. All Nanostring and RNA-seq data have been deposited to the Gene Expression Omnibus data repository (GSE153439).

Statistical analysis

Comparisons of cytokine levels (log2 transformed) between different NT and CRS patient groups were performed using univariable logistic regression as well as two-tailed Wilcoxon rank sum test. Potential confounders were adjusted using multivariable logistic regression analysis. Cumulative incidences curves stratified by cytokine levels were estimated using the “cmprsk” package in R. Spearman’s rank order correlation was used to measure the strength of the association between two variables. P values ≤0.05 were considered significant, unless otherwise indicated. Statistical analyses were carried out in R and Prism.

Clinical characteristics, response, and toxicity assessment

Univariate (Supplementary Table S1) logistic regression was conducted to test the association between baseline characteristics and severe CRS and NT. None of the baseline factors analyzed were significantly associated with either severe CRS or NT. In a multivariable logistic regression model (Supplementary Table S2), no baseline patient or tumor factors including age, ECOG at apheresis, stage, nor bridging chemotherapy were associated with severe CRS or NT.

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Tumor response was determined by the treating physician per Lugano 2014 the CAR T-cell-therapy-associated (CARTOX) working group guidelines (6).

Abbreviation: NRM, nonrelapse mortality.

Note: CRS and NT were graded prospectively. CRS was de

...with severe CRS (\( P = 0.0016 \)), ANG2/ANG1 (\( P = 0.0006 \)), and IL15 (0.0006) were associated with severe NT (Fig. 1E–H). Lower peak levels of ANG1 were associated with severe NT (Fig. 1I; \( P = 0.028 \)). Although it did not meet statistical significance, there was a trend towards significant of peak levels of GM-CSF and severe NT as shown in Fig. 1I (\( P = 0.051 \)). In a multivariate analysis (Supplementary Table S2), ANG2/ANG1 was the only baseline factor or cytokine significant for severe NT (\( P = 0.0154 \)).

Levels of IL6 (\( P = 0.046 \)) were the only baseline value associated with severe CRS (Fig. 2A). Serum peak levels of IL15 (\( P = 0.0285 \)), ANG2/ANG1 (\( P = 0.0003 \)), IFN\( \gamma \) (\( P = 0.0011 \)), IL6 (\( P = 0.0003 \)), TNF\( \alpha \) (\( P = 0.0052 \)), and GM-CSF (0.0172) were higher in patients who had, or went on to develop, severe CRS (Fig. 2B–G). Using spearman’s correlation coefficient, baseline IL6 levels correlated strongly with day 0 IL6 levels (Fig. 4A; \( r = 0.71 \)) and less so with peak IL6 levels (Fig. 4B; \( r = 0.46 \)). We recently identified a role for catecholamine secretion by CAR T cells and myeloid cells in animal models of CRS and wanted to determine if serum catecholamine levels were higher in patients with severe toxicity (21). Using univariate logistic regression, higher peak levels of noradrenaline (NAD) were associated with grade \( \geq 3 \) CRS (\( P = 0.0234 \)), but not with severe NT (Fig. 2H). Using patient case examples of grades 0, 1, 2, and 4 CRS, we observe NAD levels increasing in patients with more severe toxicity (Supplementary Figs. 5A–SSD).

Baseline elevated levels of IL6 correlate with severe CRS and NT

Although levels of IL6 following CAR T-cell infusion have been consistently associated with CRS and/or NT, there is limited data on the association between baseline IL6 and toxicity (1, 3, 10, 27, 28). The association between IL6 and severe immune mediated toxicity may be mediated by myeloid cells (29, 30). In a multivariable model (Supplementary Table S2), IL6 was the only baseline value that was associated with severe CRS (\( P = 0.03898 \)). Patient characteristics comparing the subset of patients with baseline elevated IL6 demonstrates that these patients all had stage III/IV disease and required bridging chemotherapy, which was not allowed in ZUMA-1 (Supplementary Table S3; refs. 1, 5). These patients appeared to have particularly aggressive lymphoma. Median onset to CRS and NT was earlier than for the overall cohort at 1 and 4 days, respectively. We observed 89% of patients who had IL6 levels \( \geq 40 \) pg/mL died within 90 days of CAR-T infusion with 56% developing grade 3 or higher CRS (Supplementary Table S4). Figure 3 demonstrates a cumulative incidence of death in patients with baseline IL6 levels \( \geq 40 \) pg/mL versus those with baseline levels IL6 levels <40 pg/mL.

Gene expression of lymphoma tissue correlated with toxicities in patients treated with axi-cell

For the purpose of correlating toxicity with tumor intrinsic features, we evaluated gene expression profiles of baseline tumor tissue collected within 1 month of axi-cell infusion. Thirty-six patients had a limited set gene expression profiling (Nanostring) panel of 770 genes. We correlated severity of NT and CRS to lymphoma gene expression to determine what tumor cellular pathways may impact outcomes. To determine the association between the TME and toxicities, cell type scores were calculated for T cell and macrophages. Patients who experienced severe NT had lower T-cell type score (\( P < 0.0001 \)) and higher macrophage score (\( P < 0.001 \); Fig. 4A). Furthermore, those with severe NT had less expression of the regulatory T (Treg) marker Foxp3 (\( P = 0.00001 \); Fig. 4B). We found that patients with severe NT (\( n = 10 \)) had a different gene expression profile than patients with less severe NT (\( n = 26 \); Fig. 4C). An overlapping set of baseline biopsies had RNA-SEQ done and were also analyzed for correlation to toxicity. A volcano plot (Fig. 4D) demonstrates the differentially expressed genes in the cohort who developed grade \( \geq 3 \) NT (\( n = 11 \)) versus those who had grade 0 to 2 toxicities (\( n = 14 \)). GSEA plots (Fig. 4E) are positively correlated with genes differentially expressed between conventional and regulatory T cells in patients with severe NT. Severe NT also positively correlated with classically activated macrophages (M1) and alternatively activated macrophages (M2; Fig. 4F). Although the number of severe CRS cases was smaller than NT, there were still differences in gene expression in the subset of patients with severe \( \geq 3 \) CRS (\( n = 5 \); Supplementary Fig. S6).

Elevated baseline IL6 in a patient

We describe the management of the only patient in our cohort with a baseline IL6 level \( \geq 40 \) pg/mL who remained alive at time of data cut off. This patient had a history of double hit diffuse large B cell lymphoma (DLBCL) with primary refractory disease following three lines of therapy. Prior to axi-cell infusion, he required bridging chemotherapy due to symptomatic bulky disease (Supplementary Fig. S7A). On the day following infusion of axi-cell, he developed grade 2 CRS with fever and hypotension requiring tocilizumab. In addition to tocilizumab, he was treated with one dose of dexamethasone due to concern for severe toxicities based on bulky disease. Despite improvement on day two with resolution of fevers, he had recurrence of symptoms by the third day. Considering the patient had high risk features of toxicity including bulky disease, elevated baseline level of IL6 as well as resistance to tocilizumab and dexamethasone, he was treated with high dose methylprednisolone despite being classified as Grade 2 CRS per ASTCT guidelines.

Table 2. Clinical endpoints.

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<tr>
<td><strong>CRS</strong></td>
<td><strong>N = 75</strong></td>
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<tr>
<td>Median time to CRS</td>
<td>2 days</td>
<td></td>
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<tr>
<td>Median time to max CRS</td>
<td>4 days</td>
<td></td>
</tr>
<tr>
<td>CRS all grades, no. (%)</td>
<td>72 (96)</td>
<td></td>
</tr>
<tr>
<td>Grade ( \geq 3 ) CRS, no. (%)</td>
<td>12 (16)</td>
<td></td>
</tr>
<tr>
<td>Grade 5 CRS, no. (%)</td>
<td>3 (4)</td>
<td></td>
</tr>
<tr>
<td>Use of tocilizumab, no. (%)</td>
<td>43 (57)</td>
<td></td>
</tr>
<tr>
<td>Use of steroids, no. (%)</td>
<td>41 (55)</td>
<td></td>
</tr>
<tr>
<td><strong>Neurotoxicity</strong></td>
<td></td>
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<tr>
<td>Median time to NT</td>
<td>5 days</td>
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<tr>
<td>Median time to max NT</td>
<td>6 days</td>
<td></td>
</tr>
<tr>
<td>NT all grades, no. (%)</td>
<td>50 (67)</td>
<td></td>
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<tr>
<td>Grade ( \geq 3 ) NT, no. (%)</td>
<td>23 (31)</td>
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<tr>
<td><strong>D90 response (N = 68)</strong></td>
<td></td>
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<tr>
<td>CR + PR, no. (%)</td>
<td>36 (55)</td>
<td></td>
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<tr>
<td>Complete response, no. (%)</td>
<td>29 (43)</td>
<td></td>
</tr>
<tr>
<td>NRM, no. (%)</td>
<td>4 (6)</td>
<td></td>
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<tr>
<td>Disease related mortality, no. (%)</td>
<td>9 (13)</td>
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Note: CRS and NT were graded prospectively. CRS was defined and graded using the ASTCT grading guidelines (4). Neurologic toxicity was graded using the CAR T-cell-therapy-associated (CARTOX) working group guidelines (6). Tumor response was determined by the treating physician per Lugano 2014 classification (20).

Abbreviation: NRM, nonrelapse mortality.

IL6 (\( P = 0.013 \)), ANG2/ANG1 (\( P = 0.0056 \)), ANG2 (\( P = 0.0190 \)), and ferritina (\( P = 0.0491 \)) were associated with severe NT (Fig. 1A–D). Day 0 levels of IL15 (\( P = 0.0407 \)) and ANG2/ANG1 (\( P = 0.0248 \)) were also associated with severe NT. Peak levels of IL6 (0.0128), ANG2/ANG1 (\( P = 0.0016 \)), IFN\( \gamma \) (\( P = 0.0064 \)), and IL15 (0.0006) were associated with severe NT (Fig. 1E–H). Lower peak levels of ANG1 were associated with severe NT (Fig. 1I; \( P = 0.028 \)). Although it did not meet statistical significance, there was a trend towards significant of peak levels of GM-CSF and severe NT as shown in Fig. 1I (\( P = 0.051 \)). In a multivariate analysis (Supplementary Table S2), ANG2/ANG1 was the only baseline factor or cytokine significant for severe NT (\( P = 0.0154 \)).

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Per institutional and CARTOX working group guidelines, high dose methylprednisolone is indicated for patients with grade 4 CRS (6). However, in this case, early and aggressive management of CRS likely contributed to resolution of CRS to grade 0 without impacting efficacy as patient had partial response on day 30 scans (Supplementary Fig. S7B). Real-time cytokine data were not available for the remainder of patients included in this study and therefore did not impact the diagnosis or management of immune-mediated toxicities. Although this is a single case, it demonstrates that real-time cytokine monitoring can be a helpful tool along with clinical and standard laboratory data in guiding management.

Discussion

We report the role of cytokine analysis in identifying patients with aggressive B-cell lymphoma who are at risk of developing severe immune-mediated toxicity after treatment with standard care axi-cel. Using gene expression of the lymphoma TME, we identified immune cells that correlate with severe toxicity. We observed that both myeloid cells and regulatory T cells correlated with severity of CRS and NT. Further, we report on the role of catecholamines in mediating CAR T-cell therapy-related toxicities (21). It is important to note that many patients included in this study would not have been eligible for treatment in the pivotal ZUMA-1 study and reflect a real-world population. Despite patients having more aggressive disease, the rates of severe grade ≥3 CRS and NT were comparable to those reported in ZUMA-1, as has been reported elsewhere (1, 5).

Several biomarkers have been associated with CRS and/or NT and most recently reported to impact efficacy (1, 12, 13, 17). Although cytokines are elevated after infusion of CAR T cells, there is no validated cut off of a single biomarker that is predictive of severe toxicities. The utility of cytokines and lab values such as CRP vary depending on several factors including which CAR T product was used and underlying disease (10, 13). Comparing toxicities across the...
pivotal CAR T trials is challenging as there is variability in the studies among the CRS grading systems. In this report, the majority of toxicities were graded according to the most recent ASTCT consensus grading to provide uniform grading that allows for easier comparisons of toxicities across various CAR T constructs and clinical trials (4).

Consistent with prior published reports, we demonstrate that biomarkers of endothelial activation, ANG1 and ANG2, play a role in the development of severe CRS and NT (13, 15). ANG1 and ANG2 are ligands that have opposing functions on endothelial activation with ANG2 promoting capillary leak and ANG1 promoting endothelial stability (31). Levels of ANG2 and ANG 2/ANG1 ratio were higher even prior to the start of lymphodepleting chemotherapy in patients who subsequently developed grade ≥3 NT. Furthermore, we observe that peak levels of cytokines which activate endothelial cells including IL6, IFNγ, TNFα in addition to ANG2/ANG1 are elevated in patients who develop severe grade ≥3 NT. These findings support a model proposed by Gust and colleagues, whereby CAR T cells initiate a cascade of proinflammatory and endothelial activating cytokines in patients with baseline tumor endothelial dysfunction leading to a forward loop of further endothelial activation and subsequent severe NT (12, 13). Although CRS and NT are overlapping syndromes, they have distinct features and therefore do not respond to the same clinical management schemas. Because prophylactic IL6 receptor blockade has not been shown to be effective in ameliorating neurotoxicity, clinical trials aimed at modulating endothelial activation to prevent severe NT are warranted (1, 5, 32, 33).

We report that recipient myeloid cells and Tregs may play an important role in the pathogenesis of severe NT and CRS, and propose a model in which severity of CAR T toxicity is driven by the interaction between infused CAR T cells and these recipient cells (8, 9). The role of recipient Tregs and immune-mediated toxicities and clinical response in patients with LBCL treated with CAR T is not yet well defined. Reducing systemic inflammation and polarizing the TME towards a T-cell infiltration phenotype are potential strategies to lower toxicity. However, the impact of Tregs in the TME on efficacy is not yet fully elucidated and requires further evaluation.

Figure 2.
Serum markers associated with severe CRS. A, Baseline levels of IL6 (n = 52) associate with severe CRS. B–G, Max (n = 75) indicates the highest level of the cytokine measured during daily sampling in the first 30 days after CAR T therapy fusion. P value calculated using univariate logistic regression. H, Samples (n = 30) were analyzed for catecholamine levels (noradrenaline, NAD) as described in ref. 21. Logarithm transformation is used (A–H) to allow visualization of data points on the graphs.

Figure 3.
Cumulative incidence of events stratified by IL6 levels. Events were defined as death from progressive disease or death from toxicity and/or infection after infusion of axi-cel. Patient samples were collected prior to lymphodepleting chemotherapy and stratified by baseline IL6 level ≥40 or <40 pg/mL.
We describe a novel observation between peak levels of NAD and severe CRS. In preclinical models, we previously reported that T-cell–activated macrophages secrete high levels of catecholamines that enhance the inflammatory response through a positive feedback loop (21). Metyrosine, a tyrosine hydroxylase inhibitor, is a catecholamine inhibitor that is used to treat patients with pheochromocytoma. Pretreatment of mice with Metyrosine reduced the production of catecholamines by macrophages (21). Cosentino and colleagues have shown that catecholamine synthesis is effectively induced through a protein kinase C-dependent mechanism that triggers the de novo expression of tyrosine hydroxylase and subsequent activation in T and B lymphocytes (34). Furthermore, catecholamines surges can be seen in patients who develop immune-mediated toxicities, resulting in a hyperactivated immune system. Our study is limited by the small sample size of patients who had serum available for catecholamine analysis (n = 30) and therefore warrants validation of these observations in larger studies.

Although we and others have described the role of cytokines in association with CRS and NT, there is no defined cytokine level that can predict which patients are at highest risk of developing severe toxicity. During the course of the pivotal axi-cel trials, there was a change in management from delaying intervention until toxicities became severe (grade ≥ 3) to earlier intervention aimed at preventing toxicities from becoming severe by providing early cytokine blockade therapy (1, 5). Despite this change to earlier intervention, some patients reported in this cohort still died of or with severe CRS, suggesting that there may be disease factors in these patients that promote severe toxicity. We identified elevated IL-6 levels (≥40 pg/mL) to be associated with severe toxicity and death in patients treated with axi-cel therapy. The majority of patients (n = 5) died of disease-related factors suggesting that elevated IL-6 may be an indicator of refractory disease. However, three patients died of treatment-related mortality, suggesting a different mechanism for the source of inflammation. Future studies evaluating the role of IL-6 and baseline myeloid infiltration in the TME in a larger patient cohort are planned. Cytokines were evaluated in a research lab with the Ella automated simple plex assay (ProteinSimple) as described in the Materials and Methods. Future studies using cytokine cut off values to guide clinical
management would require Clinical Laboratory Improvement Amendments (CLIA) laboratory validation. Although these findings were observed in a small number of patients and will need to be validated in a larger cohort, they provide the rationale for designing risk-adapted clinical trials to mitigate toxicity with prophylactic agents. An analysis is planned to create and prospectively validate a predictive model to risk stratify patients and guide management of severe toxicities. Furthermore, due to the financial toxicity of CAR T, future predictive models incorporating baseline cytokines will inform which patients can be safely treated in the outpatient setting.

Because of the retrospective nature of this study, we are limited to describing observations of significant associations of baseline tumor and patient factors with toxicity. Our observations suggest that the incidence of severe life-threatening CRS following CD19 CAR T-cell therapy is influenced by baseline tumor characteristics that are present prior to the infusion of CAR T cells. On the basis of these findings we propose a model in which inflammation characterized by elevated cytokine levels, specifically IL6, primes myeloid cells that are further activated upon CAR T cell infusion to release toxic amounts of cytokines and catecholamines leading to severe toxicity. We could not find a significant correlation between baseline IL6 and myeloid gene expression, however only 10 patients had baseline serum cytokines in addition to tissue biopsy samples limiting this analysis. Cytokines and other potential predictive markers of toxicity will need to be evaluated in a larger prospective cohort.

Our understanding of the impact of myeloid cells, a proinflammatory TME, and endothelial dysfunction on mediating toxicities and outcomes is evolving and warrants further investigation in a clinical trial setting. The identification of mechanisms of immune-mediated toxicity and recognition of early predictive markers of safety are important for our understanding of these toxicities and recognition of CRS and NT as separate entities. We have confirmed that patients’ cytokine profile at baseline as related to the TME plays a key role in toxicity and provides insight into a novel mechanism of toxicity involving myeloid cells and catecholamines. Emerging biologic data such as reported here is vital for designing clinical trials aimed at further reducing the rates of severe toxicities in high-risk patients.

Disclosure of Potential Conflicts of Interest

M. Jain reports personal fees from Kite/Gilead and Novartis outside the submitted work. V. Staedtke reports grants from NCI 5K08CA230179, Sontag Distinguished Scientist Award, and Emerson Research during the conduct of the study; personal fees from Gilbert Family Foundation - Gene Therapy Initiative (scientific board member) outside the submitted work, and is listed as a co-inventor on a provisional patent application on CRS prevention that is owned by the Johns Hopkins University and licensed to no-one (JHU reference C14930, the terms of this arrangement are managed by JHU in accordance with its conflict of interest policy). R. Bai reports grants from DOD W81XWH1810236 New Investigator Award during the conduct of the study, and is listed as a co-inventor on a provisional patent application on CRS prevention that is owned by the Johns Hopkins University and licensed to no-one (JHU reference C14930, the terms of this arrangement are managed by JHU in accordance with its conflict of interest policy). J. Pinilla reports personal fees from Janssen, Abbvie, Pharmacyclics, Astra Zeneca, Takeda, and Sanofi outside the submitted work. B. Shah reports grants and personal fees from Kite/Gilead (advisory, grant), Novartis (advisory), BMS/Celgene/Juno (advisory), and Precision Biosciences (advisory) during the conduct of the study; personal fees from Adaptive (advisory), Pharmacyclics/Janssen (advisory), Astra Zeneca (advisory), Beigene (advisory), Amgen (advisory), and grants from Jazz (Invest Init Trial), Servier (Invest Init Trial), and Incyte (grant) outside the submitted work. J.C. Chavez reports personal fees from Kite/Gilead, Genentech, MorphoSys, Novartis, Bayer, AstraZeneca, Beigene, and Celgene outside the submitted work. T. Nishihori reports nonfinancial support from Karyopharm (research support to the institution (drug supply for clinical trial)) and other from Novartis (research support to the institution (clinical trial)) outside the submitted work. J. Mullinax reports other from Iovance Biotherapeutics (research support) outside the submitted work. M. Hussaini reports personal fees from Stemline Therapeutics (Adboard for Stemline on BPCDN), Boston Biomedical (consultancy fees), Adaptive (Adboard, Speaker's Bureau consultant), Vanguard, and Amgen (Adboard, Consultant for MRD), Guidepoint (phone interviews regarding Cancer Diagnostics/Pathology), and Decibio (phone interviews regarding Cancer Diagnostics/Pathology) outside the submitted work. M. Dam reports personal fees from Archibowl Consulting Group (logistics and process of cell therapy) outside the submitted work. C.A. Bachmeier reports personal fees from Kite Pharma, Novartis, and Legend Biotech outside the submitted work. F.L. Locke reports personal fees from Novartis (compensated scientific advisor), Allogene (compensated scientific advisor), Calibr (compensated scientific advisor), Wugen (compensated scientific advisor), and GammaDelta Therapeutics (compensated scientific advisor) during the conduct of the study; grants, nonfinancial support, and other from Kite/Gilead (noncompensated scientific advisor); research support not related to this manuscript; writing assistance not related to this manuscript; travel and lodging; personal fees and other from BMS/Celgene (compensated scientific advisor including travel and lodging), Cellular Biomedicine Group Inc. (consultant; travel and lodging, grant options exercised, and non-exercised stock); Allogene (compensated scientific advisor), Calibr (compensated scientific advisor), Wugen (compensated scientific advisor), and Gamma Delta Therapeutics (compensated scientific advisor) outside the submitted work; and has a patent for CAR T Cells with Enhanced Metabolic Fitness (62/939,727) pending, a patent for Methods of Enhancing CAR T Cell Therapies (62/892,392) pending, and a patent for Evolutionary Dynamics of Non-Hodgkin Lymphoma CAR-T cell therapy (62/879,534) pending. M.L. Davila reports grants and other from Atara (licensing fees), personal fees from Novartis, Kite/Gilead, Calynd, and PACT Pharma, and other from Precision Biosciences (stock), Adaptive Biotechnologies (stock), Bellicum (stock options), and Anixa Biosciences (stock options) outside the submitted work; and a patent for cytokine monitoring pending.

Authors' Contributions

R. Faramand: Conceptualization, data curation, formal analysis, investigation, methodology, writing-original draft, writing-review and editing. M. Jain: Conceptualization, data curation, software, formal analysis, investigation, methodology, writing-original draft, writing-review and editing. V. Staedtke: Conceptualization, data curation, methodology and writing-original draft. H. Kotani: Data curation, investigation, methodology, writing-original draft, writing-review and editing. R. Bai: Methodology, writing-review and editing. K. Reid: Data curation, investigation, methodology, writing-review and editing. S.B. Lee: Data curation, investigation, methodology, writing-original draft, writing-review and editing. A. Lazaryan: Writing-review and editing. F. Khimani: Writing-review and editing. B. Shah: Writing-review and editing. J.C. Chavez: Writing-review and editing. T. Nishihori: Writing-review and editing. A. Mishra: Writing-review and editing. J. Mullinax: Data curation, writing-review and editing. R. Goncalves: Data curation, writing-review and editing. M. Hussaini: Data curation, writing-review and editing. M. Dam: Data curation, writing-review and editing. B.D. Brandjes: Data curation, writing-review and editing. C.A. Bachmeier: Data curation, investigation, methodology, writing-review and editing. C. Anastasi: Conceptualization, resources, formal analysis, supervision, writing-review and editing. R. Goncalves: Data curation, writing-review and editing. C.A. Bachmeier: Data curation, investigation, methodology, writing-review and editing. C. Anastasi: Conceptualization, resources, data curation, formal analysis, supervision, investigation, visualization, methodology, writing-review and editing. B.D. Brandjes: Data curation, writing-review and editing. A. Mishra: Writing-review and editing. J. Mullinax: Data curation, writing-review and editing. R. Goncalves: Data curation, writing-review and editing. C. Anastasi: Conceptualization, resources, data curation, formal analysis, supervision, investigation, visualization, methodology, writing-review and editing. B.D. Brandjes: Data curation, writing-review and editing. A. Mishra: Writing-review and editing.

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